

# Protein evolvability under rewired genetic codes

Hana Rozhoňová<sup>1,2</sup>, Carlos Martí-Gómez<sup>3</sup>, David M. McCandlish<sup>3</sup>, and Joshua L. Payne<sup>1,2,\*</sup>

<sup>1</sup>Institute of Integrative Biology, ETH Zürich, Zürich, Switzerland

<sup>2</sup>Swiss Institute of Bioinformatics, Lausanne, Switzerland

<sup>3</sup>Simons Center for Quantitative Biology, Cold Spring Harbor Laboratory, Cold Spring Harbor, NY, USA

\*Corresponding author: [joshua.payne@env.ethz.ch](mailto:joshua.payne@env.ethz.ch)

## Abstract

The standard genetic code defines the rules of translation for nearly every life form on Earth. It also determines the amino acid changes accessible via single-nucleotide mutations, thus influencing protein evolvability — the ability of mutation to bring forth adaptive variation in protein function. One of the most striking features of the standard genetic code is its robustness to mutation, yet it remains an open question whether this robustness facilitates or frustrates protein evolvability. To answer this question, we use data from massively-parallel sequence-to-function assays to construct and analyze empirical adaptive landscapes under hundreds of thousands of rewired genetic codes, including those of codon compression schemes relevant to protein engineering and synthetic biology. We find that robust genetic codes tend to enhance protein evolvability by rendering smooth adaptive landscapes with few peaks, which are readily accessible from throughout sequence space. By constructing low-dimensional visualizations of these landscapes, which each comprise more than 16 million mRNA sequences, we demonstrate that alternative genetic codes can radically alter the topological features of the network of high-fitness genotypes. Whereas the genetic codes that optimize evolvability depend to some extent on the detailed relationship between amino acid sequence and protein function, we also uncover general design principles for engineering non-standard genetic codes for enhanced and diminished evolvability, which may facilitate directed protein evolution experiments and the biocontainment of synthetic organisms, respectively. Our findings demonstrate that the standard genetic code, a critical and near-universal cellular information processing system, not only mitigates replication and translation errors as compared to most alternative genetic codes, but also facilitates predictable and directional adaptive evolution by enabling evolving populations to readily find mutational paths to adaptation.

## 1 Introduction

Proteins are the workhorses of the cell. They are the building blocks of cellular infrastructure, they transport molecules, regulate gene expression, and catalyze essential biochemical reactions. How do such protein functions evolve? The classic metaphor of the adaptive landscape is helpful to conceptualize this process (Wright, 1932).

32 An adaptive landscape is a mapping from genotype space onto fitness or some related quantitative phenotype,  
33 which defines the “elevation” of each coordinate in this space. For proteins, genotype space comprises the set of all  
34 possible amino acid sequences of a given length (Maynard Smith, 1970) and the quantitative phenotypes of these  
35 sequences include catalytic activity, folding stability, and binding affinity. The evolution of protein function can  
36 then be viewed as a hill-climbing process in such a landscape, in which mutation and natural selection tend to drive  
37 evolving populations toward adaptive peaks of improved functionality (Romero and Arnold, 2009).

38 Central to this process is evolvability — the ability of mutation to bring forth adaptive phenotypic variation  
39 (Payne and Wagner, 2019; Pigliucci, 2008). For short-term, one-step adaptation, evolvability depends on the  
40 immediate mutational neighborhood of a protein sequence (Fig. 1A). That is, it depends on the amount of adaptive  
41 phenotypic variation accessible via point mutation. For longer-term, multi-step adaptation, evolvability depends  
42 on the topography of the adaptive landscape. A smooth single-peaked landscape facilitates evolvability, because  
43 mutation can easily bring forth adaptive phenotypic variation from anywhere in the landscape, except atop the  
44 global peak; in contrast, a rugged landscape diminishes evolvability, because its adaptive valleys often preclude  
45 the generation of adaptive phenotypic variation (Kauffman and Levin, 1987; de Visser and Krug, 2014; Payne and  
46 Wagner, 2019) (Fig. 1B). Landscape ruggedness also influences the predictability of evolution: while in a smooth  
47 single-peaked landscape, an evolving population will converge on the global peak regardless of its starting point, in  
48 a rugged, multi-peaked landscape, the population may become trapped on any one of the landscape’s local peaks,  
49 depending on starting conditions and the order in which adaptive mutations go to fixation (de Visser and Krug,  
50 2014; Starr et al., 2017; Papkou et al., 2023).

51 What determines whether a protein’s adaptive landscape is smooth or rugged? One primary factor is the  
52 standard genetic code, which defines the rules of protein synthesis for nearly every life form on Earth (Knight et al.,  
53 2001). The importance of the standard genetic code arises because it determines which amino acid changes are  
54 accessible via alteration of a single nucleotide. For example, point mutations to the CUG codon can change the  
55 amino acid leucine to methionine (AUG), valine (GUG), proline (CCG), glutamine (CAG), and arginine (CGG),  
56 but not to any other of the remaining 14 amino acids. The standard genetic code thus defines the wiring diagram of  
57 protein space (Maynard Smith, 1970), determining which mutational paths to adaptation are closed or open (Fig.  
58 1C).

59 The structure, history, and evolutionary implications of the standard genetic code have fascinated scientists for  
60 decades (Woese, 1965; Crick, 1968; Knight et al., 1999; Koonin and Novozhilov, 2009, 2017). Given the nearly  
61 infinite space of alternatives, why did life converge on the standard genetic code? What makes it so special?  
62 Answers to this question are typically based on comparisons of the properties of the standard genetic code to those  
63 of hypothetical, alternative codes (Haig and Hurst, 1991; Freeland and Hurst, 1998), of which there are many  
64 (Freeland et al., 2003). Even if one maintains the degeneracy of the standard code, but simply randomizes which  
65 amino acids are assigned to which codon blocks, there are  $20! \approx 10^{18}$  possible rewirings. By sampling a large

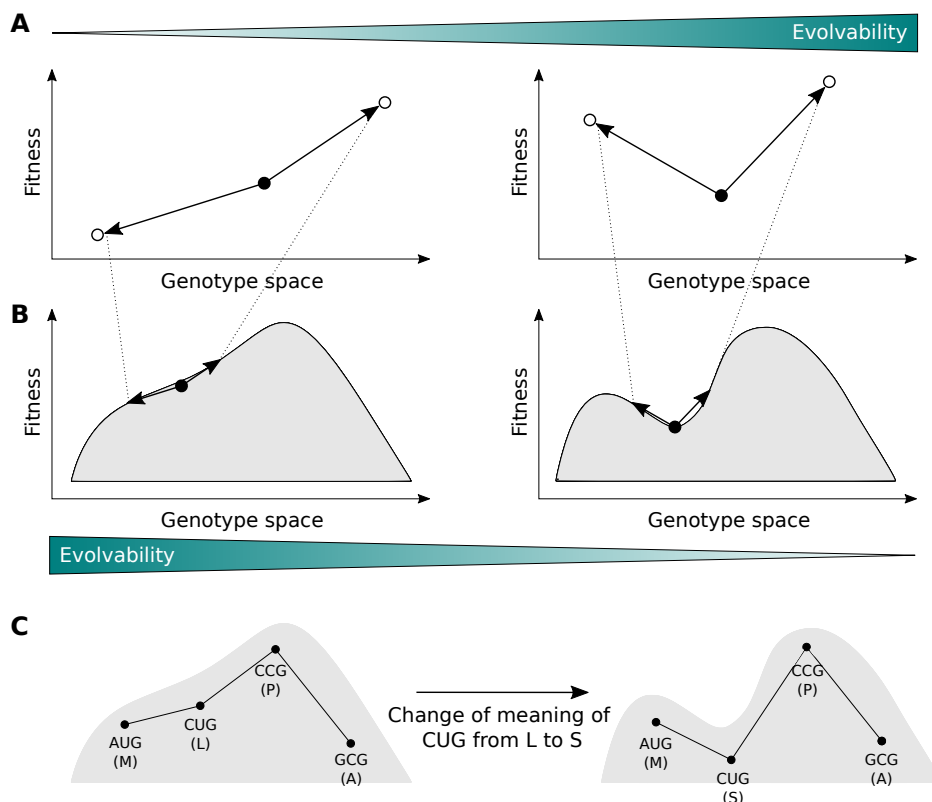


Figure 1: Evolvability and adaptive landscapes. (A) In one-step adaptation, evolvability depends on the amount of adaptive phenotypic variation accessible via point mutation. Therefore, the genotype shown with a filled circle in the right panel is more evolvable than the one shown in the left panel. (B) Zooming out and considering multi-step adaptation, landscape topography becomes important. Smoother landscapes promote evolvability (left panel), whereas rugged landscapes hinder evolvability (right panel), because an evolving population is more likely to be trapped on a local optimum. (C) Landscape topography is influenced by the genetic code. As a toy model, a sequence consisting of a single codon is shown. Under the standard genetic code, there is a single peak, which is also a global optimum (left panel). If the meaning of the CUG codon is changed from leucine to serine (as is the case in some yeast species (Krassowski et al., 2018)), an adaptive valley is formed (right panel). The population now cannot leave the local optimum consisting of the AUG codon without crossing a maladaptive valley.

66 number of such rewired codes, one can ask whether a given quantitative property of the standard genetic code has a  
67 value higher or lower than expected by chance. For example, using a measure of so-called “error tolerance” based on  
68 how well point mutations preserve polar requirement (a measure of hydrophilicity), and taking into consideration  
69 mutation bias toward transitions relative to transversions, Freeland and Hurst (1998) showed that only one in a  
70 million rewired codes preserves the hydrophilicity of amino acids to a greater extent than the standard genetic code.  
71 The standard genetic code is thus highly robust to error, in that point mutations and translation errors tend to  
72 cause minor changes to the physicochemical properties of amino acids.

73 What are the implications of code robustness for protein evolvability? By definition, a robust genetic code limits  
74 the amount of phenotypic variation that point mutations can cause (e.g., in terms of amino acid hydrophilicity).  
75 However, opinions differ on whether this hinders or facilitates evolvability. Inspired by Fisher’s Geometric model  
76 (Fisher, 1930), early theoretical work argues that code robustness may facilitate protein evolvability exactly because  
77 it minimizes the effects of mutations, thus increasing the probability that mutations will be adaptive (Freeland,  
78 2002). Indeed, by analyzing the fitness effects of point mutations to the antibiotic resistance gene TEM-1  $\beta$ -  
79 lactamase and two influenza hemagglutinin inhibitor genes, it has been shown that missense mutations are enriched  
80 for adaptive amino acid changes, relative to amino acid changes that require multiple point mutations (Firnberg and  
81 Ostermeier, 2013; Firnberg et al., 2014). In contrast, more recent theoretical work (Pines et al., 2017), motivated  
82 by advances in synthetic biology (Ostrov et al., 2016; de la Torre and Chin, 2021; Zürcher et al., 2022; Fredens  
83 et al., 2019; Chin, 2014; Liu and Schultz, 2010), argues that protein evolvability can be enhanced by reducing code  
84 robustness, because by doing so one can increase the number and diversity of amino acids accessible via point  
85 mutation to any codon.

86 Whether code robustness hinders or facilitates protein evolvability therefore remains an open question. In  
87 answering this question, we are faced with both conceptual and scientific challenges. Conceptually, the challenge  
88 pertains to the timescale of adaptation. If the timescale is short, for example where adaptation proceeds via a  
89 single mutation, then reducing code robustness likely enhances protein evolvability, because it increases the number  
90 and diversity of amino acids in the mutational neighborhood of any codon (Pines et al., 2017). Over longer  
91 evolutionary timescales, where adaptation proceeds via a sequence of mutations, protein evolvability depends on  
92 adaptive landscape topography, leading us to the scientific challenge of constructing realistic adaptive landscapes  
93 under the standard genetic code, as well as under a large number of rewired codes.

94 Some steps in this direction have been taken (Firnberg and Ostermeier, 2013; Firnberg et al., 2014; Tripathi  
95 and Deem, 2018; Zhu and Freeland, 2006; Aita et al., 2000), but these studies suffer from at least one of two key  
96 limitations. The first is a focus on how missense mutations change the physicochemical properties of amino acids  
97 (Zhu and Freeland, 2006; Haig and Hurst, 1991; Freeland and Hurst, 1998), rather than how missense mutations  
98 change the phenotype of a protein (e.g., its stability or catalytic activity) or the corresponding fitness of an organism.  
99 This is a major limitation because it is not currently possible to predict the phenotypic effects of missense mutations

100 based on the amino acid changes they cause (Yampolsky and Stoltzfus, 2005). The second limitation is a lack of  
101 suitable data, with studies relying on a purely theoretical model of landscape topography (Zhu and Freeland, 2006), a  
102 categorical, rather than quantitative, protein phenotype (Tripathi and Deem, 2018), an incomplete fitness landscape  
103 (Firnberg and Ostermeier, 2013), or assumptions of additivity regarding the combined effects of mutations (Aita  
104 et al., 2000). These are major limitations because categorical phenotypes (e.g., the protein binds a ligand or not) do  
105 not provide quantitative information about phenotypic variation and are therefore not amenable to landscape-based  
106 analyses, and because key assumptions of theoretical models of landscape topography, particularly additivity, are  
107 commonly violated (Wu et al., 2016; de Visser and Krug, 2014; Weinreich et al., 2006). We therefore do not know  
108 how the structure of a genetic code, standard or otherwise, influences the evolvability of proteins beyond one-step  
109 adaptation. This is an important knowledge gap, because protein evolution often proceeds via a sequence of adaptive  
110 mutations that improve protein function, as evidenced by comparisons of orthologous sequences (Karageorgi et al.,  
111 2019; Natarajan et al., 2018) and directed protein evolution experiments (Fasan et al., 2008; Goldsmith and Tawfik,  
112 2017). Moreover, given the increasing interest in engineering non-standard genetic codes (Ostrov et al., 2016; de la  
113 Torre and Chin, 2021; Zürcher et al., 2022; Fredens et al., 2019; Chin, 2014; Liu and Schultz, 2010), it is desirable to  
114 deduce design principles for engineering genetic codes with reduced or enhanced evolvability, as these might be used  
115 to form a ‘genetic firewall’ (Calles et al., 2019) or accelerate directed evolution (Pines et al., 2017), respectively.

