# 1 Sustained Glucose Turnover Flux Distinguishes Cancer Cachexia from Nutrient

# 2 Limitation

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# 20 Abstract

21 Cancer cachexia is an involuntary weight loss condition characterized by systemic metabolic disorder. A comprehensive flux characterization of this condition however is 22 23 lacking, Here, we systematically isotope traced eight major circulating nutrients in mice bearing cachectic C26 tumors (cxC26) and food intake-matched mice bearing non-24 25 cachectic C26 tumors (ncxC26). We found no difference in whole-body lipolysis and 26 proteolysis, ketogenesis, or fatty acid and ketone oxidation by tissues between the two groups. In contrast, compared to ncxC26 mice ad libitum, glucose turnover flux 27 decreased in food intake-controlled ncxC26 mice but not in cxC26 mice. Similarly, 28 29 sustained glucose turnover flux was observed in two autochthonous cancer cachexia 30 models despite reduced food intake. We identified glutamine and alanine as 31 responsible for sustained glucose production and tissues with altered use of glucose 32 and lactate in cxC26 mice. We provide a comprehensive view of metabolic alterations in cancer cachexia revealing those distinct from decreased nutrient intake. 33

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# 35 Highlights

- Quantitative fluxomics of cancer cachexia under matched food intake and body
   weight
- Intact lipolysis, proteolysis, ketogenesis, and lipid oxidation in cachectic mice
   Sustained glucose consumption in cachectic mice despite reduced food intake
- Increased glucose production from glutamine and alanine in cachectic mice
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### 43 Introduction

44 Cancer cachexia is a tumor-induced debilitating condition characterized by involuntary 45 body weight loss and tissue wasting (Baracos et al., 2018; Evans et al., 2008; Ferrer 46 et al., 2023). It affects up to 80% of advanced cancer patients and is associated with poor quality of life and worse survival. Progressive tissue wasting during cachexia is 47 48 thought to be driven, in part, by excessive lipolysis in adipose tissues, leading to the 49 rapid mobilization of triglycerides and depletion of fat stores, and by increased skeletal muscle proteolysis, which results in the breakdown of structural and contractile 50 51 proteins. In addition to wasting of adipose tissues and muscles, a range of metabolic 52 alterations have been reported in cancer cachexia, including abnormal thermogenesis 53 in adipose tissues, reduced mitochondrial metabolism in muscles, and perturbed 54 systemic metabolism with changes to the Cori cycle, plasma lipid profile, insulin 55 sensitivity, and feeding behavior. Thus, cancer cachexia is viewed as a complex 56 metabolic disorder with progressive tissue wasting (Berriel Diaz et al., 2024; Evans et al., 2008; Ferrer et al., 2023; Tisdale, 2009) 57

58 To understand the mechanisms underlying this metabolic remodeling, prior 59 investigations have examined systemic metabolism in cancer cachexia using gene 60 expression analysis and metabolomic profiling. For example, based on elevated expression of lipolysis enzymes, particularly hormone-sensitive lipase (HSL), 61 increased lipolysis in adipose tissues has been suggested as a cause of adipose 62 63 tissue wasting in cancer cachexia (Agustsson et al., 2007; Cao et al., 2010). Similarly, 64 elevated expression levels of E3 ubiguitin ligases, MuRF1 and Atrogin-1, are used as 65 biomarkers for increased protein degradation and consequently skeletal muscle atrophy (Liang et al., 2025; Sukari et al., 2016). However, the functional in vivo activity 66

67 of these enzymes-specifically their fluxes within intact physiological systems-68 remains largely unquantified, preventing definitive conclusions regarding these 69 processes' role in tissue wasting. In addition to gene expression data, some studies 70 have tried to infer metabolic changes in cancer cachexia from steady state metabolite 71 levels using metabolomics on samples from cancer cachexia patients and preclinical models (Cala et al., 2018; Der-Torossian et al., 2013; Goncalves et al., 2018; Pin et 72 73 al., 2019: Potgens et al., 2021). These studies have shown alterations in the levels of metabolites related to glycolysis, tricarboxylic acid cycle (TCA cycle), and branch-74 chain amino acid metabolism. While steady state levels of metabolites provide 75 76 valuable metabolic fingerprints of cancer cachexia, they do not capture the dynamic nature of metabolism. 77

78 In vivo flux analysis allows determination of dynamic aspects of metabolism and 79 insights on the production, utilization, and interconversion of metabolites in intact animals or humans (Faubert and DeBerardinis, 2017; Robert R. Wolfe, 2004). A small 80 81 number of studies pioneered flux characterization in patients with cancer cachexia. Two papers reported higher glucose turnover flux in cancer patients with progressive 82 83 weight loss compared to healthy volunteers (Holroyde et al., 1984) or cancer patients 84 with stable weight (Holroyde et al., 1975). Regarding lipolysis flux, Jeevanandam et 85 al. found no change in cachectic patients compared to normal subjects by measuring glycerol turnover flux (Jeevanandam et al., 1986). In contrast, Legaspi et al. measured 86 87 higher glycerol and free fatty acid (FFA) turnover fluxes in cancer patients with weight loss than reported values for healthy subjects (Legaspi et al., 1987). Proteolysis flux 88 89 has also been measured. Norton et al. showed an increased whole-body protein 90 turnover in malnourished cancer patients (Norton et al., 1981), while Lundholm et al. demonstrated stable protein degradation in cancer patients with weight loss 91

92 (Lundholm et al., 1982). These studies suggest that while glucose turnover flux is 93 consistently elevated in cancer patients with weight loss, findings on lipolysis and 94 proteolysis fluxes are variable, highlighting the heterogeneity of metabolic alterations 95 in cachexia and the need for further flux studies to clarify tissue-specific mechanisms.

Metabolic measurements including flux studies can be confounded by multiple factors 96 97 that are present in cachexia. One important metabolic confounding factor is food 98 intake. Reduced food intake, or anorexia, is a major symptom in patients with cancer 99 cachexia (Ezeoke and Morley, 2015), and also in many preclinical cancer cachexia 100 models (Flint et al., 2016; Kim-Muller et al., 2023; Liang et al., 2025; Queiroz et al., 101 2022). Reduced food intake induces significant metabolic alterations in the body, 102 independent of diseases (Casanova et al., 2019; Collet et al., 2017; Garcia-Flores et 103 al., 2021; Xie et al., 2022). For instance, dietary restriction alone can lead to loss of 104 lean and fat mass, lower fasting glucose levels, and reduced energy expenditure (Di 105 Francesco et al., 2024; Redman et al., 2018). Therefore, it is critical to separate the effects of reduced food intake while studying metabolic alterations in cancer cachexia 106 107 (Emery, 1999; Liang et al., 2025). Other confounding factors of metabolic 108 measurements include body weight and composition, which can potentially influence 109 metabolite levels and fluxes. While body weight's influence can be disentangled using 110 statistical analysis (Speakman, 2013), in general it is unclear how body weight and 111 composition affect fluxes through different metabolic pathways. Thus, flux alterations 112 measured between cachectic and healthy subjects could be due to their different body 113 weight and composition and may not reflect dysregulation of metabolism in cancer 114 cachexia. Therefore, to reveal metabolic alterations that are inherent to cachexia it is 115 crucial to control for these metabolic confounders while measuring metabolism.

116 Here, with mass spectrometry-based in vivo isotope tracing, we systemically 117 determined fluxes of eight major circulating nutrients in the colon carcinoma 26 (C26) model of cancer cachexia. As shown in a separate study by us (Liang et al., 2025), 118 while food intake was matched, cachectic C26 mice and their non-cachectic control 119 120 group exhibited almost identical energy expenditure, body weight loss, and body 121 composition, presenting a highly controlled condition for revealing "cachexia-inherent" 122 metabolic alterations that cannot simply be explained by those confounding factors of 123 metabolism. In this rigorously controlled experimental system, we found no change in 124 whole-body lipolysis, whole-body proteolysis, or ketogenesis flux in cachectic animals, 125 contrary to current views in literature. In contrast, we found changes in the metabolism 126 of glucose and related nutrients including glutamine, alanine, and lactate. Specifically, 127 we found sustained glucose production and utilization despite reduced food intake in 128 the C26 model and two separate genetically modified mouse models of lung cancer 129 cachexia. We further identified the nutrient sources and tissue sinks responsible for the changes in glucose turnover flux in cachectic mice, as well as tissues with altered 130 131 fuel selection. Our flux results provide a comprehensive view of food intake- and body 132 weight-independent energy metabolism in cancer cachexia, revealing a glucose-133 centric remodeling of metabolism.

134 **Results** 

# A highly controlled experimental system for probing cachexia-inherent metabolic alterations in cancer cachexia

We aimed to systemically evaluate alteration of metabolic fluxes in cancer cachexia using the C26 cancer cachexia mouse model, which displays robust cachectic phenotypes (Bonetto et al., 2016). Mice bearing cachectic C26 tumors (cxC26) show 140 more than 15% of body weight loss within two weeks after cancer cell injection while 141 mice bearing the non-cachectic C26 tumors (ncxC26) maintained body weight with similar tumor growth (Kwon and Hui, 2024) (Figure 1A). An important symptom of 142 cancer cachexia is reduced food intake, or anorexia. This phenotype is captured in the 143 144 C26 model. While ad libitum, cxC26 mice but not ncxC26 mice exhibit decreasing food 145 intake from day 8 post cancer cell injection (Figure S1), mirroring their body weight 146 curves. Food intake is a major determinant of metabolism and thus anorexia can cause changes in metabolic fluxes. To reveal metabolic changes that cannot simply be 147 accounted for by reduced food intake, here in our flux studies we used a control group 148 149 that had equal food intake as the cachectic group. Specifically, we implemented an 150 isocaloric (ICa) feeding strategy by gradually reducing the food provided to single housed cxC26 and ncxC26 mice from day 8 to 12 (Figure 1B). The exact amount 151 152 provided daily was based on the food intake measured for cxC26 mice ad libitum (day 8: 3.1g, day 9: 2.8g, day 10: 1.7g, and day 11: 1.1g) as shown in Figure S1. Moreover, 153 the daily food amount was divided into 3 equal portions that were dispensed every 4 154 155 hours during the nighttime to account for any changes related to long fasting intervals 156 (Pak et al., 2021). To ensure equal food intake, we excluded cxC26 mice that did not 157 finish the provided food from our experiments.

As shown by us in a separate study, with this isocaloric feeding strategy, cxC26 and ncxC26 mice are indistinguishable in many physiological parameters which are potential confounding factors of metabolism, including energy expenditure, energy excretion, body weight, fat mass, and lean mass (Liang et al., 2025). The similar body weight loss between the two groups was confirmed in this study (Figure 1A). Accordingly, this experimental paradigm offers an exquisitely controlled framework ideally suited for delineating metabolic perturbations intrinsic to cachexia. Note that compared to the food intake-matched ncxC26 mice, cxC26 mice still exhibit impaired
 physical performance, a key phenotype of cancer cachexia (Liang et al., 2025).

To quantify fluxes, we employed continuous infusion of isotope tracers to these mice. 167 168 To preserve physiological fidelity, we infused conscious and free-moving mice through 169 a catheter implanted at the jugular vein. For a systematic examination of energy 170 metabolism, we infused separately eight uniformly <sup>13</sup>C-labeled tracers (palmitate, 171 glycerol, 3-hydroxybutyrate, glucose, lactate, glutamine, alanine and valine) 172 representing all major circulating nutrients (Hui et al., 2020; Yuan et al., 2025) at both pre-cachectic (day 8; before body weight loss and anorexia) and cachectic stage (day 173 174 12) (Figure 1B). Thus, we have established an experimental setup for systematically 175 analyzing energy metabolic flux changes that are inherent to cachexia.

# No alterations in whole-body lipolysis flux or tissue fatty acid oxidation in cachectic mice

178 Loss of fat is a common phenotype in cancer cachexia, observed in patients and 179 animal models, including cxC26 mice (Kwon and Hui, 2024; Liang et al., 2025). 180 Though elevated expression levels of adipose lipase genes such as *Atgl* and *Hsl* have been reported in cancer cachexia (Agustsson et al., 2007; Kir et al., 2014), direct 181 182 assessment of lipolysis flux in vivo has rarely been conducted. Lipolysis refers to the process of tissue triglycerides being broken down and released as fatty acids and 183 glycerol in the circulation. Thus, the turnover flux of either a circulating fatty acid or 184 185 glycerol can be taken as lipolysis flux at the whole-body level. To quantify turnover flux 186 of a fatty acid, we infused uniformly <sup>13</sup>C-labeled palmitate into cxC26 and ncxC26 mice 187 at pre-cachectic and cachectic stage under isocaloric feeding. The fraction of <sup>13</sup>C-188 labeled palmitate in the blood circulation when it reached steady state was measured

189 using liquid chromatography-mass spectrometry (LC-MS) to calculate palmitate 190 turnover flux (Hui et al., 2017) (Figure 1C). Notwithstanding perturbations in the 191 circulating palmitate pool, palmitate turnover flux remained unaltered in cxC26 mice at day 12 compared to either day 8 or ncxC26 mice at day 12 (Figure 1D). To validate 192 193 this result, we also infused the other product of lipolysis, glycerol. Consistent with 194 palmitate turnover flux, glycerol turnover flux in cxC26 mice at day 12 was not altered 195 compared to either day 8 or ncxC26 mice at day 12. The glycerol pool also remained 196 unchanged across all conditions (Figure 1E). Collectively, these data demonstrate that 197 systemic lipolysis flux remained unaltered in cachectic mice, challenging longstanding assumptions regarding adipose catabolism in this context. 198

199 Although there was no detectable difference in systemic lipolysis flux, we sought to examine the tissue-level utilization of fatty acids. As fatty acids are a major fuel for 200 201 tissues, we evaluated the contribution of circulating fatty acids to the TCA cycle, the 202 predominant energy production pathway, in different tissues. For this, we measured the <sup>13</sup>C-labeling of the TCA intermediate malate in different tissues of mice under <sup>13</sup>C-203 204 palmitate infusion and divided it by the labeling of circulating palmitate (Figure 1F). 205 This normalized labeling of malate in a tissue is taken as the contribution from 206 circulating palmitate to that tissue's TCA cycle. There was no significant change of 207 palmitate contribution in any of the tissues between cachectic and non-cachectic mice under isocaloric feeding (Figure 1G), indicating intact fatty oxidation in cachectic mice. 208 209 Moreover, comparison of labeling of all detectable tissue metabolites showed no 210 significant changes in any of the measured tissues in cachectic mice (Figure S2A and 211 B), supporting intact utilization of fatty acids in cachectic mice. Altogether, in the C26 212 model, there was no change in whole body lipolysis or fatty acid utilization by tissues.

# No alterations in whole-body proteolysis flux or essential amino acid oxidation by tissues in cachectic mice

Muscle wasting is another primary phenotype of cancer cachexia, which is captured 215 216 by the cxC26 mice (Kwon and Hui, 2024). Elevated degradation of proteins, or proteolysis, is often cited as a cause of reduced muscle mass. To investigate this, we 217 aimed to quantify the proteolysis flux. We infused uniformly <sup>13</sup>C-labeled valine to 218 219 determine its turnover flux. As an essential amino acid, the sole source for circulating 220 valine in fasted mice is tissue proteins. Thus, valine turnover flux in fasted mice reflects the whole-body proteolysis. Unexpectedly, valine turnover flux was not changed in 221 222 cxC26 mice compared to ncxC26 mice, despite reduced circulating valine pool in 223 cxC26 mice at cachectic stage (Figure 1H). Moreover, valine's contribution to tissue 224 metabolites including TCA cycle intermediates showed no change between the groups 225 (Figure 1I and Figure S3). Though it remains a possibility that proteolysis can change 226 in individual tissues such as muscle in cachexia, the results indicate that at the wholebody level proteolysis was not elevated in the C26 model. 227

### 228 No alterations in ketogenesis or tissue ketone utilization in cachectic mice

229 An important energy nutrient that is closely related to fatty acid metabolism is ketone 230 bodies, which are primarily produced from fatty acids (Newman and Verdin, 2014). 231 Previous studies have implicated altered production of ketone bodies, or ketogenesis, in cancer cachexia (Flint et al., 2016; Goncalves et al., 2018). To determine whether 232 233 ketone metabolism is altered in our C26 model, we infused uniformly <sup>13</sup>C-labeled 3hydroxybutyrate (3-HB) to cxC26 and ncxC26 mice under isocaloric feeding. 234 235 Compared to day 8, the pool of circulating 3-HB was significantly elevated in ncxC26 236 mice at day 12, which is normal response to reduced food intake. Interestingly, the

extent of elevation was the same in the cxC26 mice (Figure 2A). This similarity was also observed in the turnover flux of 3-HB, which increased to similar levels in both groups from day 8 to day 12 (Figure 2A). These results point to normal response of ketogenesis to reduced food intake in cachectic mice.

We next investigated utilization of 3-HB by tissues. We first examined contribution of 241 242 3-HB as a fuel to tissues and found no significant change in any of the tissues 243 measured in cachectic mice (figure 2B). We then analyzed contribution of 3-HB to all metabolites with measurable labeling. Although only two tissue metabolites (GMP in 244 the brain and alanine in the tumor) of 3-HB showed significant labeling changes, PCA 245 246 analysis revealed distinct labeling profiles in the tumor, kidney, and pancreas of cxC26 247 mice (Figure S4). These results suggest some small overall trend in the labeling of 248 tissue metabolites rather than significant changes in select metabolites. Altogether, we 249 conclude that ketone metabolism is nearly normal in cachectic mice.

# 250 Sustained glucose turnover flux in cachectic mice despite reduced food intake

251 To continue probing energy metabolism in cachexia, we next moved to glucose to determine its production and utilization fluxes. We infused uniformly <sup>13</sup>C-labeled 252 253 glucose into cxC26 and ncxC26 mice under isocaloric feeding. As shown in Figure 3A, 254 both groups had decreased levels of circulating glucose at day 12 compared to day 8, 255 with slightly lower levels in the cxC26 group. This reduction in the circulating glucose 256 levels was expected due to the restriction of food intake. However, we identified a clear 257 difference between the groups in glucose turnover fluxes. While the ncxC26 group decreased their glucose turnover flux from day 8 to day 12, the cxC26 group 258 259 surprisingly maintained their glucose turnover flux. It was possible that the lower 260 glucose turnover flux in ncxC26 mice at day 12 was due to the presence of ncxC26

tumors instead of food restriction. To test this possibility, we also infused <sup>13</sup>C-labeled glucose into ncxC26 mice ad libitum at day 12 and found no change in glucose turnover flux compared to day 8 (Figure 3A), demonstrating that the glucose flux reduction in the isocalorically fed ncxC26 mice was due to food restriction. These results reveal that despite a reduction in circulating glucose levels, cachectic mice fail to downregulate glucose turnover flux in response to reduced food intake, indicating an impaired regulatory adaptation of glucose metabolism in cachexia.

We next sought to determine if our findings regarding glucose metabolism are 268 applicable to other cancer cachexia models. For this, we measured glucose turnover 269 flux in two different non-small cell lung cancer cachexia models, KP (Kras<sup>G12D/+</sup>;p53<sup>-/-</sup>) 270 (Jackson et al., 2005) and KL (*Kras<sup>G12D/+</sup>;Lkb1<sup>-/-</sup>*) (Ji et al., 2007). Both KP (Figure S5) 271 (Verlande et al., 2022) and KL (Queiroz et al., 2022) models have reductions in food 272 273 intake over time and develop cachexia. Similar to our studies in the C26 model, 274 compared to their respective non-tumor-bearing control mice ad libitum, circulating 275 glucose pools were reduced in both KP and KL mice ad libitum (Figure 3B and C). 276 Despite this reduction, glucose turnover flux was significantly higher in KP mice and maintained in KL mice (Figure 3B and C). These results mirror the finding in the C26 277 278 model and suggest that this lack of downregulation of glucose turnover flux in 279 response to reduced food intake is a conserved feature of cachexia.

# 280 Sustained glucose utilization by specific tissues of cachectic mice

The sustained glucose turnover flux in cxC26 mice points to altered glucose utilization by tissues in these mice. We thus sought to evaluate tissue glucose utilization in these mice. At the end of <sup>13</sup>C glucose infusion, we measured labeling of metabolites in 13 major tissues as well as tumor. As shown in Figure 3D, there were widespread

285 changes in contribution of glucose to tissue metabolites (defined as tissue metabolite 286 labeling divided by circulating glucose labeling, or normalized labeling) between the isocalorically fed cxC26 mice and ncxC26 mice, with 70 metabolites having significant 287 different contribution (FDR < 0.05) from glucose in at least one tissue between the two 288 289 groups. The significantly changed metabolites are mainly involved in 290 glycolysis/gluconeogenesis, TCA cycle, amino acid metabolism and nucleotide 291 metabolism. The heatmap shows a generally higher glucose contribution to tissue 292 metabolites in the cxC26 mice than the isocalorically fed ncxC26 mice. This is more 293 vividly shown in the volcano plot comparing the two groups, where almost all the 294 significantly changed contributions lie on the right side of the plot (Figure S6A). In 295 contrast, the heatmap shows a generally lower glucose contribution to tissue 296 metabolites in the isocalorically fed ncxC26 group than the ncxC26 group ad libitum, 297 which is also evident in the corresponding volcano plot (Figure S6B), reflecting normal 298 response of tissue glucose utilization to reduced food intake. Notably, the metabolite 299 with the most significantly increased labeling from glucose was alanine in the cxC26 300 tumors, suggesting dramatically higher synthesis of alanine in cachectic tumors than 301 non-cachectic tumors (Figure S6C). These results indicate sustained glucose 302 utilization by tissues in the cachectic mice despite reduced food intake while glucose 303 utilization in non-cachectic mice was reduced in response to reduced food intake. The 304 PCA analysis of labeling profiles further revealed the tissues with sustained glucose 305 utilization in the cxC26 mice, and they were gWAT, BAT, kidney, spleen, and small 306 intestine, liver as well as tumor (Figure S6D).