116 Here, we overcome the limitations of prior studies using experimental data from massively-parallel sequence-  
117 to-function assays (Kinney and McCandlish, 2019). In particular, we use combinatorially complete data, which  
118 provide a quantitative characterization of protein phenotype for all possible combinations of  $20^L$  amino acid sequence  
119 variants at a small number  $L$  of protein sites (Wu et al., 2016; Lite et al., 2020; Hartman et al., 2019). These data  
120 facilitate the construction of complete adaptive landscapes without assumptions regarding the combined effects of  
121 individual mutations (e.g., additivity). Importantly, the combinatorially complete nature of these data allow us to  
122 construct such landscapes under arbitrary genetic codes. The reason is that, no matter which code we use, we  
123 are guaranteed that each of the  $4^{3L}$  possible mRNA sequences can be computationally translated into an amino  
124 acid sequence with an experimentally assayed phenotype. We stress that this is not the case for other sources of  
125 data, such as from experiments that assay all possible  $2^L$  combinations of wildtype and mutant alleles at  $L$  sites  
126 (Weinreich et al., 2006), all possible combinations of fewer than 20 amino acids at  $L$  sites (Jacquier et al., 2013;  
127 Pokusaeva et al., 2019; Bank et al., 2016), or deep mutational scanning experiments that assay all  $19L$  possible  
128 single-amino acid changes to a wild-type sequence of length  $L$  (Kinney and McCandlish, 2019; de Visser and Krug,  
129 2014).

130 Leveraging the availability of these combinatorially complete data sets, here we characterize the topographies  
131 of three empirical adaptive landscapes under the standard genetic code, as well as under hundreds of thousands of  
132 rewired codes, and perform population-genetic simulations on these landscapes. We show that robust genetic codes,  
133 i.e. genetic codes that tend to preserve physicochemical properties of amino acids, tend to produce smooth adaptive

134 landscapes with few peaks and, consequently, allow evolving populations to reach on average higher fitness. We also  
135 show that under robust genetic codes, the set of high-fitness sequences is more densely connected than under less  
136 robust codes. Thus, the robustness of a genetic code not only helps to mitigate the potentially deleterious effects of  
137 replication and translation errors, but it also transforms the problem of molecular evolution from one that depends  
138 on the vicissitudes of individual mutations into one where evolving populations can readily find mutational paths  
139 toward adaptation.

## 140 2 Results

### 141 2.1 Data

142 We construct empirical adaptive landscapes using three combinatorially complete data sets for two proteins. The  
143 first protein is GB1, a Streptococcal protein that binds immunoglobulin (Sjöbring et al., 1991; Sauer-Eriksson et al.,  
144 1995). Wu et al. (2016) experimentally assayed the binding affinity of GB1 to immunoglobulin for all  $20^4 = 160,000$   
145 amino acid sequences at four protein sites (V39, D40, G41, and V54; Supp. Fig. S1), which are known to interact  
146 epistatically and influence binding affinity (Olson et al., 2014). In particular, they measured the relative frequencies  
147 of sequence variants before and after selection for binding immunoglobulin. Binding affinities are then defined as  
148 log enrichment ratios (Methods). The second protein is ParD3, a bacterial antitoxin that is part of the ParD-ParE  
149 family of toxin-antitoxin systems, which are commonly found on bacterial plasmids and chromosomes (Fraikin et al.,  
150 2020). Such systems comprise a toxin that inhibits cell growth unless bound and inhibited by the cognate antitoxin.  
151 Lite et al. (2020) experimentally assayed bacterial cell growth for all  $20^3 = 8,000$  amino acid sequence variants at  
152 3 sites in ParD3 (D61, K64, E80; Supp. Fig. S1), in the presence of its cognate toxin ParE3, as well as a related,  
153 but non-cognate toxin ParE2. This resulted in two datasets, one per toxin, in which cell growth was used as a  
154 quantitative readout of the degree to which individual ParD3 variants antagonize a given toxin.

155 Following the protein evolution literature (Wu et al., 2016; Tokuriki and Tawfik, 2009; Romero and Arnold,  
156 2009), we assume that fitness is directly proportional to the binding affinity (GB1) or growth rate (ParD3), and will  
157 use the term ‘fitness’ generically for both landscapes from now on. Using the raw measurements described above  
158 (binding affinities and cell growth), we inferred the fitness values, as well as imputed the missing sequence variants  
159 (6.6% of the GB1 data set) using empirical variance component regression (Zhou et al., 2022) (Methods and Supp.  
160 Fig. S2).

161 For each of the three data sets, we constructed adaptive landscapes using the standard genetic code, as well as  
162 hundreds of thousands of rewired codes. Specifically, we represented each mRNA sequence of length 12 (GB1) or 9  
163 (ParD-ParE2 and ParD-ParE3), respectively, as a vertex in a mutational network and connected vertices with an  
164 edge if their corresponding sequences differed by a single point mutation (Wagner, 2009) (Methods). We labeled  
165 each vertex with the fitness of its corresponding translation under a given genetic code, thus defining the “elevation”

166 of each coordinate in genotype space.

167 At the amino acid level (i.e., assuming no genetic code), the resulting landscapes differ significantly in their  
168 ruggedness: Whereas the GB1 landscape is fairly rugged (an additive model explains only 52.6% of the variance  
169 in the fitness values; Methods), the ParE2 and ParE3 landscapes are nearly additive (an additive model explains  
170 84.5% and 86.0% of the variance, respectively; Methods).

## 171 **2.2 More robust codes cause smoother adaptive landscapes**

172 How does the robustness of a genetic code influence adaptive landscape topography? To answer this question,  
173 we generated 100,000 rewired genetic codes by amino acid permutation, a rewiring scheme that preserves the  
174 synonymous codon block structure of the standard genetic code, but randomly permutes the 20 amino acids amongst  
175 these blocks (Haig and Hurst, 1991; Freeland and Hurst, 1998). We quantified the robustness of each code as the  
176 proportion of point mutations that do not change the physicochemical properties of amino acids, using the properties  
177 defined in Pines et al. (2017) (Supp. Fig. S3; Methods). According to this measure, the robustness of the standard  
178 genetic code is 0.385, meaning that 38.5% of point mutations do not change the physicochemical properties of amino  
179 acids. In comparison, the range of code robustness for the 100,000 rewired codes is between 0.257 and 0.462, with  
180 a median of 0.336, such that 5.48% of these codes exhibit robustness greater than or equal to the standard code.  
181 Therefore, when defining robustness in terms of multiple amino acid properties, the standard genetic code is highly  
182 robust, but not surprisingly so, an observation that has been made previously (Haig and Hurst, 1991) and to which  
183 we return later.

184 To study the relationship between code robustness and adaptive landscape topography, we constructed an  
185 adaptive landscape using each of the 100,000 rewired genetic codes, for each of the three combinatorially complete  
186 data sets, and characterized the topographies of these landscapes using three measures of landscape ruggedness  
187 (Aguilar-Rodríguez et al., 2017): the number of adaptive peaks, the prevalence of various types of epistasis, and  
188 the proportion of accessible mutational paths to the global peak (Methods). Below, we focus our analyses on the  
189 GB1 data, and report analogous results for the ParD data in Supp. Tab. S1.

### 190 **2.2.1 Adaptive peaks**

191 The number of adaptive peaks is a straightforward measure of landscape ruggedness, and thus of evolvability. The  
192 more local peaks a landscape has, the more likely an evolving population is to become trapped on one of these  
193 peaks, thus precluding the generation of further adaptive phenotypic variation. Under the standard genetic code,  
194 the GB1 landscape comprises 115 adaptive peaks, whereas under the 100,000 rewired codes, the number of adaptive  
195 peaks ranges from 97 to 478, with a median of 231. We note that Wu et al. (2016) reported the GB1 landscape to  
196 contain only 30 peaks in their analyses that did not consider the genetic code.

197 Fig. 2A shows the number of adaptive peaks in relation to code robustness, revealing that more robust genetic

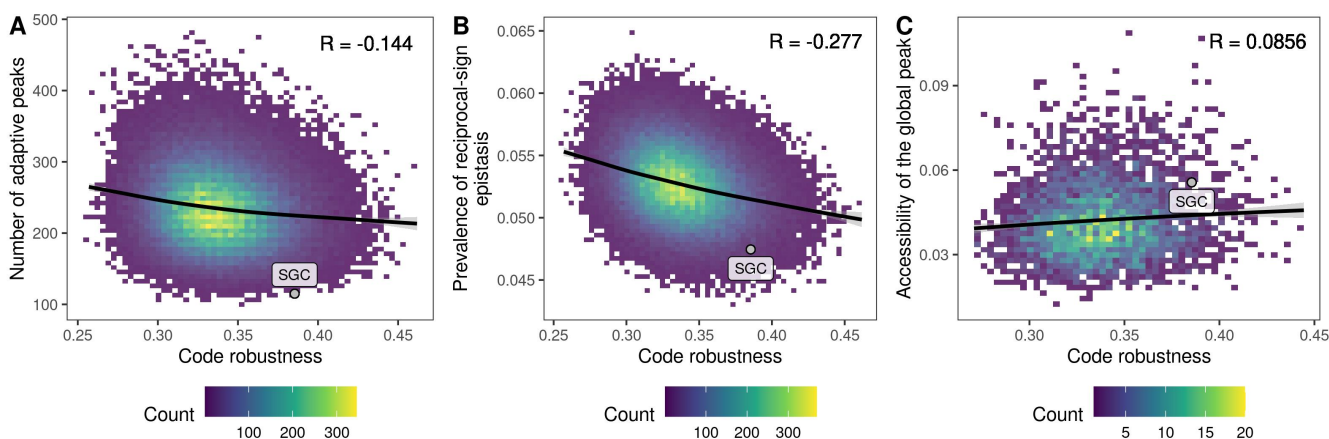


Figure 2: More robust codes result in smoother adaptive landscapes. Three measures of landscape ruggedness are shown in relation to code robustness, defined as the proportion of point mutations that do not change the physicochemical properties of amino acids. (A) The number of adaptive peaks, (B) the prevalence of reciprocal sign epistasis, and (C) the proportion of mutational paths to the global peak that are accessible. Panel (C) shows only genetic codes that preserve the size of the global peak relative to the standard genetic code and in which none of the amino acids contained in the global peak (WWLA) are encoded by the split codon block ( $n = 3,769$ ). In each panel, the labeled point denotes the standard genetic code. All results pertain to the GB1 landscape. Analogous results for the ParD landscapes can be found in Supp. Tab. S1.

198 codes tend to produce adaptive landscapes with fewer peaks than less robust codes (Pearson's correlation  $R =$   
199  $-0.144$ ,  $p < 2.2 \cdot 10^{-16}$ , GB1;  $R = -0.119$ ,  $p < 2.2 \cdot 10^{-16}$ , ParD-ParE2;  $R = -0.035$ ,  $p < 2.2 \cdot 10^{-16}$ , ParD-  
200 ParE3). However, these trends are relatively weak, such that for any level of code robustness, there is considerable  
201 variation in the number of peaks. For example, for the 5.48% of codes with robustness greater than or equal to the  
202 standard code, the number of peaks ranges from 115 to 403. Strikingly, among all 100,000 codes, only 0.037% of the  
203 corresponding landscapes have less than or equal the number of peaks in the landscape produced by the standard  
204 code. The GB1 landscape is therefore exceptionally smooth under the standard genetic code. This, however, is  
205 not true for the ParD-ParE2 and ParD-ParE3 landscapes, where the number of peaks in the landscape under the  
206 standard genetic code lies in the 0.326 and 0.570 quantile, respectively (Supp. Tab. S2). This highlights that the  
207 influence of a genetic code on protein evolvability can be protein-specific.

## 208 2.2.2 Epistasis

209 Epistasis, where a mutation's effect depends on the genetic background in which it occurs, is a cause of landscape  
210 ruggedness (Weinreich et al., 2005; Poelwijk et al., 2007). It can be classified into three types — magnitude, simple  
211 sign, and reciprocal sign (Weinreich et al., 2005) (Methods). Reciprocal sign epistasis occurs when two mutations  
212 each have a positive (negative) effect on fitness, but each mutation has negative (positive) effect when introduced  
213 in the background of the other mutation. That is, the sign of each mutation's effect flips when introduced in  
214 the presence of the other mutation. Reciprocal sign epistasis forms local valleys in an adaptive landscape, which  
215 preclude the generation of at least some adaptive phenotypic variation, thus decreasing evolvability. To measure



216 the prevalence of these three types of pairwise epistasis, we randomly sample a large number of squares in each  
217 adaptive landscape's underlying mutational network, each of which contains an mRNA sequence variant, two of  
218 its single-mutant neighbors, and a double mutant that can be constructed from the single mutants. Based on the  
219 fitness values of these four sequences, we classify the square as exhibiting magnitude, simple sign, or reciprocal sign  
220 epistasis (Methods).

221 Because more robust codes tend to produce adaptive landscapes with fewer adaptive peaks (Fig. 2A), we expect  
222 landscapes produced under more robust codes to exhibit less reciprocal sign epistasis than landscapes produced  
223 under less robust codes. Fig. 2B confirms this expectation, showing a negative correlation between reciprocal  
224 sign epistasis and code robustness ( $R = -0.277$ ,  $p < 2.2 \cdot 10^{-16}$ , GB1;  $R = -0.262$ ,  $p < 2.2 \cdot 10^{-16}$ , ParD-  
225 ParE2;  $R = -0.191$ ,  $p < 2.2 \cdot 10^{-16}$ , ParD-ParE3). Similarly, simple sign epistasis, which contributes to landscape  
226 ruggedness to a lesser extent than reciprocal sign epistasis, because it involves only a single sign flip, also exhibits  
227 a negative correlation with code robustness (Supp. Tab. S1). However, these two forms of epistasis characterize  
228 only a minority of squares in the GB1 landscape, ranging in prevalence from 18.8% to 20.9% for the 1% least  
229 robust codes, to 18.0% to 20.5% for the 1% most robust codes. The remaining majority of squares exhibit either  
230 no epistasis or magnitude epistasis (Methods; Supp. Tab. S1). Thus, sign epistatic interactions are relatively rare  
231 in the GB1 landscape, and their prevalence is further reduced by increasing code robustness. Robust genetic codes  
232 therefore diminish the kinds of epistatic interactions that cause landscape ruggedness.