We next focused on glucose contribution to the tissue TCA cycle to examine specifically glucose oxidation by tissues (Figure 3E). The result showed higher glucose contribution to the TCA cycle in BAT, brain, kidney, lung, spleen, small intestine, and

310 tumor in the cxC26 mice compared to the isocalorically fed ncxC26 mice. Comparison 311 with the ncxC26 mice ad libitum revealed that glucose contribution to these tissues dropped in the isocalorically fed ncxC26 mice but showed smaller or even no changes 312 in the cxC26 mice (Figure 3E). Thus, glucose oxidation was sustained in specific 313 314 tissues in cachectic mice despite reduced food intake. This conclusion is in line with 315 data from the KL and KP models where glucose contribution to tissue TCA was mostly 316 maintained in the cachectic mice compared to their respective ad libitum fed control groups (Figure S7). 317

# 318 Glucose uptake flux by tumors is an insignificant fraction of total glucose 319 consumption flux in host

320 One explanation for the negative energy balance that drives weight loss in cachexia 321 could be the high nutrient demand by the tumor. One often-cited nutrient is glucose, as a hallmark of tumor metabolism is the Warburg effect, referring to the high glucose 322 consumption flux by tumors. To determine the extent to which tumor glucose 323 324 consumption can impact host glucose turnover flux, we measured glucose uptake flux 325 by tumors. Specifically, we administered <sup>14</sup>C-labeled 2-deoxyglucose (<sup>14</sup>C-2DG) to 326 cxC26 and ncxC26 mice at day 12. We found that the glucose uptake flux of either 327 cxC26 or ncxC26 tumors represented an insignificant fraction of total glucose consumption flux in the whole animal, with the glucose uptake flux of cxC26 tumors 328 (62.1 nmol/min) amounting to only 3.4% of the glucose turnover flux (1817.4 nmol/min) 329 330 (Figure S8). Although the glucose uptake flux by cxC26 tumors was higher than ncxC26 tumors, the difference (19.3 nmol/min) accounted for only 1.1% of the glucose 331 332 uptake flux in cxC26 mice. These results show that the tumor's glucose demand is far 333 from accounting for the changes to the glucose turnover flux at the whole-body level.

Of note, tissues such as BAT, lung and spleen had higher glucose uptake flux in cxC26
 mice compared to isocalorically fed ncxC26 mice despite similar levels of circulating
 glucose (Figure S8).

## 337 Increased lactate oxidation by specific tissues in cachectic mice

In addition to glucose, lactate is another major carbohydrate energy nutrient. We 338 339 aimed to determine how its fluxes change in the C26 model. To quantify lactate 340 turnover flux, we used double-catheterized mice to collect arterial blood from carotid artery catheter while infusing uniformly <sup>13</sup>C-labeled lactate via jugular vein catheter. 341 342 This is to avoid the acute stress arising from tail vein blood collection, which can 343 perturb lactate production (Lee et al., 2023). Our results show no change in lactate turnover flux but increased lactate oxidation by specific tissues in cachectic mice 344 compared to the isocaloric non-cachectic mice (Figure 4A). For example, cachectic 345 tumors exhibited the most significant elevation in lactate's contribution to its TCA cycle 346 (FDR < 0.05). Several tissues showed more than two-fold changes in their TCA 347 348 contribution by lactate, including soleus (fold-change = 2.5, p = 0.008), heart (foldchange = 2.9, p = 0.013), and BAT (fold-change = 2.7, p = 0.008) (Figure 4B). However, 349 350 these changes did not remain after the more stringent FDR correction. The labeling of 351 other tissue metabolites was mostly unchanged across tissues (5 among the 559 detected tissue metabolites) (Figure S9A and B). Overall, whole-body lactate turnover 352 flux remained unchanged, but tumor, soleus, heart, and BAT showed increased lactate 353 354 oxidation in cachectic mice.

# 355 Elevated glutamine turnover flux and widespread alterations in glutamine 356 utilization by tissues in cachectic mice

357 Given the changed glucose metabolism in cachectic mice, next we expanded our

358 nutrient list to include glutamine and alanine, which together with glycerol and lactate 359 are the major gluconeogenesis substrates. We performed uniformly <sup>13</sup>C-labeled glutamine and alanine infusions. The glutamine pool in cxC26 mice was slightly lower 360 than ncxC26 mice at day 12. However, glutamine turnover flux in cxC26 mice was 361 362 significantly elevated (by 35%) compared to isocalorically fed ncxC26 mice at day 12, 363 despite both groups consuming the same amount of food (Figure 5A). Additionally, this 364 flux in cxC26 mice was even higher than that in the pre-cachectic stage at day 8. Similarly, alanine turnover flux was also significantly elevated (by 27%) in cxC26 mice 365 compared to ncxC26 mice at day 12 (Figure 5B). These data imply that the 366 367 maintenance of glucose production flux in cachectic mice was underpinned by augmented gluconeogenic input from glutamine and alanine. To test this hypothesis, 368 369 we will calculate production fluxes from each of the gluconeogenesis substrates to 370 glucose in a later section.

371 As for the nutrients described above, we determined the contribution of glutamine and alanine to the TCA cycle in tissues. The glutamine contribution was significantly 372 373 increased in brain, spleen and kidney of cxC26 mice, but there were no significant changes in alanine contribution to tissues compared to food intake-controlled ncxC26 374 375 mice (Figure 5C and D). The glutamine contribution to other metabolites was altered 376 in tumor and most tissues except gWAT and small intestine (Figure S10A). A total of 90 tissue metabolites had significantly changed contribution from glutamine in 377 378 cachectic mice compared to food intake-controlled ncxC26 mice, with 74 having 379 increased contribution and 16 having decreased contribution (Figure S10B). In 380 contrast, the contribution of alanine to tissue metabolites was not significantly 381 changed. Only 4 metabolites showed significant difference between cxC26 mice and food intake-controlled ncxC26 mice (Figure S10C and D). Altogether, the results 382

383 demonstrate widespread alterations in glutamine utilization in cachectic mice.

# 384 Increased glucose production flux from glutamine and alanine in cachectic mice

385 In the above, we identified glucose together with its two precursors glutamine and alanine as nutrients with increased turnover fluxes in cachexia, suggesting increased 386 387 glucose production fluxes from glutamine and alanine. To test this, we calculated the 388 production fluxes from each of the traced nutrients to glucose and to other circulating 389 nutrients using the labeling data and tracer infusion rates (Hui et al., 2020). As illustrated in Figure 6A, a production flux from a nutrient A to a nutrient C represents 390 391 the direct contribution from A to C, while the abovementioned contribution (as 392 measured by normalized labeling, labeling of C divided by labeling of A) reflects total 393 contribution from A to C including both the direct contribution from A to C and also 394 indirect contribution via another nutrient B. This method involves solving a set of linear 395 mass balance equations (see Methods). The results for glucose are shown in Figure 6B. Production fluxes to glucose from glutamine and alanine were significantly 396 397 elevated in cxC26 mice compared to food intake-controlled ncxC26 mice. 398 Biochemically glucose cannot be made from fatty acids and the small calculated 399 production flux from palmitate to glucose reflects scrambling of carbon atoms in the 400 TCA cycle (Tetrick and Odle, 2020).

In addition to the result for glucose, the production fluxes for lactate, glutamine, alanine, and 3-HB were also calculated, shown in Figure 6C as stacked bars and also in Figure 6D as a volcano plot. The remaining three nutrients, namely valine, palmitate, and glycerol, were either minimally or not produced from other circulating nutrients. Of note, a nutrient can be produced from sources other than the eight nutrients in our list. These other sources can be another circulating nutrient or a nutrient storage (e.g.,

407 glycogen), represented as "others" in Figure 6C. Interestingly, the results revealed 408 lactate as another nutrient with significantly changed production. Specifically, in cachectic mice, the production flux from alanine to lactate was significantly lowered, 409 and there was no lactate production from sources other than the nutrients we probed 410 411 in this study. This was not the case in ncxC26 mice or pre-cachectic mice, where a 412 substantial production flux originated from "other" sources which are presumably 413 muscle glycogen. Therefore, this result suggests impaired lactate production from 414 muscle glycogen in cachectic mice.

# Elevated glucose-alanine cycling flux and glutamine production flux from tissue proteins

Combining the production fluxes to each of the nutrients, we can construct a flux model 417 418 describing interconverting fluxes between these nutrients. The glucose-related parts 419 of the flux models for cachectic and non-cachectic mice are shown in Figure 6E. To 420 determine the flux from storage to glucose, we estimated fluxes from unmeasured free 421 fatty acids (FFAs) and subtracted them from the flux from "others" (Hui et al., 2020) 422 (Methods). The resulting storage flux can be taken as the conversion flux of glycogen 423 to glucose. Similarly, we obtained the storage flux from protein to glutamine and 424 alanine, respectively. As expected from our results above, the storage flux to lactate 425 was suppressed. The flux models additionally uncovered a pronounced upregulation of glucose-alanine cycling, signifying enhanced inter-organ nitrogen shuttling in the 426 427 cachectic mice. Moreover, the flux models showed higher flux from protein to glutamine, indicating tissue proteins as the source of elevated glutamine turnover flux 428 429 in cachectic mice.