### 233 2.2.3 Global peak accessibility

234 One consequence of landscape ruggedness is that the global adaptive peak may be less accessible to an evolving  
235 population, which may instead follow mutational paths to local adaptive peaks. We therefore expect that the global  
236 adaptive peaks of landscapes produced under more robust codes will be more accessible than those of landscapes  
237 produced under less robust codes. To test this, we quantified the mutational accessibility of the global peak of each  
238 landscape by calculating the probability that a randomly chosen, direct mutational path that starts at a randomly  
239 chosen mRNA sequence and ends at the global peak is accessible, meaning that fitness increases monotonically along  
240 the path (Aguilar-Rodríguez et al., 2017; Weinreich et al., 2006; Franke et al., 2011). In contrast to expectation, we  
241 observe that the global peaks of landscapes produced under more robust codes are only marginally more accessible  
242 than those of landscapes produced under less robust codes for the GB1 landscape ( $R = 0.0238$ ,  $p = 5.45 \cdot 10^{-14}$ ), not  
243 significantly more accessible for the ParD-ParE2 landscape ( $R = 0.0052$ ,  $p = 0.099$ ), and significantly less accessible  
244 for the ParD-ParE3 landscape ( $R = -0.151$ ,  $p < 2.2 \cdot 10^{-16}$ ).

245 We reasoned that the accessibility of the global peak might be confounded by its size: As the number of codons  
246 encoding an amino acid ranges from 1 to 6 in the amino acid permutation codes, the number of distinct mRNAs  
247 encoding the protein sequence with the highest fitness value ranges from 2 ( $= 1 \cdot 1 \cdot 2$ ; there are only two codon  
248 blocks of size 1 and in all three landscapes the global peak sequence – WWLA for GB1, ELK for ParD-ParE2, and

249 DWE for ParD-ParE3 – consists of three different amino acids) to  $6^4 = 1296$  for GB1 or  $6^3 = 216$  for ParD-ParE2  
250 and ParD-ParE3 (there are three codon blocks of size 6, hence all three amino acids contained in the global peak  
251 sequence may be encoded by a 6-codon block). Indeed, we observe that the mutational accessibility of the global  
252 peak is strongly correlated with its size ( $R = 0.801$ ,  $p < 2.2 \cdot 10^{-16}$ , GB1;  $R = 0.710$ ,  $p < 2.2 \cdot 10^{-16}$ , ParD-ParE2;  
253  $R = 0.810$ ,  $p < 2.2 \cdot 10^{-16}$ , ParD-ParE3; Supp. Fig. S4). Moreover, due to the fact that one of the synonymous  
254 codon blocks is split (UCN and AGY, with N denoting any nucleotide and Y denoting U or C; encoding serine  
255 in the standard genetic code), there might be several disconnected regions of the landscape encoding the protein  
256 sequence with the highest fitness value. When this is the case, the mutational accessibility of the global peak is  
257 significantly higher compared to codes where the global peak comprises a single connected region in genotype space  
258 (mutational accessibility 0.086 vs. 0.055,  $p < 2.2 \cdot 10^{-16}$ , GB1; 0.264 vs. 0.200,  $p < 2.2 \cdot 10^{-16}$ , ParD-ParE2; 0.180  
259 vs. 0.131,  $p < 2.2 \cdot 10^{-16}$ , ParD-ParE3; Supp. Fig. S5). In order to make the landscapes more comparable, we  
260 restricted our analysis to only those landscapes in which the size of the global peak, in terms of number of mRNAs  
261 encoding the corresponding protein sequence, is the same as in the standard genetic code and, moreover, none of  
262 the amino acids contained in the global peak sequence are encoded by the split codon block. There were 3,769 such  
263 landscapes for GB1, 12,059 for ParD-ParE2, and 6,781 for ParD-ParE3. In this subset of landscapes, we observe  
264 the expected positive correlation between code robustness and accessibility of the global peak for the GB1 and  
265 ParD-ParE2 landscapes ( $R = 0.086$ ,  $p = 1.43 \cdot 10^{-7}$ , GB1;  $R = 0.0920$ ,  $p < 2.2 \cdot 10^{-16}$ , ParD-ParE2) (Fig. 2C) and  
266 a weak negative relationship between the two quantities for the ParE3 landscape ( $R = -0.085$ ,  $p = 3.01 \cdot 10^{-12}$ ).

267 While statistically significant, the strength of the correlation between code robustness and global peak acces-  
268 sibility is weak and the magnitude of the effect is not large (mean global peak accessibility 0.055 vs. 0.058 for  
269 the 1% least and most robust codes, respectively; Fig. 2C). Given the low prevalence of sign epistatic interactions  
270 in the landscapes generated under even the least robust genetic codes, we reasoned that the range of landscape  
271 ruggedness observed in our data may simply be too small to observe a strong positive correlation between global  
272 peak accessibility and code robustness. We therefore artificially inflated the ruggedness of the GB1 landscape under  
273 the standard genetic code by separately increasing the number of local peaks and the prevalence of reciprocal sign  
274 epistasis (Methods), producing landscapes that ranged in their number of local peaks from 115 to 3,356 and in their  
275 prevalence of reciprocal sign epistasis from 0.047 to 0.130. With these landscapes, we observed a strong correlation  
276 between global peak accessibility and the two measures of landscape ruggedness ( $R = -0.893$ ,  $p < 2.2 \cdot 10^{-16}$ , num-  
277 ber of peaks vs. mutational accessibility of the global peak;  $R = -0.987$ ,  $p < 2.2 \cdot 10^{-16}$ , prevalence of reciprocal-sign  
278 epistasis vs. mutational accessibility of the global peak; Supp. Fig. S6). Moreover, we observe that the moderate  
279 effect size is consistent with the range of reciprocal-sign epistasis prevalence in the amino acid permutation codes  
280 (Supp. Fig. S6B) and that the expected effect size based on the range in the number of peaks would be even lower  
281 (Supp. Fig. S6A). In sum, the mutational accessibility of the global peak is strongly influenced by the number  
282 of its constituent mRNA sequences and whether they occupy disjoint regions of genotype space, and only weakly

283 influenced by code robustness, due to the limited range of landscape ruggedness produced by the 100,000 amino  
284 acid permutation codes.

#### 285 **2.2.4 Random codon assignment codes**

286 So far, we have computationally rewired the genetic code using amino acid permutation, which is only one of many  
287 possible rewiring schemes (Caporaso et al., 2005; Wichmann and Ardern, 2019; Rozhoňová and Payne, 2021). To test  
288 the sensitivity of our results to choice of rewiring scheme, we repeated the analyses above for 100,000 genetic codes  
289 generated by randomly assigning an amino acid meaning to each of the 61 sense codons, ensuring that each of the 20  
290 amino acids is assigned at least one codon (Caporaso et al., 2005; Rozhoňová and Payne, 2021; Tripathi and Deem,  
291 2018). We refer to these as ‘random codon assignment’ codes. These differ from the codes generated using amino  
292 acid permutation by lacking the synonymous codon block structure of the standard genetic code. Consequently,  
293 their average robustness is much lower than that of the amino acid permutation codes ( $p < 2.2 \cdot 10^{-16}$ , Welch two  
294 sample t-test; Supp. Fig. S7). Consistent with our previous observations (Fig. 2), we find that increasing code  
295 robustness decreases landscape ruggedness under this alternative rewiring scheme. Specifically, more robust codes  
296 yield landscapes with fewer local peaks and a reduced prevalence of sign epistasis, as well as a marginal increase in  
297 the accessibility of the global adaptive peak (Supp. Tab. S3). Our results are thus qualitatively insensitive to this  
298 choice of rewiring scheme.

### 299 **2.3 Relevant amino acid properties are protein-specific**

300 Our measure of code robustness assigns amino acids to discrete groups based on seven key physicochemical prop-  
301 erties, such as whether the amino acids are acidic or basic (Supp. Fig. S3; Methods). However, there are hundreds  
302 of physicochemical properties that can be used to characterize amino acids. For example, the AAindex database  
303 includes 566 such properties (Kawashima et al., 1999; Kawashima and Kanehisa, 2000), which belong to four higher-  
304 level categories: “alpha and turn propensity”, “beta propensity”, “hydrophobicity”, and “other” (Tomii and Kanehisa,  
305 1996; Bartonek et al., 2020). To better understand which particular amino acid properties drive the correlation  
306 between code robustness and landscape ruggedness in our three datasets, we recomputed the robustness of each  
307 of the 100,000 amino acid permutation codes in terms of each of the 553 properties from the AAindex database  
308 that do not contain any missing values, separately (Methods), and calculated the correlation with our various mea-  
309 sures of landscape ruggedness. We determined the statistical significance of the correlations by comparison with a  
310 null distribution calculated from 1,000,000 amino acid “properties” with randomly chosen values, and corrected for  
311 testing multiple hypotheses (see Methods).

312 We observe many amino acid properties that are consistent with our previous observation that more robust codes  
313 cause smoother adaptive landscapes, and only very few that support the opposite statement (i.e., less robust codes  
314 implying smoother landscapes; Supp. Data S1-S3). For example, for the GB1 data, 169 out of the 553 properties

315 (30.6% of the tested properties) exhibit a significant negative correlation between code robustness and the number  
316 of peaks, whereas there are only 2 properties (i.e., less than 0.4% of the database) for which the opposite is true.  
317 For GB1, the statistically significant properties are enriched in beta-sheet propensity indices and, less consistently  
318 across the different landscape ruggedness measures, in alpha-helix propensity and hydrophobicity indices (Supp.  
319 Tab. S4). The importance of the preservation of hydrophobicity is consistent with V39 and V54 having buried  
320 sidechains; however, the consistent significance of beta-sheet propensity indices is somewhat surprising, as only one  
321 of the four residues is located in a beta sheet (Supp. Fig. S1). The properties that are significant for the two  
322 ParD3 landscapes, in contrast, are consistently enriched in alpha-helix propensity indices (Supp. Tab. S4), which  
323 is consistent with all three screened residues being found in alpha-helices (Supp. Fig. S1). In sum, the amino  
324 acid properties most relevant to code robustness are protein-specific, and depend on the structural and functional  
325 properties of the assayed residues in each protein. Increasing code robustness relative to these properties generally  
326 results in smoother adaptive landscapes.

## 327 **2.4 Evolutionary simulations reveal that robust genetic codes promote evolvability**

328 Our analyses suggest that code robustness promotes evolvability by producing smooth adaptive landscapes with  
329 few peaks and little sign epistasis. As a consequence, we anticipate evolving populations to obtain higher fitness,  
330 on average, when translating proteins using more robust codes than when using less robust codes. To determine if  
331 this is the case, we turn to evolutionary simulations. We studied two different models of adaptive walks: greedy  
332 adaptive walks (de Visser and Krug, 2014) and weak mutation adaptive walks (Gillespie, 1984). The greedy adaptive  
333 walks model adaptive evolution of a large population with pervasive clonal interference, such that all possible point  
334 mutations to a sequence are simultaneously present in the population, and the fittest of these variants goes to  
335 fixation. For each of the 100,000 amino acid permutation landscapes and each of the three datasets, we initialized  
336 the walks in each of the  $61^L$  possible nucleotide sequences that did not contain a stop codon ( $61^4 = 13,845,841$   
337 sequences for GB1 dataset,  $61^3 = 226,981$  sequences for the two ParD3 datasets). We terminated a walk when  
338 it reached a local or global adaptive peak, and recorded the fitness of that peak sequence (Methods). The weak  
339 mutation adaptive walks represent adaptive evolution under the regime where mutations occur so infrequently  
340 that any mutation will either go to extinction or to fixation prior to the arrival of a subsequent mutation. The  
341 probability of fixation depends on both the improvement in fitness and the population size, which controls the  
342 strength of genetic drift. For each genetic code, each landscape and each choice of one of four different population  
343 sizes, we simulated 100,000 random walks, initialized in randomly chosen sequences. In each step of the walk, a  
344 neighboring sequence was proposed and accepted with probability determined by the Moran process (Moran, 1958)  
345 (Methods). We recorded the fitness values reached after 500 proposed mutations. In the following, we focus on the  
346 greedy adaptive walks, because they are easier to analyze due to their deterministic nature and because the large  
347 population assumption is a more suitable description of directed protein evolution experiments. The weak mutation

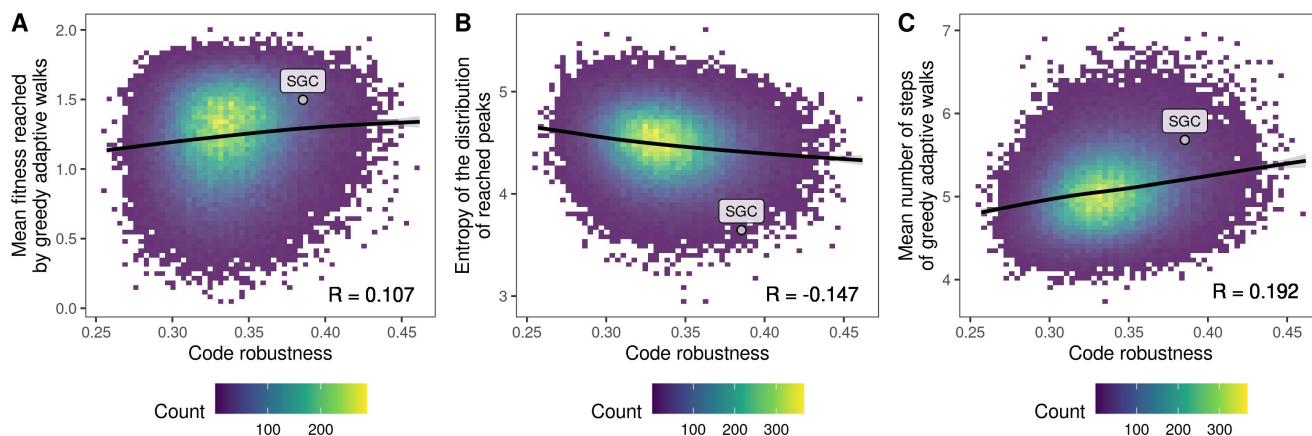


Figure 3: Robust genetic codes promote evolvability. Relationship between code robustness and results of greedy adaptive walks. The labeled point denotes the results obtained using the standard genetic code. Data pertain to GB1.