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# 431 Altered fuel preference by specific tissues in cachectic mice

432 In the above, we have analyzed the contribution from each of the traced nutrients to tissue TCA cycle. The contribution was calculated as the ratio of the TCA labeling to 433 434 the labeling of the traced nutrient in circulation. As illustrated in Figure 7A, this quantity reflects the total contribution from the circulating nutrient to the tissue TCA cycle, 435 436 comprising both direct contribution and indirect contribution via other nutrients. To 437 determine fuel preference by tissues, we calculated the direct contribution from the circulating nutrients to the TCA intermediates malate and succinate in tissues (Figure 438 7B and 7C) (see Methods). The results revealed a largely stable fuel preference across 439 440 tissues and nutrients in cachectic mice, with a small number of changes. The most 441 significantly changed tissue-nutrient relations were spleen and kidney's usage of 442 glutamine and cachectic tumors' usage of glucose. Glucose was also used more by 443 spleen but less by kidney. In addition, lactate was used more by soleus, BAT, and heart, and alanine was used less by soleus, gastrocnemius, BAT, iWAT and pancreas. 444 445 Thus, our results revealed changes in tissue fuel usage in cachectic mice.

## 446 **Discussion**

Our study presents a comprehensive flux quantification of all major circulating 447 nutrients in a widely used mouse model of cancer cachexia under highly controlled 448 conditions. The flux results provide direct and comprehensive answers to the 449 fundamental guestion of how host metabolism is altered in cancer cachexia. We find 450 451 that energy metabolism is largely preserved in lipid and protein metabolism and altered in glucose-related metabolism. Importantly, the metabolic alterations we identified are 452 453 not simply due to changed energy balance but reflect fundamental dysregulations of those pathways caused more directly by tumors. 454

455 Cancer cachexia is viewed as a complex metabolic disorder, often described with a 456 long list of metabolic perturbations (Berriel Diaz et al., 2024). Our study presents a more simplistic picture, with stable fluxes in lipid and protein metabolism. This 457 458 contradiction is in part due to our highly controlled experimental system. First, we had 459 mice bearing non-cachectic tumors to control for metabolic changes arising from tumor 460 mass as opposed to the cachectic process. Second, we controlled for food intake, 461 which is a potent and broad influencer of metabolism. Third, we were able to eliminate other potential confounders of metabolism (i.e., body weight and composition, energy 462 expenditure, and energy excretion) as cachectic and non-cachectic mice had similar 463 464 values for these variables under our isocaloric feeding protocol. Thus, the changes revealed by our flux results are cachexia-inherent, which are constrained to 465 466 metabolism of glucose and related nutrients.

467 A major finding in our study is the impaired response of glucose metabolism to reduced food intake in cancer cachexia. In mice without cancer cachexia, food restriction 468 469 lowers blood glucose levels and suppresses glucose turnover flux (i.e., rates of glucose production and consumption). This response is lost in cachectic mice, where 470 471 glucose turnover flux remains high despite reductions in food intake. For example, 472 food restriction lowers glucose oxidation in the tumor and BAT of non-cachectic mice. 473 but these remain high in the cachectic mice (Figure 3E). Moreover, glucose oxidation in the small intestine, spleen, pancreas, and lung are significantly higher in the 474 475 cachectic mice as compared to the isocaloric non-cachectic mice. Glucose oxidation 476 can be controlled by both insulin-dependent and independent mechanisms. Since 477 insulin levels were similar between cachectic and isocaloric non-cachectic mice 478 (Figure S11), we speculate that insulin-independent pathways, such as catecholamine 479 signaling, or expansion of cell populations with constitutive (GLUT1- or GLUT3-

480 mediated) glucose uptake may underlie the elevated glucose utilization observed.
481 Immune cells are an especially intriguing candidate, given their high glycolytic rates
482 and expansion during states of systemic inflammation, including C26-induced
483 cachexia (Petruzzelli et al., 2022).

The continuous consumption of glucose by cachectic tumors, even in the food 484 485 restricted state, may suggest that these tumors predispose to cachexia by increasing 486 energy expenditure (i.e., "hypermetabolism") or depriving other tissues of glucose. Indeed, cachectic tumors have higher [<sup>18</sup>F]-FDG uptake than non-cachectic tumors in 487 human patients (Olaechea et al., 2022) and preclinical models (Burvenich et al., 2024; 488 489 Penet et al., 2011). However, our data does not support this "hypermetabolism" theory. 490 First, there is no difference in total energy expenditure when comparing isocalorically 491 matched cachectic and non-cachectic mice (Liang et al., 2025; Queiroz et al., 2022; 492 Verlande et al., 2022). Second, the relative consumption of glucose by the tumor in 493 comparison to whole body glucose turnover flux is guite low. The difference between 494 isocalorically matched cachectic and non-cachectic mice amounts to ~1% of total 495 glucose turnover flux. Therefore, we conclude that glucose consumption by cachectic 496 tumors is unlikely a major contributor to energy deficit during cachexia.

The high glucose consumption flux during cachexia is balanced by a proportionally high glucose production flux. Our study identifies alanine and glutamine as substrates that are responsible for the sustained glucose production (Figure 6B). Alanine is a wellknown gluconeogenic precursor and we observed an increase in glucose-alanine cycling flux. Specifically, cachectic tumors have high glucose to alanine flux (Figure S6C), which may serve to dispose of excess nitrogen while recycling carbon skeletons to the liver for glucose production. While alanine contributes meaningfully to glucose

504 carbon recycling, glutamine is guantitatively more important for transporting protein-505 derived carbon to the glucose pool (Nurjhan et al., 1995). We observed a significant increase in the flux of stored nutrients to glutamine in cachectic mice (Figure 6D). We 506 507 also noted increased glutamine oxidation by the spleen and kidney (Figure 5C) and 508 glutamine convertion to glucose by a currently undefined tissue (Figure 6B). Given its 509 known preference for glutamine as a gluconeogenic substrate, the kidney may play a 510 central role in this process (Stumvoll et al., 1998). Future experiments will attempt to restore normal glucose homeostasis (e.g., suppressing elevated gluconeogenesis) in 511 512 cachectic animals and determine whether there are ameliorating effects on cachexia 513 (Liu et al., 2025).

514 The sustained glucose turnover flux and elevated metabolic cycling must impart a 515 caloric cost on the host, and it is unclear why this cost does not appear as measurable 516 energy expenditure. One potential explanation is that there exists a metabolic tradeoff 517 where one form of energy expenditure is replaced or offset by another. Cachectic mice 518 and humans are known to have low physical activity (Bruggeman et al., 2016; Counts 519 et al., 2020), and the normal increase in physical activity that occurs with food 520 restriction is missing in cachectic animals including our C26 mice (Liang et al., 2025; 521 Queiroz et al., 2022). Therefore, cachectic mice "save" energy compared to the food 522 intake-matched control group, and this saved energy can be "re-routed" to support 523 other processes (e.g., immune system activation) that are necessary for surviving 524 cancer. Future work can test this potential link.

# 525 Limitation of the study

526 Several limitations of the present study merit consideration. First, our analyses were 527 confined to the post-absorptive (fasted) state, precluding examination of nutrient flux

528 dynamics under fed conditions, wherein distinct metabolic phenotypes may emerge. 529 It remains possible that dietary intake could differentially modulate substrate utilization in cachectic versus non-cachectic states, particularly in regard to postprandial lipid and 530 protein metabolism. Second, although our isotopic tracer panel encompassed eight 531 532 major circulating nutrients relevant to energy metabolism, it did not interrogate other 533 critical metabolic domains such as one-carbon metabolism, redox homeostasis, and 534 nucleotide biosynthesis, which may be perturbed in cancer cachexia. Third, the 535 variability observed in lactate flux measurements-despite use of double-catheterized animals and arterial sampling—is likely attributable to lactate's high sensitivity to acute 536 537 adrenergic stress (Lee et al., 2023), underscoring the technical challenges inherent in capturing its physiological flux with precision. 538

539 Furthermore, while our findings were corroborated in two independent genetically 540 engineered models of lung cancer cachexia, the bulk of our quantitative flux analyses were conducted in the C26 colon carcinoma model. Thus, although the observed 541 542 glucose-centric metabolic remodeling appears robust, its universality across diverse 543 tumor types and cachexia subtypes warrants further empirical validation. Additionally, 544 our study exclusively utilized male mice. Given established sex differences in 545 metabolic regulation and tumor biology, it is imperative that key findings be validated 546 in female cohorts to ensure biological generalizability. Lastly, while our analysis 547 revealed profound shifts in systemic carbohydrate metabolism, the upstream 548 regulatory mechanisms—whether tumor-secreted factors, host immune responses, or 549 endocrine perturbations-remain to be elucidated. Future work aimed at 550 mechanistically decoding these regulatory circuits will be essential for translating these 551 metabolic insights into therapeutic strategies.

# 552 STAR★METHODS

# 553 KEY RESOURCES TABLE

REAGENT or RESOURCE	SOURCE	IDENTIFIER	
Chemicals, peptides, and recombinant proteins			
2-Deoxy-D-glucose ( <sup>14</sup> C <sub>6</sub> )	PerkinElmer	NEC720A050UC	
D-glucose ( <sup>13</sup> C <sub>6</sub> , 99%)	Cambridge Isotope Laboratories	CLM-1396	
Sodium L-lactate ( <sup>13</sup> C <sub>3</sub> , 98%) 20% w/w In H <sub>2</sub> O	Cambridge Isotope Laboratories	CLM-1579	
L-alanine ( <sup>13</sup> C <sub>3</sub> , 99%)	Cambridge Isotope Laboratories	CLM-2184-H	
L-glutamine ( <sup>13</sup> C <sub>5</sub> , 99%)	Cambridge Isotope Laboratories	CLM-1822-H	
glycerol ( <sup>13</sup> C <sub>3</sub> ,99%)	Cambridge Isotope Laboratories	CLM-1510	
Sodium D-3-hydroxybutyrate ( <sup>13</sup> C <sub>4</sub> , 99%)	Cambridge Isotope Laboratories	CLM-3853	
Potassium palmitate ( <sup>13</sup> C <sub>16</sub> , 98%)	Cambridge Isotope Laboratories	CLM-3943	
L-valine ( <sup>13</sup> C <sub>5</sub> , 99%)	Cambridge Isotope Laboratories	CLM-2249-H	
DMEM with 4.5 g/L glucose	Corning	10-013-CV	
Penicillin & Streptomycin	HyClone	SV30010	
Fetal Bovine Serum	R&D SYSTEMS	S11550H	
Normal Saline	HyClone	Z1376	
EcoLume™ Liquid Scintillation Cocktail	MP Biomedicals	0188247001	
Antifoam B Emulsion	Sigma-Aldrich	A5757	
Bovine serum albumin, fatty acid free, 96%	Sigma-Aldrich	A6003	
glycerokinase	Sigma-Aldrich	G6278	
Critical commercial assays			
Mouse/Rat Metabolic Hormone Discovery Assay® Array	Eve Technologies	RDMET12	
Experimental models: Cell lines			
cxC26 cells	(Bonetto et al., 2016)		
ncxC26 cells	(Brattain et al., 1980)		
Experimental models: Organisms/strains			
Mouse: CD2F1, male	Charles River laboratory	033CDF-1	
Mouse: KP (Kras <sup>LSL-G12D/+</sup> ; Lkb1 <sup>flox/flox</sup> )	(Bhatt et al., 2019)		
Mouse: KL (Kras <sup>LSL_G12D/+</sup> ; p53 <sup>flox/flox</sup> )	(Guo et al., 2013)		
Recombinant DNA			
Lentiviral-Cre	UI Viral Vector Core	VVC-U of Iowa-5	
Software and algorithms			
EL-MAVEN software	Elucidata	https://docs.polly.e lucidata.io/index.ht ml	