348 results are mentioned briefly at the end of this section and provided in detail in the Supplement.

349 Fig. 3A shows the average fitness reached by the greedy adaptive walks in relation to code robustness. As ex-  
 350 pected from our landscape-based analyses, evolving populations reached higher fitness, on average, when translating  
 351 proteins using more robust genetic codes for the GB1 and ParD-ParE2 landscapes ( $R = 0.107$ ,  $p < 2.2 \cdot 10^{-16}$ ,  
 352 GB1;  $R = 0.121$ ,  $p < 2.2 \cdot 10^{-16}$ , ParD-ParE2). The results for the ParD-ParE3 landscape were not statistically  
 353 significant ( $R = -0.004$ ,  $p = 0.182$ ). Similar to the analysis of accessible paths above, we reasoned that the lack of  
 354 correlation in the ParD-ParE3 data set might be caused by variation in the size of the global peak, such that larger  
 355 global peaks are easier to “find” than smaller global peaks, simply because they contain more mRNA sequences.  
 356 Indeed, we observe a positive correlation between the size of the global peak and mean fitness reached by the greedy  
 357 adaptive walks in all three data sets ( $R = 0.285$ ,  $p < 2.2 \cdot 10^{-16}$ , GB1;  $R = 0.377$ ,  $p < 2.2 \cdot 10^{-16}$ , ParD-ParE2;  
 358  $R = 0.352$ ,  $p < 2.2 \cdot 10^{-16}$ , ParD-ParE3). We thus again restricted our analysis to those genetic codes for which  
 359 the size of the global peak is the same as under the standard genetic code and occupies a single connected region in  
 360 genotype space. In this subset of codes, we consistently observe a positive correlation between code robustness and  
 361 mean fitness reached by the greedy adaptive walks ( $R = 0.130$ ,  $p = 1.199 \cdot 10^{-15}$ , GB1;  $R = 0.180$ ,  $p < 2.2 \cdot 10^{-16}$ ,  
 362 ParD-ParE2;  $R = 0.092$ ,  $p = 1.026 \cdot 10^{-12}$ , ParD-ParE3).

363 What is the cause of this correlation? To answer this question we further investigated the subsets of landscapes  
 364 that preserve the size of the global peak and in which the global peak consists of a single connected region in  
 365 genotype space. A potential explanation is that under more robust codes the probability of reaching the global  
 366 peak increases, because increasing code robustness increases global peak accessibility. This is indeed the case for  
 367 the ParD-ParE2 ( $R = 0.109$ ,  $p < 2.2 \cdot 10^{-16}$ ) and ParD-ParE3 ( $R = 0.033$ ,  $p = 0.00666$ ) landscapes. However,  
 368 the strength of the correlation is much weaker than the correlation between code robustness and mean fitness, and  
 369 for the GB1 landscape the global peak is reached less often under robust codes ( $R = -0.025$ ,  $p = 4.846 \cdot 10^{-13}$ ).

370 Indeed, even when considering only those adaptive walks that terminated on a local peak, we still observe a positive  
371 correlation between code robustness and mean fitness ( $R = 0.131$ ,  $p = 7.158 \cdot 10^{-16}$ , GB1;  $R = 0.114$ ,  $p < 2.2 \cdot 10^{-16}$ ,  
372 ParD-ParE2;  $R = 0.081$ ,  $p = 2.076 \cdot 10^{-11}$ , ParD-ParE3). This trend is not caused by the local peaks being on  
373 average higher under robust codes: in fact, in all three data sets, there is a negative correlation between code  
374 robustness and the mean height of peaks ( $R = -0.094$ ,  $p < 2.2 \cdot 10^{-16}$ , GB1;  $R = -0.136$ ,  $p < 2.2 \cdot 10^{-16}$ ,  
375 ParD-ParE2;  $R = -0.106$ ,  $p < 2.2 \cdot 10^{-16}$ , ParD-ParE3). The only possible explanation of the correlation between  
376 code robustness and mean fitness reached in adaptive walks is that under robust codes the basins of attraction of  
377 the high-fitness peaks are relatively larger compared to those of less robust codes; in other words, under robust  
378 codes the adaptive walks tend to converge on a smaller number of high-fitness peaks. Indeed, we observe that with  
379 increasing code robustness the Shannon entropy of the distribution of peaks reached by the greedy walks decreases  
380 (Fig. 3B; Methods).

381 To model the relationship between code robustness, peak height, and basin of attraction more explicitly, we  
382 fitted a linear model that, for each of the genetic codes, predicts the logarithm of the size of the basin of attraction  
383 of a peak as a linear function of its height,  $\log(\text{size of basin}) = \beta_0 + \beta_1(\text{peak height})$ . The  $\beta_1$  coefficient controls  
384 how fast the size of the basin changes with peak height; for example, using the standard genetic code and the GB1  
385 landscape, the coefficient is 0.591, meaning that if the peak height increases by 1, the size of the basin is expected  
386 to increase  $\exp(0.591) \approx 1.8$ -times. The bigger the  $\beta_1$  coefficient, the faster the basin of attraction grows with peak  
387 height and the more concentrated the ends of the adaptive walks are on the high peaks. Having computed the  $\beta_1$   
388 coefficients for all genetic codes in the subset of genetic codes that preserve the size of the global peak, we then  
389 correlated them with the corresponding robustness. As expected, we observe a positive correlation in all three data  
390 sets ( $R = 0.141$ ,  $p < 2.2 \cdot 10^{-16}$ , GB1;  $R = 0.250$ ,  $p < 2.2 \cdot 10^{-16}$ , ParD-ParE2;  $R = 0.228$ ,  $p < 2.2 \cdot 10^{-16}$ , ParD-  
391 ParE3). These analyses thus show that under robust genetic codes, evolutionary trajectories to adaptation become  
392 more predictable, in that they converge on a smaller number of adaptive peaks, and moreover, they preferentially  
393 converge on high-fitness peaks.

394 We also observe that the average length of the walks tended to be longer under robust codes (Fig. 3C; 4.89 vs.  
395 5.30 steps, on average, for the 1% least and most robust codes, respectively), revealing that the benefit of increased  
396 fitness afforded by code robustness comes at the cost of longer evolutionary trajectories to adaptation. This is in  
397 line with our observations concerning landscape ruggedness. In landscapes with many local peaks, a greedy walk is  
398 more likely to be initialized near one of these peaks, which it will likely ascend in only a small number of mutational  
399 steps. In contrast, in landscapes with few local peaks, a greedy walk is more likely to be initialized farther away  
400 from one of these peaks, thus increasing the length of the mutational path to adaptation, be it to a local or global  
401 peak.

402 We observe qualitatively the same results for the weak mutation adaptive walks (Supp. Tab. S6) and using  
403 codes constructed by random codon assignment (Supp. Tab. S7 and S8). In sum, robust genetic codes promote

404 evolvability by producing smooth adaptive landscapes in which high-fitness peaks have large basins of attraction,  
405 thus increasing the mean fitness reached by simulated populations of evolving proteins, the time to convergence,  
406 and the predictability of the evolutionary process.

## 407 **2.5 The genetic code governs the genetic architecture of long-term molecular evolu-** 408 **tion**

409 In the previous section, we studied a short-term adaptive process, in which high-fitness protein variants evolve  
410 from low-fitness variants via mutation and selection. However, once an evolving population reaches high fitness, it  
411 behaves like a random walk amongst the mutationally-interconnected set of high-fitness variants, which we refer to  
412 here as a genotype network. Like the topographical structure of a fitness landscape, the topological structure of a  
413 genotype network has a strong influence on evolvability (Wagner, 2008; Schuster et al., 1994; Lipman et al., 1991).  
414 For example, evolvability is diminished when high-fitness variants tend to be connected through long branch-like  
415 structures, because traversing these requires a large number of mutations that must occur in a specific order. In  
416 contrast, grid-like structures, in which different regions of a protein sequence may evolve independently, enhance  
417 evolvability, because such modularity limits the dependence on the order in which mutations occur.

418 To assess how different code rewirings influence genotype network topology, we apply a visualization technique  
419 that captures the dynamics of a finite population evolving on a genotype network at mutation-selection-drift bal-  
420 ance (McCandlish, 2011). Intuitively, the resulting “diffusion axes” capture the main barriers to diffusion in sequence  
421 space, and distances between sequences in this low-dimensional representation reflect the expected time to evolve  
422 from one sequence to another (Methods). Moreover, the diffusion axes have a natural ordering, such that the most  
423 important barriers to diffusion are displayed along Diffusion Axis 1, the next most important along Diffusion Axis  
424 2, etc.

425 In an earlier study, we used this technique to explore the structure of the GB1 landscape at the amino acid  
426 level (Zhou and McCandlish, 2020) and found that it consists of three main regions of high-fitness protein variants  
427 that differ primarily in the placements of a small non-polar and bulkier amino acids at positions 41 and 54. The  
428 first and largest of these regions is characterized by 41G, which is compatible with most amino acids at position  
429 54 and contains the wild-type sequence VDGV; we will refer to this as Region 1. The second region involves Gly  
430 at 54, while tolerating Thr at 54 in some contexts, together with Leu or Phe at position 41, and we will refer to  
431 this as Region 2. The final region, Region 3, is characterized by 54A, which can be paired at position 41 with Cys,  
432 Ser or Ala, and to a lesser extent Leu and Phe. At the amino acid level, we found that these different regions  
433 are mutationally interconnected through smaller sets of high fitness sequences that act as transition complexes in  
434 protein space. Specifically, 41G-54G connects Regions 1 and 2, 41G-54A connects Regions 1 and 3, and 41C-54G  
435 connects Regions 2 and 3 (Zhou and McCandlish, 2020). Here, we consider how the genetic code, standard or  
436 otherwise, reshapes the structure of these regions and restricts their mutational interconnections, focusing on the

437 standard genetic code, as well as the two most and two least robust of the amino acid permutation codes (see Supp.  
438 Fig. S8 for the corresponding codon tables).

### 439 2.5.1 Standard genetic code

440 Fig. 4A shows our visualization of the GB1 landscape under the standard genetic code. In the visualization, each  
441 vertex is an mRNA sequence and edges connect sequences that differ by a single nucleotide substitution. Fig. 4A  
442 top shows all possible mRNA sequences, while Fig. 4A bottom shows the structure of the genotype network formed  
443 by the fittest 1% of sequences, and both the top and bottom panels show an embedding based on the first three  
444 diffusion axes, which in this case are sufficient to display the major qualitative features of the genotype network.  
445 Looking down Diffusion Axis 1 (Fig. 4A, vertical axis), we see that Region 1 (characterized by 41G) is at the top  
446 of this axis whereas Region 2 (characterized by 41F or L and 54G or T) is at the bottom, indicating that under  
447 long-term purifying selection for GB1 functionality it would take an extremely long time for a population to evolve  
448 from Region 1 (which contains the wild-type sequence) to Region 2. The reason is that under the standard genetic  
449 code, neither 41F nor 41L is accessible from 41G, and so high-fitness paths from Region 1 to Region 2 instead pass  
450 through Region 3, which remains accessible from both Regions 1 and 2.

451 Besides reducing the connectivity between regions of high-fitness sequences that are accessible to each other  
452 in amino acid sequence space, different genetic codes can also restrict the connectivity within these high-fitness  
453 regions, or can even break such a region into several disconnected pieces. Under the standard genetic code, we  
454 see both of these phenomena, as Region 1 is spread along Diffusion Axis 2, with 41G-54L at one end and the  
455 connection to Region 3, 41G-54A, at the other, and Region 2 is in fact broken into two pieces (defined by 54G and  
456 54T, which are not accessible to each other under the standard genetic code) and spread along Diffusion Axis 3.  
457 These two pieces of Region 2 are then connected by a portion of Region 3 consisting of 41L or 41F together with  
458 45A, which is adjacent to both pieces of Region 2 (since under the standard genetic code Gly and Thr are both  
459 accessible from Ala). The end result is that while in amino acid sequence space any two highly fit sequences are  
460 typically connected by a high-fitness path with at most 4-5 substitutions, in nucleotide space a typical trajectory  
461 from Region 1 to Region 2 contains far more substitutions, many of which must be accumulated in a specific order,  
462 e.g., Supp. Fig. S9 highlights a path that requires 11 mutations even without including substitutions at positions  
463 39 or 40, synonymous changes, or reversions.