Rstudio	Posit	https://posit.co/do wnload/rstudio- desktop/	
AccuCor	Github	https://github.com/ XiaoyangSu/Accu Cor	
Prism 10	Graphpad	https://www.graph pad.com/	
Excel	Microsoft	https://www.micro soft.com/en- us/microsoft- 365/excel	
Biorender	Biorender	https://www.bioren der.com/	
Other			
Jugular Vein Catheters for Mice	Instech Laboratories	C20PUMJV1301	
Carotid Artery Catheters for Mice	Instech Laboratories	VAMB1B	
One Channel Vascular Access Button™ for Mice	Instech Laboratories	VABM1B/25	
Two Channel Vascular Access Button™ for Mice	Instech Laboratories	VABM2VB/25R25	
chow diet	PicoLab Mouse Diet 20	5053	
buprenorphine base ER 0.5 mg/mL	Wedgewood	Rx # 7270862	
Microvette <sup>®</sup> CB 300 Serum CAT	Sarstedt	16.440.100	
Microvette <sup>®</sup> 500 EDTA K3E	Sarstedt	20.1341.102	
XBridge BEH Amide XP column	Waters	176002889	

# 555 EXPERIMENTAL MODEL

# 556 Cell lines

The cachectic C26 (cxC26) and non-cachectic C26 (ncxC26) cells were a kind gift from Andrea Bonetto (Bonetto et al., 2016) and Nicole Beauchemin, respectively. Nicole Beauchemin obtained the ncxC26 from Brattain MG, who established the C26 (also named CT26 or colon carcinoma 26) cell line (Brattain et al., 1980). All C26 cells were maintained using high glucose DMEM (Corning) with 10% fetal bovine serum (FBS, R&D Systems) and 1% penicillin/streptomycin (Hyclone) at 37°C under 5% CO<sup>2</sup> in a humidified atmosphere.

### 564 Animals

565 Animal care and experimental procedures were conducted with the approval of the 566 Institutional Animal Care and Use Committees (IACUC) of Harvard Medical School 567 and Harvard T.H. Chan School of Public Health. CD2F1 (BALB/c x DBA/2) male mice were purchased from Charles River and used for this study when the mice were 13 -568 569 18 weeks old. All mice were housed individually using white colored paper bedding (ALPHA pad®, Shepherd Specialty Papers) with paper nesting materials (Enviro-dri®, 570 Shepherd Specialty Papers) to facilitate accurate measurement of food leftover on the 571 bedding. Daily food intake was assessed by weighing the change in food pellets on 572 573 the cage lid, subtracting any food left on the bedding. Mice cages were maintained at 574 room temperature (22°C) with a 12-hour light-dark cycle, and mice were fed either ad 575 libitum or controlled isocaloric feeding with standard chow diet (PicoLab 5053, 576 LabDiet).

577 For tumor implantation, cxC26 and ncxC26 cells were collected, washed and

578 resuspended in saline, and one million cells in 200 µl of saline were injected into the 579 right flank of mice under anesthesia. Body weight was recorded bi-daily at 9 AM 580 following tumor implantation. For isocaloric feeding, the precise daily food amount from day 8 to 12 post-tumor implantation was based on the food intake of cxC26 mice ad 581 582 libitum, specifically: day 8: 3.1g, day 9: 2.8g, day 10: 1.7g, and day 11: 1.1g, as 583 illustrated in Figure S1. This daily food allocation was divided into 3 equal portions and 584 dispensed every 4 hours during the night at 7 PM, 11 PM and 3 AM) using an automatic 585 feeder (Figure 1B). Leftover food on the bedding was monitored daily and returned to the cage if necessary. Mice that did not consume all their food (more than 1 gram of 586 cumulative leftover during the entire period of isocaloric feeding) were excluded from 587 experiments. 588

Animal experiments using Kras<sup>LSL\_G12D/+</sup>; p53<sup>flox/flox</sup> (KP) and Kras<sup>LSL-G12D/+</sup>; Lkb1<sup>flox/flox</sup> 589 590 (KL) non-small lung cancer cachexia models were performed following protocols 591 approved by the Rutgers IACUC. Lung tumor induction was performed as previously described (Bhatt et al., 2019; Guo et al., 2013). Briefly, tumors were induced in 8-10 592 593 weeks old mice via intranasal administration of Lentiviral-Cre (University of Iowa Viral Vector Core) at 4 x 10<sup>7</sup> plaque-forming units (pfu) per mouse in KP mice, and 2.5 x 594 595 10<sup>7</sup> pfu per mouse in KL mice. Food intake of KP mice was obtained using metabolic 596 cages (Oxymax-CLAMS) post 13 weeks infection.

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# 601 METHOD DETAILS

### 602 Isotope tracer infusion

603 For stable isotope tracing, the jugular vein catheter (C20PUMJV1301, Instech 604 Laboratories) was implanted into the right jugular vein of mice. To minimize potential 605 impact to systemic metabolism by the catheterization procedure, jugular vein catheters were implanted in mice two weeks before cancer cell injection. The catheter was 606 607 connected to a single-channel button (VABM1B/25, Instech Laboratories) placed 608 subcutaneously on the back of mice. For lactate infusion, an additional carotid catheter 609 (C10PU-MCA2A09, Instech Laboratories) was implanted into the left carotid artery and 610 connected to a two-channel button (VABM2VB/25R25, Instech Laboratories) under the skin alongside the jugular vein catheter. Catheters were filled with heparinized 611 612 saline (20 U/ml) as a lock solution. Surgery procedures were conducted under aseptic 613 conditions, with anesthesia using isoflurane to ensure animal welfare and minimize pain. Post-surgery, each mouse received a subcutaneous injection of 50 µl of 614 615 analgesic buprenorphine (0.5 mg/mL) into the left flank to effectively manage 616 postoperative pain. Mice that have undergone surgery were allowed a recovery period 617 of 1-2 weeks before being used in any additional experiments.

Mice were fasted for 5 hours before tracer infusion. The catheter was connected via a swivel-tether system to a tracer-filled syringe that was pushed by a syringe pump, as described previously (Hui et al., 2017). Each <sup>13</sup>C-labeled tracer was infused for 2.5 hours at a rate of 0.1  $\mu$ L/g/min on day 8 and day 12 post tumor implantation, with the exception of palmitate, which was infused for 1.5 hours at a rate of 0.2  $\mu$ L/g/min. The concentration of each tracer was as follows: 200 mM <sup>13</sup>C-glucose, 378.14 mM <sup>13</sup>Clactate, 75 mM <sup>13</sup>C-glutamine, 30 mM <sup>13</sup>C-alanine, 15 mM <sup>13</sup>C-valine, 9.5 mM <sup>13</sup>C-

625 potassium palmitate (with BSA), and 109.4 mM <sup>13</sup>C-glycerol. Additionally, the <sup>13</sup>C-3-626 Hydroxybutyrate tracer was infused at a concentration of 50 mM on day 8 and 120 mM on day 12. All <sup>13</sup>C-labeled tracers used were uniformly labeled as all carbon atoms. 627 Blood samples were collected using serum collection tubes (Microvette® CB300, 628 629 Sarstedt) at the end of infusion from tail without stopping the infusion. For mice infused 630 with lactate, arterial blood was collected via the artery catheter without disturbing the 631 mice, followed by tail blood collection. Blood samples were centrifuged for 10 minutes at 2,000g at 4°C to obtain serum. Mice were euthanized by cervical dislocations shortly 632 after blood collection, and tissues were immediately dissected, guickly wrapped with 633 634 aluminum foil and clamped using a pre-chilled Wollenberger clamp, and placed in liquid nitrogen. At end of experiments, samples were transferred to -80°C for storage. 635

### 636 Metabolite extraction from serum and tissue samples

For metabolite extraction of serum samples, 45 µl of pre-cooled extraction buffer 637 (40:40:20, methanol: acetonitrile: water, v:v:v, -20°C) was added to 5 µl of serum. For 638 639 tissue metabolite extraction, frozen tissues were first ground into powder using a CryoMill (Retsch) at cryogenic temperature with liquid nitrogen cooling. ~1 mL of pre-640 641 cooled extraction buffer was then added to 15-25 mg of ground tissue to achieve a 642 final concentration of 25 mg/ml. In the next step, both serum and tissue samples were vortexed for 10 seconds to ensure thorough mixing and then incubated on ice for 10 643 minutes. Following incubation, the mixture was centrifuged at 1,000g for 10 minutes 644 645 at 4°C. The supernatant underwent a second centrifugation at 16,000g for 20 min at 4°C. Finally, clear supernatant was transferred to LC-MS vials for subsequent analysis. 646

### 647 Metabolite measurements by LC-MS

648 Metabolite extracts were analyzed using a quadrupole-orbitrap mass spectrometer

649 coupled with hydrophilic interaction liquid chromatography (HILIC) as the 650 chromatographic technique. Chromatographic separation was achieved on an XBridge BEH Amide XP Column (2.5 µm, 2.1 mm × 150 mm) with a guard column (2.5 651 µm, 2.1 mm X 5 mm) (Waters, Milford, MA). Mobile phase A consisted of water: 652 653 acetonitrile at 95:5 (v:v), and mobile phase B consisted of water: acetonitrile at 20:80 654 (v:v), with both phases containing 10 mM ammonium acetate and 10 mM ammonium 655 hydroxide. Separation was conducted under the following linear elution gradient: 0 ~ 656 3 min, 100% B; 3.2 ~ 6.2 min, 90% B; 6.5. ~ 10.5 min, 80% B; 10.7 ~ 13.5 min, 70% 657 B; 13.7 ~ 16 min, 45% B; and 16.5 ~ 22 min, 100% B, with a flow rate of 0.3 mL/ min. The autosampler and column were maintained at 4°C and 30°C, respectively. The 658 659 injection volume was 5 µL and the needle was washed between samples using methanol: acetonitrile: water at 40: 40: 20 (v:v:v). Mass spectrometry analysis was 660 661 performed using either a Q Exactive HF or Orbitrap Exploris<sup>™</sup> 480 (Thermo Fisher Scientific, San Jose, CA), with mass range from 70 to 1000 m/z and polarity switching 662 663 mode at a resolution of 120.000. Metabolite identification was based on accurate mass 664 and retention time using the EI-Maven (Elucidata) with an in-house library. Natural 665 abundance correction for <sup>13</sup>C was conducted in R using AccuCor package (Su et al., 666 2017).

### 667 Measurement of glycerol in serum samples

Glycerol measurement involved derivatization to glycerol-3-phosphate using glycerol kinase. 5  $\mu$ l of serum sample were mixed with 45  $\mu$ l of reaction mixture (25 mM Tris, 50 mM NaCl, 10 mM MgCl2, 1 mM ATP, and ~0.2 U/ml of glycerol kinase in H<sub>2</sub>O). The mixture was incubated for 15 minutes at room temperature. Following incubation, 200  $\mu$ l of pre-cooled methanol (-80°C) were added to the mixture, which was then

centrifuged at 16,000g for 10 minutes. Supernatant was transferred to a new tube and dried using a Speed Vac at 40°C for 2 hours. The dried residue was dissolved in 50 µl of pre-cooled extraction buffer (40:40:20, methanol: acetonitrile: water, *v:v:v*, -20°C) and transferred to an LC-MS vial for analysis with the HILIC method. Signal intensity of glycerol-3-phosphate was adjusted by subtracting background level of free glycerol-3-phosphate in serum and any contamination from reaction mixture, utilizing procedural control.

### 680 Glucose uptake assay

681 Mice were fasted for 6 - 8 hours prior to experiment. To minimize urination during 682 experiment, the lower abdomen of each mouse was gently massaged to induce bladder emptying 45 minutes before the 2-DG injection. 1 µCi of <sup>14</sup>C<sub>6</sub>-2-Deoxy-D-683 684 glucose (PerkinElmer, NEC720A050UC) in saline was injected intraperitoneally (IP). After 45 minutes of injection, the mouse was euthanized and all major tissues, tumor, 685 blood, and urine were collected. Each of the samples (less than 300 mg) was digested 686 687 using 600 µl of 1.7M potassium hydroxide (KOH) at 70°C for 2 hours. The samples 688 were then allowed to cool at room temperature before 300 µl of isopropanol containing 689 2M acetic acid and 1% Tween 80 were added to each of them. Subsequently, 400 µl 690 of each digested sample were transferred to a scintillation vial which contained 200 µl 691 of 50% hydrogen peroxide with 15% antifoam B emulsion. The samples were incubated at room temperature for 30 minutes, followed by incubation at 70°C for 20 692 693 minutes to fully decompose the hydrogen peroxide and decolorize the samples. 694 Afterward, the samples were allowed to cool at room temperature before 100 µl of 12M 695 acetic acid and 4 mL Ecolume scintillation liquid (MP Biomedicals) were added to each 696 vial. The samples were vigorously vortexed before being loaded to a HIDEX300S

697 Liquid scintillation counter (Turku, Finland) for radioactive carbon-14 (<sup>14</sup>C) 698 measurement.

# 699 Measurement of insulin in plasma samples

Blood samples were collected using K<sub>3</sub>EDTA-coated plasma collection tubes (Microvette® 500 EDTA K3E, Sarstedt), with protease inhibitor cocktails and DPPIV added immediately. Plasma was then isolated by centrifugation at 2,000g for 10 min at 4°C. Insulin in the plasma was quantitated using Mouse/Rat Metabolic Hormone Discovery Assay<sup>®</sup> Array (Eve Technologies).

# 705 **Turnover flux of circulating nutrients**

The turnover flux of a circulating nutrient was calculated using the following equation

$$turnover flux = \frac{I(1-L)}{L}$$
(Equation 1)

where is *I* the tracer infusion rate and *L* is the labeled fraction of the fully labeled form of the infused uniformly <sup>13</sup>C-labeled tracer (Hui et al., 2017).

# Calculation of production fluxes of a circulating nutrient from other circulating nutrients

The production fluxes of a circulating nutrient from other circulating nutrients were calculated using equations that we described in a previous study with further details of the calculation available in that publication (Yuan et al., 2025). To explain the calculation here, we use the calculation of glucose production fluxes as an example. Under nonperturbative steady-state <sup>13</sup>C-glucose infusion with an infusion rate *I*, the total glucose production flux ( $P^{total}$ , including both <sup>12</sup>C and <sup>13</sup>C) is equal to summation of all incoming fluxes to glucose from the 7 other circulating nutrients (lactate, alanine,

glutamine, glycerol, palmitate, 3-hydroxybutyrate, and valine) and from glucose tissue storages ( $F_s$ ) such as glycogen, or

$$P^{total} = I + \sum_{j} F_{j}^{t} + F_{s}$$
 (Equation 2)

where  $F_j$  is the glucose production flux from circulating nutrient *j*. A second mass balance equation can be written for the labeled glucose pool, which states that the sum of incoming <sup>13</sup>C fluxes to glucose from different labeled nutrients is equal the outgoing labeled glucose flux, or

$$\sum_{j} F_{j}^{t} L_{j} + I = P^{total} L_{glc}$$
 (Equation 3)

The total glucose production (<sup>12</sup>C and <sup>13</sup>C) from nutrient *j* can be expressed in terms of the endogenous (<sup>12</sup>C) glucose production from nutrient *j* (*F<sub>j</sub>*) and its labeling  $L_j$ , i.e.,

$$F_j^t = \frac{F_j}{1 - L_j}$$
(Equation 4)

Combining Equations 2 and 3 can generate an equation with P<sup>total</sup> eliminated. Replacing  $F_j^t$  in this equation using Equation 4 yields an equation with the 7  $F_j$ 's and  $F_s$  as the only unkowns. To solve for these unknowns, in addition to one equation for the glucose tracer infusion, one such equation can be written for the infusion of each of the other 7 tracers but with I = 0. Integration of the 8 equations from all tracing experiments creates a linear system  $A \cdot f = b$  as shown below

$$A \cdot \begin{pmatrix} F_1 \\ F_2 \\ \vdots \\ F_n \\ F_s \end{pmatrix} = \begin{pmatrix} I(1 - L_{glc}) \\ 0 \\ \vdots \\ 0 \\ 0 \end{pmatrix}$$
(Equation 5)

### **Source nutrients**

Alanine (ala) Lactate (lac) ··· Storage (s)  $\frac{L_{glc}^{ala} - L_{lac}^{glc}}{1 - L_{lac}^{glc}} \cdots \frac{L_{glc}^{glc} - L_{s}^{glc}}{1 - L_{s}^{glc}}$   $\frac{L_{glc}^{ala} - L_{lac}^{ala}}{1 - L_{lac}^{ala}} \cdots \frac{L_{glc}^{ala} - L_{s}^{ala}}{1 - L_{s}^{ala}}$   $\frac{L_{glc}^{lac} - L_{lac}^{lac}}{1 - L_{lac}^{lac}} \cdots \frac{L_{glc}^{lac} - L_{s}^{lac}}{1 - L_{s}^{lac}}$   $\vdots \cdots \vdots$   $\frac{L_{glc}^{val} - L_{lac}^{val}}{1 - L_{lac}^{val}} \cdots \frac{L_{glc}^{val} - L_{s}^{val}}{1 - L_{s}^{val}}$  $\frac{L_{glc}^{glc} - L_{ala}^{glc}}{1 - L_{ala}^{glc}}$ <sup>13</sup>C-glucose (glc) ala  $\frac{L_{glc}^{ala} - L_s^{ala}}{1 - L_s^{ala}}$  $\frac{L_{glc}^{lac} - L_s^{lac}}{1 - L_s^{lac}} = A$  $\frac{L_{glc}^{ala} - L_{ala}^{ala}}{1 - L_{ala}^{ala}}$ Infused tracer <sup>13</sup>C-alanine (ala) (Equation 6)  $\frac{L_{glc}^{lac} - L_{ala}^{lac}}{1 - L_{ala}^{lac}}$ <sup>13</sup>C-lactate (lac) ÷  $\frac{L_{glc}^{val} - L_{ala}^{val}}{1 - L_{clc}^{val}}$ <sup>13</sup>C-valine (val)

732 where the storage labeling  $L_s$  is assumed negligible, with  $L_s = 0$ . In matrix A, each row corresponds to a different <sup>13</sup>C-tracing experiment, and each column corresponds 733 734 to a different production source (circulating nutrients or storage) to glucose. We employed the R package LimSolve to solve the linear algebra, s.t.  $f \ge 0$ . To estimate 735 736 errors, we conducted Monte Carlo simulation by running the matrix optimization 1,000 times. In each simulation, for each measured labeling L<sup>tracer</sup>, a random value was 737 738 sampled from a normal distribution with its mean and standard deviation being the 739 mean and standard error of this measured quantity. Each simulation resulted in a 740 computed *f* vector. The standard deviation of *f* was calculated as the standard error of the contribution fluxes from different sources to glucose production. Here we have 741 742 illustrated our calculation using glucose production as an example. Calculation of the 743 production fluxes to other circulating nutrients were computed in like manner.

# 744 Calculation of flux from storage to a circulating nutrient

To determine the flux from storage to a circulating nutrient such as glucose, alanine or
 glutamine, we subtract the estimated total FFA flux (to the nutrient) from the remaining

flux (labeled as 'others' in Figure 6C). The total FFA flux to a nutrient was estimated by dividing the measured palmitate flux to that nutrient by the ratio of palmitate abundance to total FFA abundance in the circulation (0.2111) (Hui et al., 2020).