464 Nonetheless, while any genetic code acts to reduce evolvability relative to amino acid sequence space, we see that  
465 the standard genetic code manages to retain evolvability in several different ways. First, we see the genotype network  
466 remains connected, such that high-fitness protein variants in distant reaches of sequence space are mutationally-  
467 accessible from one another via a series of intermediates that are also of high fitness. This connectedness is important  
468 for evolvability, because an evolving population can diffuse across the genotype network to produce new phenotypic  
469 variants, and populations with sufficiently high mutation rates will accumulate genetic diversity, which can be



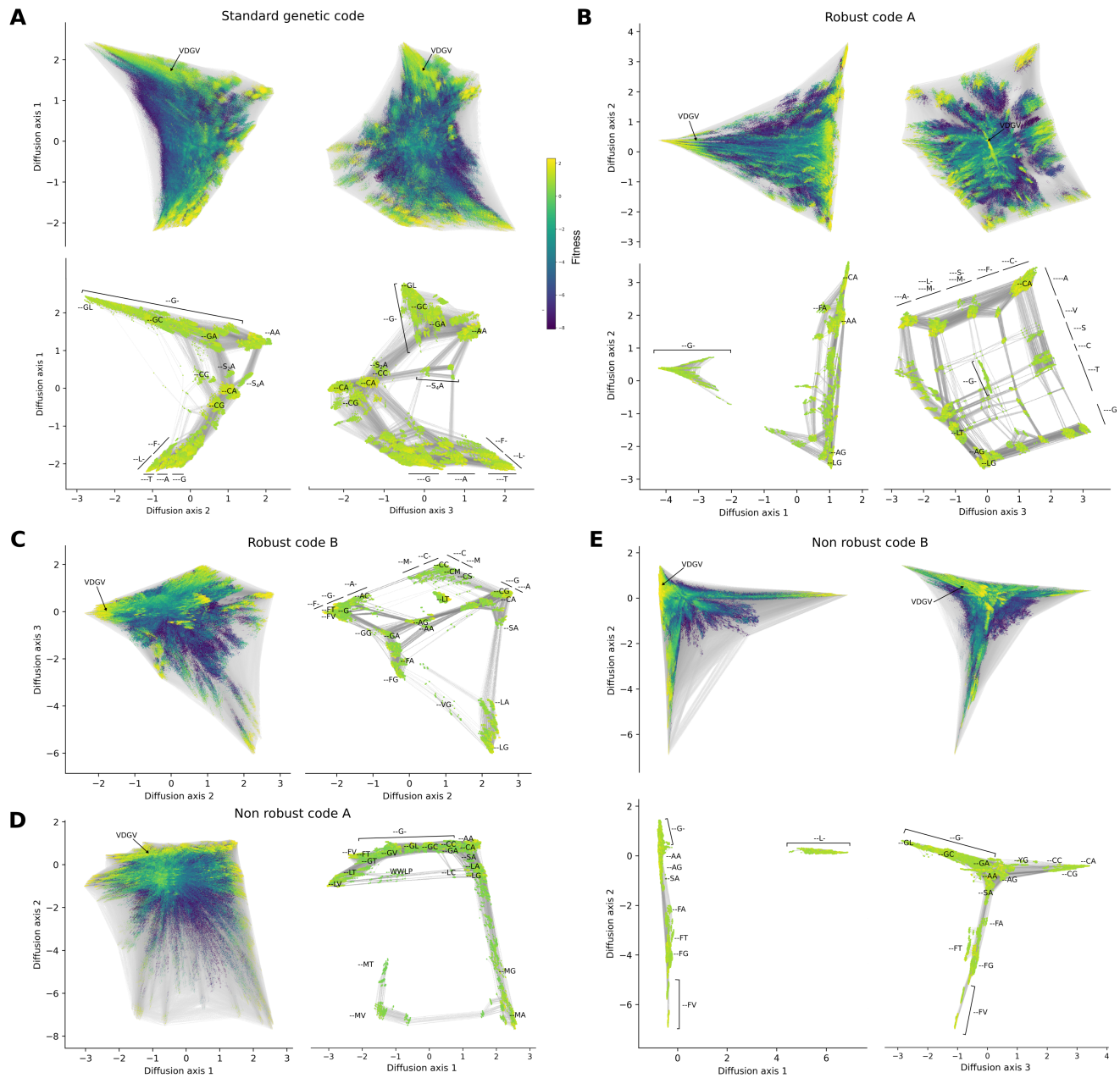


Figure 4: The genetic code governs genotype network topology and the genetic architecture of long-term molecular evolution. Fitness landscape for GB1 under the (A) standard genetic code, (B, C) the two most and (D, E) the two least robust codes in the amino acid permutation set. Vertices represent 12-nucleotide sequences and edges connect vertices if their corresponding sequences differ by a single point mutation. Vertex color represents protein fitness (color bar in (A) applies to all panels). Vertices are placed at the coordinates along the diffusion axes, which at a technical level are defined by the subdominant eigenvectors of the rate matrix describing the weak mutation dynamics (McCandlish, 2011) (see methods for details). For each pair of diffusion axes shown, there are two subpanels: one that shows all  $\approx 16$  million genotypes, with the location of the sequences encoding the wild-type protein sequence VDGV marked, and another that shows only the genotype network of high-fitness variants (top 1% of fitness distribution), which better shows the connectivity between high-fitness regions and which is annotated with the protein sequence features that characterize each cluster or subset of nucleotide sequences.

470 revealed as phenotypic variation upon environmental change (Zheng et al., 2019). Second, whereas traversing from  
471 one end of the network to another typically requires many mutations, this is not always the case. For example, in  
472 Fig. 4A bottom right, we can see that distant pieces of the genotype network are in fact accessible to each other  
473 via Ser<sub>4</sub>, the larger of the two disconnected sets of codons for Ser (named Ser<sub>2</sub> and Ser<sub>4</sub> for the number of codons  
474 in each set (Maeshiro and Kimura, 1998)). We call such a path a “wormhole”, as it allows a population to jump  
475 from one region of the genotype network to another. Finally, an important aspect of evolvability is modularity,  
476 which in this case refers to amino acids positions that can evolve relatively independently from each other and  
477 which produces extended regions of amino acid sequence space where mutations can be accumulated in any order.  
478 Under any given genetic code, such regions can either remain connected or be broken into separated pieces, with  
479 the maintenance of connectivity resulting in a grid-like region of the visualization. We saw such a region already at  
480 the bottom of Diffusion Axis 1, where Phe and Leu at position 41 can be combined with any of Gly, Ala and Thr  
481 at position 54.

## 482 2.5.2 Robust genetic codes

483 We have shown that robust genetic codes tend to produce smooth fitness landscapes, but also that for any level  
484 of code robustness, there is considerable variation in landscape ruggedness (Fig. 2). To understand how code  
485 robustness influences landscape topography in more detail, we visualize the GB1 landscapes and genotype networks  
486 under the two most robust of the amino acid permutation codes, named Robust Code A and Robust Code B (Supp.  
487 Fig. S8A and B). Under Robust Code A, Region 1 is disconnected from the remaining high-fitness protein variants  
488 in Regions 2 and 3, as can be seen when the landscape is visualized along Diffusion Axis 1 (Fig. 4B). The reason  
489 is that this code does not allow substitutions from Gly to any of the key intermediate amino acids that connect  
490 Region 1 to Regions 2 or 3 (Cys, Leu, Phe, Ala; Supp. Fig. S8A). In contrast, Regions 2 and 3 are connected, and  
491 form a large 2-dimensional grid-like structure that spreads out along Diffusion Axes 2 and 3. The grid is formed  
492 by variants at position 54 along Diffusion Axis 2 and by variants at position 41 along Diffusion Axis 3. However,  
493 the grid is imperfect, in that it contains some “holes” that correspond to incompatible amino acid combinations at  
494 positions 41 and 54, such as 41C-54T or 41S-54V. These incompatibilities reduce the number of accessible paths  
495 between the high-fitness sequences at the corners of the grid. The grid also contains “bypasses” that connect pairs  
496 of protein variants via indirect paths along each axis of the grid. For example, Cys and Met are directly accessible  
497 under Robust Code A, however, it is also possible to pass via a Phe intermediate (see the upper right corner of the  
498 grid).

499 The high-level topology of the genotype network is similar under Robust Code B, except that now it is the  
500 41L-54T portion of Region 2 that is disconnected from the rest of the genotype network. The resulting fitness  
501 valley is the largest barrier to diffusion and hence dominates Diffusion axis 1 (Supp. Fig. S10), but the rest of the  
502 genotype network is connected and its structure is well-captured by Diffusion Axes 2 and 3 (Fig. 4C). Together,

503 these visualizations show that robust codes tend to yield connected genotype networks with grid-like structures and  
504 bypasses that enhance evolvability, but also how even exceptionally robust codes can interact with the idiosyncrasies  
505 of a particular protein to break crucial links between high-fitness variants, yielding disconnected genotype networks  
506 and holes within the grid-like structures, both of which diminish evolvability.

### 507 **2.5.3 Non-robust genetic codes**

508 To understand whether non-robust codes induce qualitatively different properties in the structure of the fitness  
509 landscape, we next study the structure of the genotype network under the two least robust of the amino acid  
510 permutation codes, named Non-Robust Code A and Non-Robust Code B (Supp. Fig. S8C and D). Under Non-  
511 Robust Code A (Fig. 4D), the genotype network adopts a long linear structure stretching from 41L-54V to 41M-54T.  
512 This greatly diminishes evolvability, both because traversing among amino acid sequences that differ even in only  
513 one position (e.g., 41L-54V and 41L-54G) may require many nucleotide mutations, and because only very few  
514 mutational paths exist between any pair of sequences in the genotype network. This is especially true for 41M  
515 sequences. 41M is compatible with amino acids at position 54 typical for Region 2 and 3, i.e., Ala, Gly, Thr, and  
516 Val, and 41M sequences thus usually cluster with sequences in Regions 2 and 3 (see e.g. Fig. 4B). However, under  
517 Non-Robust Code A, Met is encoded by a single codon (UGG; Supp. Fig. S8C), which differs by more than one  
518 mutation from any of the codons for the other high-fitness amino acids at position 41. As a result, only very few  
519 mutational paths exist from the 41M sequences to other high-fitness protein variants. Despite the mostly linear  
520 structure of the genotype space, though, this genotype network, similar to the one under the standard genetic code,  
521 has a “wormhole”, in which WWLP sequences bridge otherwise distant regions of the genotype network, namely  
522 the 41L-54V and 41L-54G sequences. Under Non-Robust Code B (Fig. 4E), we also observe limited connectivity  
523 amongst the high-fitness protein variants, with the 41L-sequences disconnected from the rest along Diffusion Axis  
524 1 and the remaining sequences laid out in a star-like geometry along Diffusion Axis 2 and 3. Taken together,  
525 these visualizations illustrate how non-robust codes yield genotype networks with long branch-like structures that  
526 diminish evolvability.

## 527 **2.6 Codon compression schemes reveal additional code features influencing evolv-** 528 **ability**

529 The results above suggest that it is possible, in principle, to design genetic codes that diminish or enhance protein  
530 evolvability by manipulating code robustness. However, engineering amino acid permutation codes in a living  
531 organism would require an extensive recoding of the genome, including the engineering of many orthogonal tRNA-  
532 aminoacyl tRNA synthetase pairs. For example, in the most robust of the 100,000 codes we analyzed, only two  
533 amino acids occupy the same synonymous codon block as in the standard genetic code (Supp. Fig. S8B). In  
534 contrast, to date, the synthetic biology community has engineered rewired genetic codes that change the meaning

535 of up to only a small handful of codons (Mukai et al., 2017; Zürcher et al., 2022; Chin et al., 2003; Nyerges et al.,  
536 2023). There is therefore a large disconnect between the space of theoretically- and practically-realizable rewired  
537 genetic codes.

538 This motivated us to study a subset of rewired genetic codes that require only a small number of codon reassign-  
539 ments, as it may be possible to engineer these codes in a living organism using currently available technology. In  
540 particular, we studied the 57-codon *Escherichia coli* genome synthesized by Ostrov et al. (2016), in which all occur-  
541 rences of 7 codons, from 4 synonymous codon blocks, together with the corresponding tRNAs were removed from  
542 the genome and are thus theoretically free for reassignment (Supp. Fig. S11). Assuming each of the 4 synonymous  
543 blocks is reassigned to one amino acid or a stop signal (as might be required by the tRNA wobble rules (Dong et al.,  
544 1996; Agris et al., 2018)), there are in total  $21^4 = 194,481$  possible rewirings based on this compression scheme, one  
545 of them being the standard genetic code. We computationally generated all of these ‘Ostrov’ codes and repeated  
546 the landscape-based analyses and evolutionary simulations described above.

547 Relative to the permutation codes, the Ostrov codes exhibited an even stronger negative correlation between our  
548 measures of landscape ruggedness and code robustness (Supp. Tab. S9), as well as a stronger positive correlation  
549 between the average fitness reached by adaptive walks (greedy or random) and code robustness (Supp. Tab. S10  
550 and S11). Notably, the range of the landscape ruggedness measures, e.g., in the number of peaks, is roughly the  
551 same as for the amino acid permutation codes, even though the Ostrov codes exhibit a much smaller range of code  
552 robustness (from 0.330 to 0.406, as compared to 0.257 to 0.462 for the permutation codes). Because the Ostrov  
553 codes differ from the permutation codes in that they do not all have the same synonymous codon block structure or  
554 the same number of stop codons as the standard code, we reasoned that these two structural features may provide  
555 an explanation for these observations.

556 The Ostrov codes are not required to maintain the synonymous codon block structure of the standard code, so  
557 they can have more or fewer split codon blocks than the standard code. In the set of the 194,481 Ostrov codes,  
558 the number of split codon blocks ranges from zero to four (Supp. Fig. S12). Increasing the number of split codon  
559 blocks decreases code robustness ( $R = -0.345, p < 2.2 \cdot 10^{-16}$ ; Supp. Fig. S13A), due to the increase in the  
560 number of non-synonymous mutations. This causes an increase in landscape ruggedness (Fig. 5A and Supp. Tab.  
561 S12), because maladaptive valleys can form in the mutational spaces between synonymous codons of split codon  
562 blocks. While the relationship between the number of split codon blocks and the average fitness reached by random  
563 adaptive walks depends on population size (Supp. Tab. S14), the average fitness reached by the greedy adaptive  
564 walks consistently decreases as the number of split codon blocks increases ( $R = -0.261, p < 2.2 \cdot 10^{-16}$ , GB1;  
565  $R = -0.214, p < 2.2 \cdot 10^{-16}$ , ParD-ParE2;  $R = -0.109, p < 2.2 \cdot 10^{-16}$ , ParD-ParE3; Fig. 5B and Supp. Tab. S13).  
566 Consistent with the growing number of local peaks, we also observe that the adaptive walks get on average shorter  
567 and their endpoints less predictable as the number of split codon blocks increases (Supp. Tab. S13). Interestingly,  
568 this effect remains even when restricting our analyses to codes that have the same robustness but differ in the

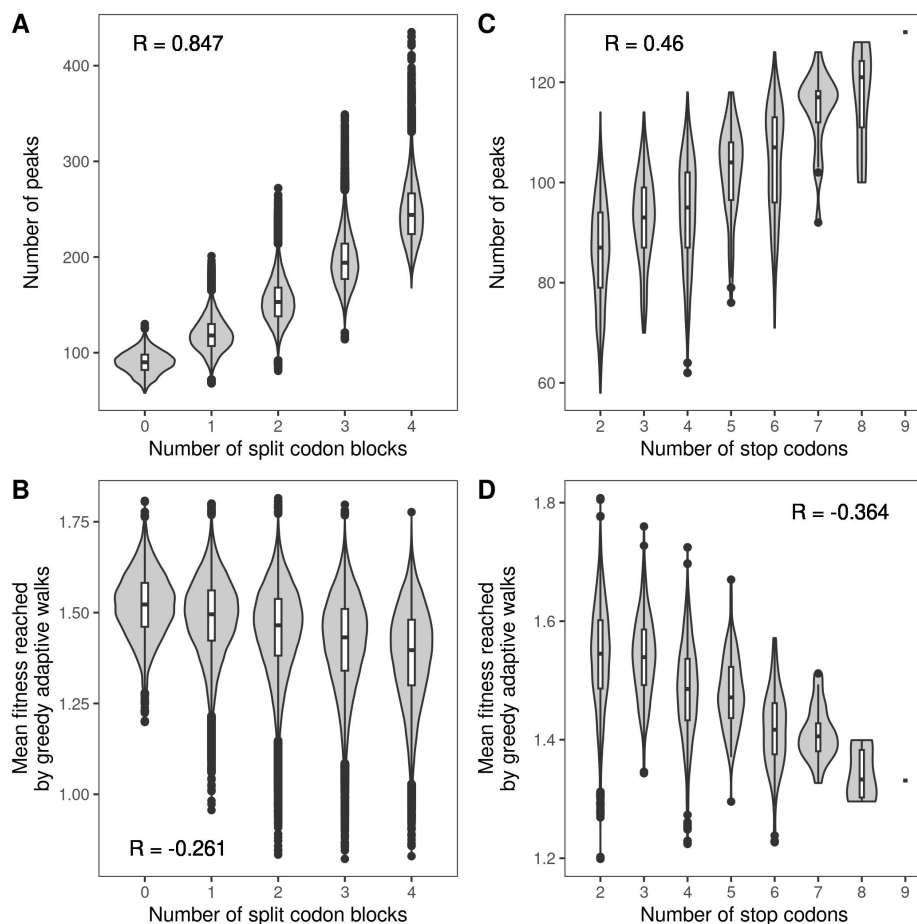


Figure 5: Additional code features influencing protein evolvability. Violin plots of the number of local peaks and the mean fitness reached by the greedy adaptive walks, shown in relation to (A, B) the number of split codon blocks in the 194,481 Ostrov codes and (C, D) the number of stop codons in the 3965 Ostrov codes with no split codon blocks. Data pertain to GB1. The violin plots show the distribution and the box-and-whisker plots the median, 25th and 75th percentile. The upper whisker extends from the top of the box to the largest value no further than 1.5-times the inter-quartile range, the lower whisker extends from the bottom of the box to the smallest value no further than 1.5-time the inter-quartile range. Data beyond the end of the whiskers are plotted individually.

569 number of split codon blocks (Supp. Fig. S14 and S15), showing that code robustness, as defined here, does not  
570 capture the full spectrum of effects mediated by changes in the number of split codon blocks.

571 The Ostrov codes can also have more or fewer stop codons than the standard code, which has three (UAG, UAA,  
572 and UGA). Because only the stop codon UAG has been freed for reassignment in the Ostrov codes, the minimum  
573 number of stop codons is two, whereas the maximum is nine, corresponding to the assignment of all freed codons to  
574 a termination signal (Supp. Fig. S16). Supp. Fig. S13B shows that increasing the number of stop codons tends to  
575 decrease code robustness ( $R = -0.160$ ,  $p < 2.2 \cdot 10^{-16}$ ), due to the increase in the number of nonsense mutations.  
576 Moreover, the number of stop codons is negatively correlated with the number of split codon blocks ( $R = -0.269$ ,  
577  $p < 2.2 \cdot 10^{-16}$ ), because if a codon block is assigned to a stop signal, it cannot be part of a split codon block. Thus,  
578 when measuring the effect of the number of stop codons on landscape ruggedness or the outcomes of adaptive walks,  
579 one has to condition on a given number of split codon blocks. In the following, we report results for codes with 0  
580 split codon blocks; results for other numbers of split codon blocks can be found in Supp. Tab. S15, S16, and S17.  
581 We observe that, among codes with a given number of split codon blocks, increasing the number of stop codons  
582 leads to an increase in the number of local peaks (Fig. 5C and Supp. Tab. S15), as well as decreased accessibility  
583 of the global peak (Supp. Tab. S15); the effect on epistasis is more complex (Supp. Tab. S15 and Supp. Note  
584 S1). Correspondingly, the average fitness reached by both the greedy and random adaptive walks decreases as the  
585 number of stop codons increases (greedy walks:  $R = -0.364$ ,  $p < 2.2 \cdot 10^{-16}$ , GB1;  $R = -0.147$ ,  $p < 2.2 \cdot 10^{-16}$ ,  
586 ParD-ParE2;  $R = -0.183$ ,  $p < 2.2 \cdot 10^{-16}$ , ParD-ParE3; Fig. 5D and Supp. Tab. S16 and S17). This is expected,  
587 as in our adaptive landscapes sequences containing stop codons are assigned a fitness value lower than any of the  
588 sequences without stop codons (Methods), reflecting the fact that the inclusion of a stop codon in an open reading  
589 frame causes the premature termination of translation and thus protein truncation, which is usually deleterious to  
590 protein function. We also observe that the greedy adaptive walks get shorter and less predictable as the number of  
591 stop codons increases (Supp. Tab. S16). Moreover, these effects of increasing the number of stop codons remain  
592 even among codes with the same robustness (Supp. Fig. S17 and S18). In sum, our analyses of all possible code  
593 rewirings under the codon compression scheme proposed by Ostrov et al. (2016) reveals additional code features  
594 influencing protein evolvability, namely the number of split codon blocks and the number of stop codons.

## 595 2.7 Design principles: Genetic codes enhancing and diminishing evolvability

596 We previously discussed how code robustness can be defined in terms of different amino acid properties, and showed  
597 that the amino acid properties most relevant to landscape topography are protein-dependent. Whereas for GB1,  
598 beta-sheet propensity and, to a lesser extent, hydrophobicity are key properties, alpha-helix propensity plays a  
599 more important role for ParD3. This suggests that a genetic code that promotes evolvability for one protein might  
600 not do so for another. Indeed, in our evolutionary simulations with the Ostrov codes, the mean fitness reached by  
601 the greedy walks is not strongly correlated across our three data sets (Supp. Tab. S18). Nonetheless, there is a

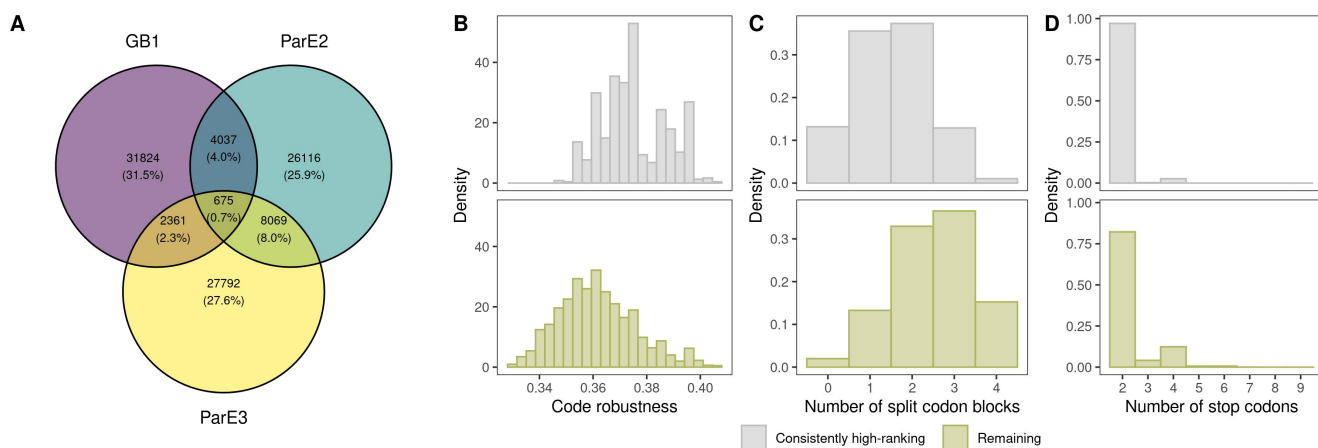


Figure 6: Design principles for enhancing evolvability. (A) Venn diagram of the top 20% of Ostrov codes, ranked according to mean fitness reached in the evolutionary simulations, for each of the three data sets. (B)-(D) Comparison of the properties of the 675 consistently high-ranking codes (three-way intersection in (A)) with the remaining 193,806 codes, in terms of (B) code robustness, (C) number of split codon blocks, and (D) number of stop codons.

602 small subset of codes that promote evolvability across all three data sets, and we reasoned that these may exhibit  
 603 commonalities that could inform design principles for engineering genetic codes to promote evolvability across a  
 604 diversity of proteins.

605 We therefore ranked each Ostrov code in descending order according to mean fitness reached in the evolutionary  
 606 simulations, separately for each of the three data sets. Fig. 6A shows a Venn diagram of the top 20% of codes  
 607 in each ranked list, revealing that 675 codes consistently rank in the top 20% of all three lists. We note that the  
 608 standard genetic code is not a member of this set of consistently high-ranking codes, as it only ranks in the top  
 609 20% of codes for the ParD-ParE2 data set (Supp. Tab. S19). This shows that even relatively small changes to the  
 610 standard genetic code can enhance protein evolvability.

611 We then compared these consistently high-ranking codes to the remaining 193,806 codes, in terms of robustness,  
 612 number of split codon blocks, and number of stop codons. The consistently high-ranking codes have significantly  
 613 higher robustness ( $p < 2.2 \cdot 10^{-16}$ , Welch two-sample t-test; Fig. 6B), fewer split codon blocks ( $p < 2.2 \cdot 10^{-16}$ ,  
 614 Welch two-sample t-test; Fig. 6C), and fewer stop codons ( $p < 2.2 \cdot 10^{-16}$ , Welch two-sample t-test; Fig. 6D).  
 615 This suggests there are some basic design principles to engineering genetic codes that promote evolvability across a  
 616 diversity of proteins. Specifically, minimize the number of split codon blocks and the number of stop codons, and  
 617 assign amino acids to codon blocks such that point mutations cause only small changes to amino acid properties,  
 618 using an aggregate measure of a diversity of amino acid properties (Pines et al., 2017).

619 To illustrate these design principles, Fig. 7A shows the genetic code with the highest robustness of the consis-  
 620 tently high-ranking Ostrov codes ('Evolvable Ostrov Code A'). It has a robustness of 0.41, the minimal number of  
 621 zero split codon blocks, and the minimal number of two stop codons. Engineering this code in a living organism  
 622 is in principle possible with existing technology, although it requires the reassignment of all seven freed codons,  
 623 which is no small feat. In contrast, most experimental studies of rewired genetic codes only change the meaning

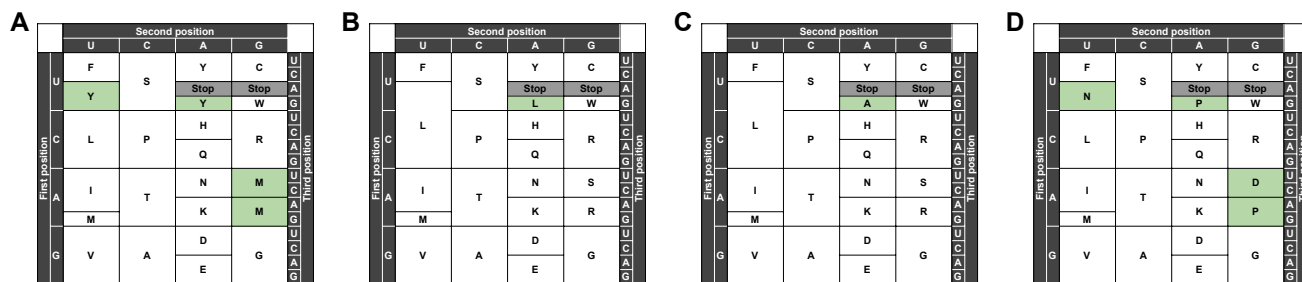


Figure 7: Examples of codes promoting (A-C) or diminishing (D) evolvability, identified based on their robustness, number of stop codons, and number of split codon blocks, as well as the results of the greedy adaptive walks. Changes compared to the standard genetic code are highlighted in green.

624 of the UAG stop codon (Mukai et al., 2017). Bacterial strains containing no genomic TAG, as well as a variety  
 625 of orthologous translation systems that decode UAG as a nonstandard amino acid are commercially available, so  
 626 engineering a strain with reassigned UAG is relatively straightforward. There are two such codes among our con-  
 627 sistently high-ranking codes, specifically those reassigning UAG to leucine (Fig. 7B, ‘Evolvable Ostrov Code B’)  
 628 and alanine (Fig. 7C, ‘Evolvable Ostrov Code C’). These can be readily engineered with commercially-available  
 629 recoded bacterial strains and plasmid-borne orthogonal translation systems. How do these codes compare to the  
 630 standard genetic code in our evolutionary simulations? All three of them rank better in fitness on the GB1 and  
 631 ParD-ParE3 landscapes, and Evolvable Ostrov Code B and C even rank better than the standard genetic code  
 632 on the ParD-ParE2 landscape, even though on this landscape the standard genetic code outperforms 96.9% of the  
 633 Ostrov codes (Supp. Tab. S19). We note that in the GB1 and ParD-ParE2 landscapes, the mean fitness reached  
 634 under the standard genetic code, as well as Evolvable Ostrov Codes A, B, and C is even higher than when using  
 635 genetic codes specifically designed for increased evolvability (Pines et al., 2017) (Supp. Tab. S19), even though  
 636 they are much easier to engineer than those proposed by Pines et al. (2017). Evolvable Ostrov Codes B and C are  
 637 thus promising candidates for easily engineerable genetic codes that are expected to provide a moderate increase in  
 638 evolvability compared to the standard genetic code.