# 750 Calculation of direct contributions to tissue TCA cycle from circulating nutrients

Direct contributions of circulating nutrients to malate or succinate in tissues were calculated using a slightly modified version of the equation described in our previous study, with detailed calculation procedures available in that earlier publication (Yuan et al., 2025). The contribution fraction of a circulating nutrient *j* to the target nutrient (*TN*) in a tissue is defined as  $f_i$ . A mass balance equation of <sup>13</sup>C gives

$$\frac{L_1}{1 - L_1} f_1 + \frac{L_2}{1 - L_2} f_2 + \dots \frac{L_n}{1 - L_n} f_j = \frac{L_{TN}}{1 - L_{TN}}$$
(Equation 7)

where  $L_{TN}$  is the <sup>13</sup>C labeling in *TN*. Integrating 8 equations from the 8 <sup>13</sup>C-tracer infusions gives the following set of equations

 $\begin{array}{l} \textbf{Figure 1} \quad \begin{array}{c} \textbf{(1)} \quad \begin{array}{c} \frac{L_{1}^{1}}{1-L_{1}^{1}} & \frac{L_{2}^{1}}{1-L_{2}^{1}} & \cdots & \frac{L_{j}^{1}}{1-L_{j}^{1}} & \cdots & \frac{L_{n}^{1}}{1-L_{n}^{1}} \\ \frac{L_{1}^{2}}{1-L_{1}^{2}} & \frac{L_{2}^{2}}{1-L_{2}^{2}} & \cdots & \frac{L_{j}^{2}}{1-L_{j}^{1}} & \cdots & \frac{L_{n}^{2}}{1-L_{n}^{1}} \\ \vdots & \vdots & \ddots & \vdots & \ddots & \vdots \\ \frac{L_{1}^{i}}{1-L_{1}^{i}} & \frac{L_{2}^{i}}{1-L_{2}^{1}} & \cdots & \frac{L_{j}^{i}}{1-L_{j}^{1}} & \cdots & \frac{L_{n}^{i}}{1-L_{n}^{1}} \\ \vdots & \vdots & \ddots & \vdots & \ddots & \vdots \\ \frac{L_{1}^{n}}{1-L_{1}^{n}} & \frac{L_{2}^{n}}{1-L_{2}^{1}} & \cdots & \frac{L_{j}^{i}}{1-L_{j}^{1}} & \cdots & \frac{L_{n}^{n}}{1-L_{n}^{1}} \\ \vdots & \vdots & \ddots & \vdots & \ddots & \vdots \\ \frac{L_{1}^{n}}{1-L_{1}^{n}} & \frac{L_{2}^{n}}{1-L_{2}^{1}} & \cdots & \frac{L_{j}^{n}}{1-L_{j}^{1}} & \cdots & \frac{L_{n}^{n}}{1-L_{n}^{n}} \end{array} \right) \\ \end{array} \right) \\ (\textbf{Equation 8}) \quad \textbf{Equation 8} \\ \end{array}$ 

Circulating nutrients (*j*)

758

where  $L_j^i$  represents the labeling of a circulating nutrient *j* under infusion of <sup>13</sup>Ctracer *i*. The optimization procedure for determining the values of *f*'s and their error 761 estimation were performed as described above.

# 762 Statistical analysis

763 All statistical analyses were performed using GraphPad Prism 10 or R studio. 764 Quantitative data are reported as mean with standard deviation (s.d.). Two-group comparisons were analyzed by a two-tailed Student's t-test, and more than two-group 765 comparisons were analyzed by One-way ANOVA or Two-way ANOVA. Adjusted p-766 767 values (FDR) obtained for multiple comparisons using the Benjamini-Hochberg 768 method. For all analyses, a p-value of < 0.05 was considered significant (\*p < 0.05. \*\**p* < 0.01, and \*\*\**p* < 0.001). The R package ComplexHeatmap was used to generate 769 770 the heatmap for the labeling of tissue metabolites by circulating glucose.

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### 779 AUTHOR CONTRIBUTIONS

Y.-Y.K designed and performed the experiments on the C26 model, analyzed data,
and wrote the manuscript. Y.L. performed the food intake measurement. M.G.J.
performed glucose flux analysis in the KP and KL model. M.A. assisted in glucose flux
analysis in the KL model. G.J. and J.H. each assisted with mouse tissue collection and

sample preparation for LC-MS. D.Y.L. contributed to flux data interpretation. T.J.
contributed to flux data interpretation and revised the manuscript. M.D.G. supervised
flux study in the KL model, contributed to flux data interpretation, and revised the
manuscript. E.W. conceived and supervised flux study in the KP and KL models,
contributed to flux data interpretation, and revised the manuscript. S.H. conceived and
supervised the project and wrote the manuscript.

# **DECLARATION OFINTERESTS**

791 The authors declare no competing interests.

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# 979 MAIN FIGURES

- Figure 1. Whole-body lipolysis and proteolysis were not elevated in cachectic
   mice.
- 982 (A) Daily body weight of cxC26 and ncxC26 mice under isocaloric feeding (ICa) or ad
  983 libitum (AL). (n= 7-10)

(B) Illustration of experimental design for isotope tracing. cxC26 and ncxC26 mice
were fed equal amount of food from day 8 to day 12 post tumor implantation (Isocaloric
feeding; ICa), based on the daily food intake of cxC26 mice ad libitum (see Figure
S1b). Isotope tracer infusion was performed at pre-cachectic (day 8) and cachectic
(day 12) stages.

- 989 (C) Illustration of the concept of turnover flux and its calculation from tracer infusion 990 rate (I) and isotope-labeled fraction of traced nutrient in the circulation (L).
- (D) Circulating palmitate pool and turnover flux in cxC26 and ncxC26 mice under
   isocaloric feeding at day 8 and day 12. (n= 7-10)
- 993 (E) Circulating glycerol pool and turnover flux in cxC26 and ncxC26 mice under
   994 isocaloric feeding at day 8 and day 12. (n= 6)
- (F) Illustration of using normalized labeling of TCA intermediates such as malate by acirculating nutrient as the nutrient's contribution to TCA cycle.
- (G) Normalized labeling of malate in different tissues under <sup>13</sup>C-palmitate infusion at
  day 12. (n= 7-9)
- 999 (H) Circulating valine pool and turnover flux in cxC26 and ncxC26 mice under 1000 isocaloric feeding at day 8 and day 12. (n= 5-6)

(I) Normalized labeling of malate in pancreas under <sup>13</sup>C-valine infusion at day 12. (n=
 5-6)

Data are shown as mean  $\pm$  s.d. Significance of the differences: (D,E, H and I) ns: nonsignificance, \*P < 0.05, \*\* P < 0.01, \*\*\* P < 0.001 between groups by two-way ANOVA or (G) no symbol: not significant, \*FDR < 0.05, \*\* FDR < 0.01, \*\*\* FDR < 0.001 between groups by two-tailed t-test with multiple corrections.



# Figure 2. Ketogenesis was elevated in cachectic mice, but only due to reduced food intake.

- 1010 (A) Circulating 3-hydroxybutyrate (3-HB) pool and turnover flux in cxC26 and ncxC26
- 1011 mice under isocaloric feeding (ICa) at day 8 and day 12 post tumor implantation. (n=
- 1012 **6-9**)
- 1013 (B) Normalized labeling of malate in tissues under <sup>13</sup>C-3-HB infusion at day 12. (n= 61014 7)
- Data are shown as mean ± s.d. Significance of the differences: (A) ns: nonsignificance, \*P < 0.05, \*\* P < 0.01, \*\*\* P < 0.001 between groups by two-way ANOVA</li>
  or (B) no symbol: not significant, \*FDR < 0.05, \*\* FDR < 0.01, \*\*\* FDR < 0.001 between</li>
  groups by two-tailed t-test with multiple corrections.



# Figure 3: Glucose turnover flux was sustained in cachectic mice while it was decreased in food intake-controlled non-cachectic mice.

1025 (A) Circulating glucose pool and turnover flux in cxC26 and ncxC26 mice under 1026 isocaloric feeding (ICa), and ncxC26 mice ad libitum (AL), at day 8 and day 12 post 1027 tumor implantation. (n= 8-12)

1028 (B, C) Circulating glucose pool and turnover flux in cachectic (B) KP and (C) KL mice 1029 compared to their respective non-tumor-bearing control mice (NTB). (n= 8-10)

1030 (D) Heatmap showing normalized labeling of significantly changed metabolites in tissues and tumors under <sup>13</sup>C-glucose infusion at day 12. Metabolites were clustered 1031 1032 by metabolic pathways. Color indicates magnitude of normalized labeling (or contribution from glucose). A significantly changed metabolite was defined by an FDR 1033 1034 < 0.05 in at least one tissue between cxC26 ICa and ncxC26 ICa, with a normalized 1035 labeling greater than 1% in that tissue. Filled entries for a metabolite in a tissue indicate 1036 significant change of the metabolite's labeling across the three mouse groups in that 1037 tissue. (n= 8-11)

(E) Normalized labeling of malate in tissues and tumors under <sup>13</sup>C-glucose infusion at
 day 12. Tissues with significant differences between cxC26 ICa and ncxC26 ICa are
 highlighted in red. (n= 8-11)

Data are shown as mean  $\pm$  s.d. Significance of the differences: (A-C) ns: nonsignificance, \*P < 0.05, \*\* P < 0.01, \*\*\* P < 0.001 between groups by two-way ANOVA or (D, E) no symbol: not significant, \*FDR < 0.05, \*\* FDR < 0.01, \*\*\* FDR < 0.001 between groups by two-tailed t-test with multiple corrections.



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Figure 4: Lactate turnover flux was not altered in cachectic mice but lactate
oxidation was increased in specific tissues.

1049 (A) Circulating lactate pool and turnover flux in cxC26 and ncxC26 mice under 1050 isocaloric feeding at day 8 and day 12. Significance of the differences: ns: non-1051 significance, \*P < 0.05, \*\* P < 0.01, \*\*\* P < 0.001 between groups by two-way ANOVA.

1052 (B) Normalized labeling of malate in tissues and tumors under <sup>13</sup>C-lactate infusion at

1053 day 12. Significance of the differences: no symbol: not significant, \*FDR < 0.05, \*\* FDR

- 1054 < 0.01, \*\*\* FDR < 0.001 between groups by two-tailed t-test with multiple corrections.
- 1055 "P" represents raw p-value (P < 0.05) without multiple correction between groups.

1056 Data are shown as mean  $\pm$  s.d. (n= 6-14)



1058

# 1060 **Figure 5. Glutamine and alanine turnover fluxes were elevated in cachectic mice.**

- 1061 (A) Circulating glutamine pool and turnover flux in cxC26 and ncxC26 mice at day 8
- 1062 and day 12 post tumor implantation.
- 1063 (B) Circulating alanine pool and turnover flux in cxC26 and ncxC26 mice at day 8 and
- 1064 day 12.
- 1065 (C and D) Normalized labeling of malate under (C) <sup>13</sup>C-glutamine infusion and (D) <sup>13</sup>C-
- alanine infusion in cxC26 and ncxC26 mice at day 12.
- Data are shown as mean  $\pm$  s.d. Significance of the differences: (A, B) ns: nonsignificance, \*P < 0.05, \*\* P < 0.01, \*\*\* P < 0.001 between groups by two-way ANOVA or (C, D) no symbol: not significant, \* FDR < 0.05, \*\* FDR < 0.01, \*\*\* FDR < 0.001 between groups by two-tailed t-test with multiple corrections.
- 1071 All data was obtained for mice under isocaloric feeding (ICa). (n= 5-6)



- 1073
- 1074

# Figure 6. Increased contribution from glutamine and alanine to glucose production and elevated glucose-alanine cycling flux in cachectic mice.