639 On the other side of the spectrum, there are 3,645 genetic codes that consistently rank among the bottom  
 640 20% of codes, according to mean fitness reached by the greedy adaptive walks; i.e., they consistently decrease  
 641 evolvability. We note that this number is much higher than the number of consistently high-ranking codes (675),  
 642 suggesting that decreasing evolvability is less data set-specific. In line with the previous results, we observe that the  
 643 consistently low-ranking codes have lower robustness ( $p < 2.2 \cdot 10^{-16}$ , Welch two-sample t-test), more split codon  
 644 blocks ( $p < 2.2 \cdot 10^{-16}$ , Welch two-sample t-test), and more stop codons ( $p < 2.2 \cdot 10^{-16}$ , Welch two-sample t-test)  
 645 compared to the remaining codes (Supp. Fig. S19). However, unlike for the consistently high-ranking codes, it is  
 646 not possible to optimize all of these design principles at the same time. For example, a genetic code where all free  
 647 codon blocks are assigned to a stop signal will have the maximum possible number of stop codons (9), but it will also  
 648 have the minimal number of split codon blocks (0). It is thus impossible to highlight one genetic code that would be



649 expected to decrease evolvability the most based on these design principles. Instead, in Fig. 7D we show a genetic  
650 code that ranks among the bottom 2% of codes for all three data sets (mean fitness 1.032, ranking better than  
651 0.35% of codes, GB1; mean fitness -0.193, ranking better than 0.51% of codes, ParD-ParE2; mean fitness -0.256,  
652 ranking better than 1.57% of codes, ParD-ParE3). This code, while having only two stop codons, has the maximum  
653 number of split codon blocks (4) and a robustness of 0.340, which is lower than 92.3% of the Ostrov codes. We  
654 again compared the level to which this code diminishes evolvability with codes specifically designed to slow down  
655 the rate of evolution (Calles et al., 2019) (Supp. Tab. S19). While reducing evolvability beyond the majority of  
656 the Ostrov codes, the mean fitness reached in adaptive walks using genetic code D is still much higher than when  
657 using the codes proposed by Calles et al. (2019) (mean fitness -1.78 and -0.87 for the ‘FS20’ and ‘RED20’ codes,  
658 respectively, proposed by Calles et al. (2019), vs. 1.03 for Code D, GB1 data set). However, we emphasize that,  
659 similar to the codes proposed by Pines et al. (2017), the codes proposed by Calles et al. (2019) require extensive  
660 genome recoding, such that the majority of codons are ‘null’, meaning they encode neither an amino acid nor a stop  
661 signal. We hope the design principles we have identified here will provide guidance for engineering genetic codes  
662 that significantly enhance or diminish evolvability, but remain within reach of current technology.

### 663 3 Discussion

664 The standard genetic code defines the rules of protein synthesis for nearly every life form on Earth (Knight et al.,  
665 2001). It imparts an extreme, “one in a million” level of error tolerance (Freeland and Hurst, 1998) that buffers the  
666 deleterious effects of infidelity in replication, transcription, and translation (Haig and Hurst, 1991; Freeland and  
667 Hurst, 1998), and provides a striking example of biological robustness at the heart of an essential cellular information  
668 processing system (Wagner, 2005). Despite decades of research on the origins and evolutionary implications of the  
669 standard genetic code (Crick, 1968; Woese, 1965; Knight et al., 1999; Koonin and Novozhilov, 2017), its influence  
670 on protein evolvability remained poorly understood (Freeland, 2002; Pines et al., 2017). Here, by computationally  
671 translating millions of mRNA sequences under hundreds of thousands of rewired genetic codes using experimental  
672 data for three proteins, we reveal that the robustness of the standard genetic code facilitates protein evolvability by  
673 rendering smooth adaptive landscapes upon which evolving populations readily find mutational paths to adaptation.

674 Prior theoretical work, limited by a lack of suitable data, has disagreed on whether the robustness of the standard  
675 genetic code hinders (Pines et al., 2017) or facilitates (Freeland, 2002) protein evolvability. These conflicting  
676 conclusions derive in part from a difference in the timescale of adaptation. Over short evolutionary timescales, for  
677 example where adaptation occurs via a single mutation, a robust genetic code may hinder evolvability by limiting the  
678 number and physicochemical diversity of amino acids accessible via point mutation (Pines et al., 2017). In contrast,  
679 over intermediate evolutionary timescales, where adaptation proceeds via a sequence of several mutations, a robust  
680 genetic code may facilitate evolvability by ensuring that missense mutations cause at most small changes to the

681 physicochemical properties of amino acids (Freeland, 2002), which are less likely to be deleterious than large changes  
682 (Firnberg and Ostermeier, 2013). While single-step adaptation is undeniably important, as features emerging via  
683 a single mutation include e.g. antibiotic resistance (Jin and Gross, 1988; Manson et al., 2017; Woodford and  
684 Ellington, 2007), many other adaptations require a complex interplay of several mutations (Karageorgi et al., 2019;  
685 Meyer et al., 2012; Tenaillon et al., 2012). For example, in directed protein evolution experiments, on average five  
686 mutations are needed per order-of-magnitude improvement in catalytic efficiency (Goldsmith and Tawfik, 2017). Our  
687 results, based on experimental data, suggest that over such timescales, increasing code robustness indeed enhances  
688 protein evolvability. However, this enhanced evolvability comes at the cost of an increased time to convergence,  
689 with organisms using robust genetic codes reaching higher fitness peaks on average, but using more mutations.  
690 This trade-off should be kept in mind when designing directed protein evolution experiments that utilize synthetic  
691 organisms with non-standard genetic codes (Drienovska and Roelfes, 2020; Hammerling et al., 2014, 2016; Tack  
692 et al., 2018).

693 Over even longer timescales, evolvability is influenced by the topology of the set of high-fitness variants, which  
694 we refer to here as a genotype network (Lipman et al., 1991; Schuster et al., 1994; Wagner, 2008). We studied the  
695 topology of this network under the standard genetic code, as well as under rewired genetic codes with exceptionally  
696 low and high robustness. We did so by visualizing the approximate evolutionary distances between high-fitness  
697 variants at mutation-selection-drift balance (McCandlish, 2011). The influence of a genetic code on genotype  
698 network topology was immediately apparent from the diversity of shapes these networks adopt under different  
699 codes (Fig. 4). In terms of evolvability, both robust and non-robust genetic codes produced fitness peaks isolated  
700 from the bulk of high-fitness sequences, as well as long winding paths between high-fitness protein sequences that  
701 differ by only 1 or 2 amino acids, driven by the interaction of the genetic code with the geometry of the fitness  
702 landscape at the amino acid level. However, we observed that the robust codes, as well as the standard genetic  
703 code, tend to provide stronger connectivity between high-fitness sequences, often exhibiting grid-like structures that  
704 facilitate the independent evolution of sets of mutations. This reduces dependence on the order in which mutations  
705 accumulate, thus increasing the number of mutational paths between high-fitness sequences. In contrast, under non-  
706 robust codes, the high-fitness sequences tended to form linear or tree-like structures, which increase dependence  
707 on the order in which mutations accumulate and thus limit the number of mutational paths between high-fitness  
708 sequences.

709 Landscape ruggedness has long been viewed as an impediment to adaptation (Wright, 1932), with implications  
710 for a diversity of evolutionary phenomena, including the evolution of genetic diversity, sex, and reproductive isolation  
711 (Szendro et al., 2013). As such, ruggedness has been studied extensively in both theoretical (Kauffman and Levin,  
712 1987; Kingman, 1977; Kauffman and Weinberger, 1989) and empirical (de Visser and Krug, 2014; Wu et al., 2016;  
713 Schenk et al., 2013; Gong et al., 2013; Jiménez et al., 2013; Sarkisyan et al., 2016; Aguilar-Rodríguez et al., 2017;  
714 Olson et al., 2014; Hartman et al., 2019) adaptive landscapes. It has also been used as a proxy for evolvability

715 (Payne and Wagner, 2019). The intuition is that ruggedness frustrates evolvability by blocking “uphill” mutational  
716 paths to the global adaptive peak, thus limiting the ability of mutation to bring forth adaptive phenotypic variation.  
717 Our results confirm this intuition in the context of rewired genetic codes, in that adaptive walks tend to achieve  
718 higher fitness on smooth landscapes caused by more robust codes than on rugged landscapes caused by less robust  
719 codes. However, this is not solely attributable to an increase in the mutational accessibility of the global peak.  
720 Rather, in the landscapes we study, as ruggedness decreases, a positive correlation emerges between the height of  
721 a peak and its basin of attraction. This causes adaptive walks to preferentially converge on a small number of  
722 high-fitness peaks in less rugged landscapes, and more uniformly to all peaks in more rugged landscapes. As such,  
723 simplistic measures of landscape ruggedness based solely on the number of peaks may be an insufficient proxy for  
724 evolvability (Payne and Wagner, 2019) or for predicting evolutionary dynamics (Lässig et al., 2017).

725 An additional factor influencing the accessibility of the global adaptive peak is its size. By randomly permuting  
726 amino acids amongst synonymous codon blocks, we created landscapes that vary significantly in the number of  
727 mRNA sequences that translate to the highest-fitness protein sequence. In comparing the outcomes of evolutionary  
728 simulations on these landscapes, we observe that protein sequences encoded by a large number of mRNA sequences  
729 are easier to evolve than equally fit sequences encoded by fewer mRNA sequences. In other words, amino acid  
730 sequences encoded by a large number of mRNAs are more “findable,” because they occupy a larger fraction of  
731 genotype space (McCandlish, 2013; Dingle et al., 2021; Schaper and Louis, 2014). This observation implies that  
732 amino acids encoded by a large number of codons, such as serine or leucine, should be relatively more abundant in  
733 protein sequences than amino acids encoded by few codons, such as methionine or tryptophan. Indeed, across the  
734 tree of life, there is a positive correlation between the abundance of an amino acid and its number of constituent  
735 codons (King and Jukes, 1969; Gilis et al., 2001), and as early as 1973, Jack L. King attributed this correlation  
736 to differences in amino acid “findabilities” caused by the structure of the standard genetic code (King, 1973). Our  
737 results generalize this observation to non-standard genetic codes, and suggest that if life had converged on a different  
738 standard code, the amino acid composition of proteins would likely be very different from the one we know. Such  
739 variation in the proteomic abundance of amino acids may already be apparent in the proteomes of organelles and  
740 organisms that use non-standard genetic codes in nature (Knight et al., 2001; Ambrogelly et al., 2007; Shulgina  
741 and Eddy, 2021), and may emerge in directed laboratory evolution experiments that use synthetic organisms with  
742 non-standard genetic codes (Liu and Schultz, 2010; de la Torre and Chin, 2021; Zürcher et al., 2022). If so, these  
743 systems may provide empirical support for entropic arguments of adaptation (Schaper and Louis, 2014; Dingle et al.,  
744 2021).

745 There are several caveats to the results presented here. First, because there are so few combinatorially-complete  
746 data sets measuring a quantitative phenotype, our conclusions are based on only three empirical adaptive landscapes.  
747 However, the three data sets we use differ in several important aspects – the level of ruggedness of the corresponding  
748 landscape under the standard code, the location of the screened residues in the protein, as well as the assayed

749 phenotype – which supports the generality of our findings. Second, all three landscapes pertain to just a small  
750 number of sites within a larger protein, so it is not possible to understand how sequence variants at these sites  
751 interact with other sites in the protein. Third, while the rate of cell growth, a common measure of bacterial fitness  
752 (Wiser and Lenski, 2015), was measured for the ParD-ParE2 and ParD-ParE3 data sets, in the case of GB1 the  
753 screened phenotype is the relative binding affinity of the protein to immunoglobulin. How this protein phenotype  
754 relates to organismal fitness is not immediately apparent. Even so, a large body of literature attests to the power  
755 of such quantitative phenotypes in teaching us about protein evolvability (Tokuriki and Tawfik, 2009). Fourth,  
756 the error tolerance of a genetic code, standard or non-standard, is influenced by mutation bias and codon usage  
757 (Freeland and Hurst, 1998; Radványi and Kun, 2021) as they make some mutations more likely than others. While  
758 mutation bias and codon usage may influence peak accessibility in adaptive landscapes (Cano and Payne, 2020),  
759 they do not affect landscape topography, which is why we have not considered these effects here. We hope that in  
760 the future it will become possible to overcome these caveats and confirm our results, both theoretically, as more  
761 combinatorially complete data sets become available, and experimentally, by comparing the dynamics and outcomes  
762 of laboratory evolution experiments with proteins and organisms that use different genetic codes.