- 1077 (A) Illustration of direct contribution flux (or production flux) to a circulating nutrient 1078 from other circulating nutrients.
- 1079 (B) Production flux to circulating glucose from each of other gluconeogenesis 1080 substrates in cxC26 and ncxC26 mice at day 12 post tumor implantation.
- 1081 (C) Stacked plots of production flux to each of the circulating nutrients from other 1082 circulating nutrients in cxC26 and ncxC26 mice at day 8 and day 12.
- 1083 (D) Volcano plot showing significantly changed interconversion fluxes between 1084 circulating nutrients in cxC26 mice compared to ncxC26 at day 12.
- (E) Interconversion fluxes between circulating nutrients and nutrient storages in cxC26
   and ncxC26 mice at day 12. Significantly increased and decreased fluxes are
   highlighted with red and blue arrows, respectively.
- Data are shown as mean  $\pm$  s.e.m. Significance of the differences: no symbol: not significant, \*FDR < 0.05, \*\* FDR < 0.01, \*\* FDR < 0.001 between groups by two-tailed t-test with multiple corrections.
- 1091 All data was obtained for mice under isocaloric feeding (ICa). (n= 5-11).



# 1098 Figure 7. Fuel preference was altered in specific tissues in cachectic mice.

- 1099 (A) Illustration of direction contribution of a circulating nutrient to tissue TCA cycle.
- 1100 (B) Stacked bar plot of fuel preference (direction contribution of circulating nutrients to
- 1101 malate) of tissues and tumors in cxC26 and ncxC26 mice under isocaloric feeding
- 1102 (ICa), at day 12 post tumor implantation.
- 1103 (C) Volcano plot of the same data as in (A).



1104 All data are shown as the mean  $\pm$  sem. (n= 5-11)



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# 1109 SUPPLEMANTARY FIGURES

# 1110 Figure S1. Food intake data of the C26 cancer cachexia model in this study.

- 1111 Daily Food intake was measured for individually housed cxC26 and ncxC26 mice ad
- 1112 libitum post tumor implantation. Any remaining food chunks and powder in the cage
- 1113 were collected and weighed to accurately calculate daily food intake. (n= 8)
- 1114 Data are shown as mean ± s.d. Significance of the differences: \*P < 0.05, \*\* P < 0.01,
- 1115 \*\*\* P < 0.001 between groups two-tailed t-test.



# Figure S2. Labeling of metabolites in tissues of cachectic and non-cachectic mice under <sup>13</sup>C-palmitate infusion.

- 1125 (A) Principal component analysis (PCA) of labeled metabolites in tissues of cxC26 and
- 1126 ncxC26 mice under <sup>13</sup>C-palmitate infusion.
- (B) Volcano plot of differential labeling of tissue metabolites between cxC26 and
   ncxC26 mice under <sup>13</sup>C-palmitate infusion.
- 1129 Statistical test for differences between cxC26 and ncxC26 groups was performed for
- 1130 each tissue, with the symbol (#) on a PCA plot indicating significance for that tissue
- 1131 (FDR < 0.01, MANOVA) and no symbol indicating no difference.
- All data was obtained for mice at day 12 post tumor implantation under isocaloric
  feeding (ICa). (n= 7-9)



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# Figure S3. Labeling of metabolites in tissues of cachectic and non-cachectic mice under <sup>13</sup>C-valine infusion.

- Principal component analysis (PCA) of labeled metabolites in tissues under <sup>13</sup>C-valine infusion for cxC26 and ncxC26 mice under isocaloric feeding (ICa), at day 12 post tumor implantation. Only tissues with labeled metabolites detected are shown. (n= 5-
- 1142 6)
- 1143 Statistical test for differences between cxC26 and ncxC26 groups was performed for
- 1144 each tissue, with the symbol (#) on a PCA plot indicating significance for that tissue
- 1145 (FDR < 0.01, MANOVA) and no symbol indicating no difference.



# Figure S4. Labeling of metabolites in tissues of cachectic and non-cachectic mice under <sup>13</sup>C-3-hydroxybutyrate.

- 1158 (A) Principal component analysis (PCA) of labeled metabolites in tissues of cxC26 and
- 1159 ncxC26 mice under <sup>13</sup>C-3-hydroxybutyrate (3-HB) infusion.
- (B) Volcano plot of differential labeling of tissue metabolites between cxC26 and
   ncxC26 mice, under <sup>13</sup>C-3-HB infusion.
- 1162 Statistical test for differences between cxC26 and ncxC26 groups was performed for
- 1163 each tissue, with the symbol (#) on a PCA plot indicating significance for that tissue
- 1164 (FDR < 0.01, MANOVA) and no symbol indicating no difference.
- All data was obtained for mice at day 12 post tumor implantation under isocaloric feeding (ICa). (n= 6-7)



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# 1170 Figure S5. Food intake of the KP lung cancer cachexia model.

- 1171 Daily food intake was measured for cachectic KP mice and non-tumor bearing (NTB)
- 1172 mice when they developed cachexia (13 weeks post infection).
- 1173 Data are shown as mean  $\pm$  s.d. Significance of the differences: \*P < 0.05, between
- 1174 groups two-tailed t-test. (n= 8-9)



# Figure S6. Labeling of tissue metabolites in cachectic and non-cachectic mice under <sup>13</sup>C-glucose infusion.

- 1189 (A) Volcano plot of differential labeling of tissue metabolites between cxC26 and
- 1190 ncxC26 mice under isocaloric feeding (ICa), under <sup>13</sup>C-glucose infusion.
- (B) Volcano plot of differential labeling of tissue metabolites between ncxC26 under
   isocaloric feeding (ICa) and ncxC26 ad libitum (AL), under <sup>13</sup>C-glucose infusion.
- 1193 (C) Labeling of alanine in tissues under <sup>13</sup>C-glucose infusion. no symbol: not
- significant, \*FDR < 0.05, \*\* FDR < 0.01, \*\* FDR < 0.001 between groups by two-tailed
- 1195 t-test with multiple corrections.
- (D) Principal component analysis (PCA) of labeled metabolites under <sup>13</sup>C-glucose
  infusion in tissues of cxC26 and ncxC26 mice. Statistical test for differences between
  cxC26 and ncxC26 groups was performed for each tissue, with the symbol (#) on a
  PCA plot indicating significance for that tissue (FDR < 0.01, MANOVA) and no symbol</li>
  indicating no difference.
- All data was obtained for mice at day 12 post tumor implantation. Data are shown as mean ± s.d. (n= 8-11)



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# Figure S7. Labeling of tissue TCA cycle in KL and KP lung cancer cachexia models under <sup>13</sup>C-glucose infusion.

- 1208 (A) Normalized labeling of malate in tissues of cachectic KL mice and non-tumor
- 1209 bearing (NTB) mice under <sup>13</sup>C-glucose infusion. (n= 4-10)
- 1210 (B) Normalized labeling of malate in tissues of cachectic KP mice and NTB mice under
- 1211 <sup>13</sup>C-glucose infusion. (n= 8)
- 1212 Data are shown as mean ± s.d. no symbol: not-significant, \*P < 0.05, \*\* P < 0.01, \*\*\*
- 1213 P < 0.001 between groups by two-tailed t-test.



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# 1222 Figure S8. Tissue glucose uptake flux in cachectic and non-cachectic mice.

- 1223 (A) Uptake of <sup>14</sup>C-2-Deoxy-D-glucose radioactivity by a milligram of tissues.
- 1224 (B) Calculated glucose uptake flux by tissues of cxC26 and ncxC26 under isocaloric
- 1225 feeding (ICa) and ad libitum (AL), at day 12 post tumor implantation.
- 1226 Data are shown as mean ± s.d. no symbol: not significant, \*P < 0.05, \*\* P < 0.01, \*\*\*
- 1227 P < 0.001 between groups by two-tailed t-test. (n= 5-6)



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# Figure S9. Labeling of tissue metabolites in cachectic and non-cachectic mice under <sup>13</sup>C-lactate infusion.

- 1234 (A) Principal component analysis (PCA) of labeled metabolites in tissues of cxC26 and
- 1235 ncxC26 mice under <sup>13</sup>C-lactate infusion. Statistical test for differences between cxC26
- 1236 and ncxC26 groups was performed for each tissue, with the symbol (#) on a PCA plot
- 1237 indicating significance for that tissue (FDR < 0.01, MANOVA) and no symbol indicating
- 1238 no difference.
- (B) Volcano plot of differential labeling of metabolites in tissues of cxC26 and ncxC26
   mice under <sup>13</sup>C-lactate infusion.
- All data was obtained for mice at day 12 post tumor implantation under isocaloric feeding (ICa). Data are shown as mean  $\pm$  s.d. (n= 6-13)



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# Figure S10. Labeling of metabolites in tissues of cachectic and non-cachectic mice under <sup>13</sup>C-glutamine or <sup>13</sup>C-alanine infusion.

- 1249 (A) Principal component analysis (PCA) of labeled metabolites in tissues of cxC26 and
- 1250 ncxC26 mice under <sup>13</sup>C-glutamine infusion.
- 1251 (B) Volcano plot of differential labeling of metabolites under <sup>13</sup>C-glutamine infusion in
- 1252 tissues of cxC26 and ncxC26 mice.
- 1253 (C) Principal component analysis (PCA) of labeled metabolites under <sup>13</sup>C-alanine
- 1254 infusion in tissues of cxC26 and ncxC26 mice.
- (D) Volcano plot of differential labeling of metabolites under <sup>13</sup>C-alanine infusion in
   tissues of cxC26 and ncxC26 mice.
- 1257 (A and C) Statistical test for differences between cxC26 and ncxC26 groups was
- 1258 performed for each tissue, with the symbol (#) on a PCA plot indicating significance
- 1259 for that tissue (FDR < 0.01, MANOVA) and no symbol indicating no difference.
- 1260 All data was obtained for mice at day 12 post tumor implantation under isocaloric 1261 feeding (ICa). (n= 5-6)



# 1268 Figure S11. Circulating insulin was reduced to the same levels in cachectic mice

# 1269 and non-cachectic mice under isocaloric feeding.

- 1270 Relative circulating insulin levels in cxC26 and ncxC26 mice under isocaloric feeding
- 1271 (ICa), and ncxC26 mice ad libitum (AL), at day 12 post tumor implantation.
- 1272 Data are shown as mean ± s.d. Significance of the differences: ns: not significant, \*P
- 1273 < 0.05, \*\* P < 0.01, \*\*\* P < 0.001, between groups by one-way ANOVA. (n= 5-7)