763 Such experiments are becoming more broadly accessible, as a diversity of recoded organisms and plasmid-  
764 borne orthogonal translation systems are now commercially available. Moreover, these experiments are becoming  
765 increasingly scalable. For example, Zürcher et al. (2022) have recently engineered bacterial strains with as many  
766 as 16 different genetic codes. Understanding the relationship between code structure and evolvability is therefore  
767 highly topical, as the future in which synthetic organisms with non-standard genetic codes are utilized in science and  
768 in industry (Li and Liu, 2014; Jin et al., 2019), for example to accelerate directed evolution experiments (Romero  
769 and Arnold, 2009; Pines et al., 2017; Zürcher et al., 2022), to achieve bio-containment (Marliere, 2009; Kubyshkin  
770 and Budisa, 2017; Calles et al., 2019; Zürcher et al., 2022; Nyerges et al., 2023; Fujino et al., 2020), or to produce  
771 drugs (Romesberg, 2023; Sun et al., 2014; Ptacin et al., 2021) is now tangibly close. We have identified general  
772 design principles, as well as a few concrete candidate codes, that are expected to increase evolvability beyond that  
773 of the standard genetic code. These are compatible with the 57-codon *E. coli* genome reported by Ostrov et al.  
774 (2016), and could thus be engineered in the lab using existing technology. Our analyses with this codon compression  
775 scheme explored all 194,481 genetic codes that reassign one or more of the freed codon blocks, assuming that the  
776 whole synonymous codon block needs to be assigned to one amino acid. However, this assumption might not be  
777 needed, as shown by a recent refactoring of the genetic code, in which the UCG and UCA codons were reassigned  
778 independently, even though the naturally occurring  $\text{tRNA}_{\text{CGA}}^{\text{Ser}}$  and  $\text{tRNA}_{\text{UGA}}^{\text{Ser}}$  are not specific to their anticodon  
779 (Zürcher et al., 2022). In the context of the 57-codon *E. coli* genome, it might thus be possible to change the  
780 meaning of up to 7 codons independently, leading to a staggering  $21^7 \approx 1.8 \cdot 10^9$  possible code rewirings. Together  
781 with other codon compression schemes (Fredens et al., 2019; Lajoie et al., 2013; Lau et al., 2017; Wang et al., 2016),  
782 the space of possible code rewirings available today is practically infinite, and will continue to grow as larger-scale

783 rewirings become feasible.

784 Building upon our results, there are several directions for future research. First, the advances in biotechnology  
785 discussed above now enable experimental tests of the relationship between genetic code robustness and evolvability,  
786 as recently proposed by Zürcher et al. (2022). Do robust genetic codes indeed lead to larger improvements of protein  
787 function in directed evolution experiments? And are organisms with robust genetic codes better able to adapt to  
788 changing environmental conditions? Second, in this paper we have worked only with rewired genetic codes, i.e.,  
789 codes that change the mapping between codons and amino acids, but we have not considered expanded genetic  
790 codes, i.e., codes that include a 21st, non-standard amino acid. Examples of expanded genetic codes can be found  
791 both in nature, with the expansion of the standard genetic code to include selenocysteine in many different organisms  
792 across the tree of life (Gladyshev and Kryukov, 2001; Hatfield and Gladyshev, 2002) and the addition of pyrrolysine  
793 in methanogenic archaea (Brugère et al., 2018), as well as in the lab, with recoded genomes that can in principle  
794 incorporate any non-standard amino acid (Chin, 2014; Xie and Schultz, 2006; de la Torre and Chin, 2021; Liu and  
795 Schultz, 2010; Lajoie et al., 2013; Romesberg, 2023; Dumas et al., 2015; Nödling et al., 2019). While a small number  
796 of evolutionary experiments using organisms with expanded genetic codes have been reported (Hammerling et al.,  
797 2014, 2016; Tack et al., 2018; Thyer et al., 2018), how the addition of a 21st non-standard amino acid influences  
798 protein and organismal evolvability is not yet fully understood. This question could be addressed experimentally  
799 by generating combinatorially-complete data for all  $21^L$  sequence variants, using a diversity of 21st non-standard  
800 amino acids. Indeed, because the ParD assay is based on bacterial cell growth, it should be directly compatible with  
801 off-the-shelf recoded organisms, such as the recoded *E. coli* genome engineered by Lajoie et al. (2013). Moreover,  
802 the GB1 assay may be amenable to cell-free translation systems that allow for the incorporation of additional amino  
803 acids (Shimizu et al., 2001; Hartman et al., 2007). How increasing the number of amino acids in a genetic code  
804 influences evolvability could also be addressed theoretically, for example by subsampling combinatorially-complete  
805 data to contain fewer than 20 amino acids. Such analyses could provide answers to fundamental questions like “Why  
806 are there only 20 proteinogenic amino acids even though the standard genetic code theoretically has the capacity  
807 to encode up to 64?” (Hayes, 1998). Finally, our results may shed light on the evolution of the naturally-occurring  
808 deviations of the standard genetic code (Knight et al., 2001; Ambrogelly et al., 2007; Shulgina and Eddy, 2021).  
809 It has been suggested that the changes observed in these alternative genetic codes might be adaptive because they  
810 increase code robustness (Błażej et al., 2019) and, based on our results, such an increase in code robustness may  
811 promote evolvability. It should be possible to test whether organisms using alternative genetic codes indeed show  
812 signs of increased evolvability, e.g., by comparing dN/dS ratios in organisms using different genetic codes.

813 In conclusion, our results suggest that the robustness of a genetic code not only buffers against replication and  
814 translation errors, but also facilitates the generation of adaptive phenotypic variation. Such robustness is therefore  
815 essential to both life’s survival and its advancement.

## 816 4 Methods

817 **Data processing** We estimated the fitness of each measured amino acid variant following Rubin et al. (2017).

818 For GB1, the fitness of variant  $v$  is equal to

$$f_v = \log\left(\frac{c_{v,\text{sel}} + \frac{1}{2}}{c_{wt,\text{sel}} + \frac{1}{2}}\right) - \log\left(\frac{c_{v,\text{inp}} + \frac{1}{2}}{c_{wt,\text{inp}} + \frac{1}{2}}\right),$$

819 where  $c_{v,\text{sel}}$  is the count of variant  $v$  in the sample after selection for binding immunoglobulin,  $c_{wt,\text{sel}}$  is the count  
820 of the wild type (VDGV) in the sample after selection for binding immunoglobulin,  $c_{v,\text{inp}}$  is the count of variant  $v$   
821 in the input sample, and  $c_{wt,\text{inp}}$  is the count of the wild type in the input sample. The variance of the estimate is  
822 equal to

$$\sigma_v^2 = \frac{1}{c_{v,\text{inp}} + \frac{1}{2}} + \frac{1}{c_{v,\text{sel}} + \frac{1}{2}} + \frac{1}{c_{wt,\text{inp}} + \frac{1}{2}} + \frac{1}{c_{wt,\text{sel}} + \frac{1}{2}}.$$

823 For ParD-ParE2 and ParD-ParE3 there are two replicates for each measurement. For each variant and each  
824 replicate we computed the fitness and variance as described above for GB1. The final fitness of variant  $v$  is then  
825 the weighted average of the two replicates, with weights given by the inverse of the corresponding variance:

$$f_v = \frac{1}{\sigma_{v,1}^2} f_{v,1} + \frac{1}{\sigma_{v,2}^2} f_{v,2}$$

826 and the variance is computed as

$$\sigma_v^2 = \frac{1}{\frac{1}{\sigma_{v,1}^2} + \frac{1}{\sigma_{v,2}^2}},$$

827 where by  $f_{v,i}$  and  $\sigma_{v,i}^2$  we denote the fitness and variance, respectively, of  $i$ -th replicate.

828 Based on these raw fitness estimates and variances for observed variants, we inferred the full adaptive landscape  
829 as the maximum *a posteriori* estimate under empirical variance component regression, an empirical Bayes modeling  
830 framework that naturally incorporates all orders of genetic interaction (Zhou et al., 2022).

831 **Additive models of the data** To assess the ruggedness of the three adaptive landscapes, we attempted to model  
832 each data set using an additive model. In particular, we assumed that the final fitness is a linear combination of  
833 contributions of individual sites. Formally,

$$f_X = \sum_{i=1}^L c_{X_i}^i,$$

834 where  $f_X$  is the fitness of variant  $X$ ,  $c_{X_i}^i$  is the contribution of amino acid  $X_i$  at position  $i$  of the protein towards  
835 fitness, and  $L$  is the length of the protein (4 for GB1, 3 for ParD). The coefficients  $c_a^i$  were found by fitting a linear  
836 regression model to the fitness values.

837 **Constructing adaptive landscapes** To construct an adaptive landscape, we consider the set of all possible  
838 mRNA sequences of length 12 (for GB1, so that they encode 4 amino acids; there is  $4^{12} = 16,777,216$  such  
839 sequences) or 9 (for ParD-ParE2 and ParD-ParE3, encoding 3 amino acids;  $4^9 = 262,144$  sequences), respectively.  
840 We represent each sequence as a vertex in a mutational network. Two vertices are connected with an edge if  
841 the Hamming distance of the corresponding mRNA sequences is 1, i.e., the two sequences differ by a single point  
842 mutation. This underlying network is the same for all genetic codes.

843 For each genetic code, we then assign an “elevation ” to each vertex, equal to the fitness of the sequence,  
844 translated using a given genetic code. Sequences containing stop codons are assigned an arbitrary elevation lower  
845 than the fitness of any sequence not containing stop codons (we used a value of -100, but the precise value is not  
846 relevant for the analyses presented here).

847 **Code robustness** We define code robustness as the proportion of single-nucleotide substitutions that do not  
848 change the physicochemical properties of amino acids. We divided amino acids into 7 physicochemical groups  
849 following Pines et al. (2017) (Supp. Fig. S3): acidic (D, E); aliphatic (A, I, L, V); aromatic (F, W, Y); basic (H,  
850 K, R); glycine (G); polar (C, M, N, Q, S, T); and proline (P). We considered mutations from an amino acid to a  
851 stop codon or vice versa as a change in physicochemical properties, whereas we did not consider mutations among  
852 stop codons as a change in physicochemical properties.

853 **Number of adaptive peaks** Intuitively, a local peak is a sequence whose fitness is higher than the fitness of  
854 any of its neighbors. In our case, due to the degeneracy of the genetic code, several vertices often have the same  
855 elevation and, moreover, those vertices will usually be connected; peaks are thus usually plateaus rather than a  
856 single vertex. Formally, we define a local peak as a set of vertices that (1) are connected in the genotype space, (2)  
857 all have the same elevation, and (3) whose neighbors are either part of the set or have a lower elevation.

858 **Epistasis analysis** A square is a quadruplet of sequences that contains a ‘wild type’ sequence, two of its one-  
859 mutant neighbours, and the corresponding double mutant. In the following, we denote by  $f_{00}$  the fitness of the  
860 wild type, by  $f_{01}$  and  $f_{10}$  the fitness of the two single mutants, and by  $f_{11}$  the fitness of the double mutant. The  
861 ‘mutational effect’ of a given mutation is denoted by  $\Delta f$ , e.g.,  $\Delta f_{00 \rightarrow 10} = f_{10} - f_{00}$  is the change in fitness caused  
862 by mutating the wild type sequence to one of the single mutants. We say that there is no epistasis if

$$f_{00} + f_{11} - f_{01} - f_{10} = 0$$

863 . Because in our case the fitness values are real numbers, this only happens if at least two of the mutations are  
864 synonymous. The square is classified as having magnitude epistasis if

$$\Delta f_{00 \rightarrow 10} \cdot \Delta f_{01 \rightarrow 11} > 0 \text{ and } \Delta f_{00 \rightarrow 01} \cdot \Delta f_{10 \rightarrow 11} > 0,$$

865 i.e., the effects of both mutations have the same sign (increase fitness or decrease fitness) regardless of the genetic  
866 background. Similarly, the square is classified to have reciprocal-sign epistasis if

$$\Delta f_{00 \rightarrow 10} \cdot \Delta f_{01 \rightarrow 11} < 0 \text{ and } \Delta f_{00 \rightarrow 01} \cdot \Delta f_{10 \rightarrow 11} < 0,$$

867 i.e., the effects of both mutations have opposite signs in different genetic backgrounds. The remaining cases, i.e.,

$$\Delta f_{00 \rightarrow 10} \cdot \Delta f_{01 \rightarrow 11} > 0 \text{ and } \Delta f_{00 \rightarrow 01} \cdot \Delta f_{10 \rightarrow 11} < 0$$

868 and

$$\Delta f_{00 \rightarrow 10} \cdot \Delta f_{01 \rightarrow 11} < 0 \text{ and } \Delta f_{00 \rightarrow 01} \cdot \Delta f_{10 \rightarrow 11} > 0$$

869 are classified as simple-sign epistasis: the sign of one of the mutations is the same in the different backgrounds,  
870 whereas the sign of the second mutation changes in the different backgrounds.

871 Due to the size of the genotype networks, listing all squares is computationally prohibitive. Thus, we randomly  
872 sampled 1,000,000 squares by first sampling a random sequence and then sampling two random mutations at two  
873 different positions in the sequence.

874 **Mutational accessibility of the global peak** We define the mutational accessibility of the global peak as the  
875 probability that, picking a random sequence not containing stop codons and a random direct path from the sequence  
876 to the global peak, the chosen path is accessible, i.e., the fitness increases monotonically along the path. In our case,  
877 the global peak is composed of several mRNA sequences; we define direct paths as those paths that reach any of  
878 the global peak sequences in the smallest possible number of steps. For example, considering the standard genetic  
879 code and the ParD-ParE3 data set, the global peak consists of 4 sequences: GAU UGG GAA, GAU UGG GAG,  
880 GAC UGG GAA, and GAC UGG GAG (all translate to DWE). Starting from sequence GAU UGG AUG (DWM),  
881 there are two direct paths to the global peak: GAU UGG AUG - GAU UGG **G**UG - GAU UGG GAG and GAU  
882 UGG AUG - GAU UGG **A**AG - GAU UGG **G**AG. Notice that in both cases the end point of the direct paths is  
883 only one of the 4 global peak sequences, since reaching the other 3 sequences in the global peak would require more  
884 than 2 mutations (and hence those paths are not considered direct).

885 Technically, we computed the number of direct mutational paths from each vertex and their accessibility using  
886 breadth-first search.

887 **Artificial inflation of landscape ruggedness** We artificially inflated the ruggedness of the GB1 landscape  
888 by (1) increasing the number of local peaks, or (2) increasing the prevalence of reciprocal-sign epistasis. We then  
889 assessed the mutational accessibility of the global peak under the assumption of the standard genetic code. For  
890 each level of ruggedness inflation we created 100 adaptive landscapes, as described below.



891 To increase the number of local peaks, we chose a given number (ranging from 1 to 10,000) of protein sequences  
892 at random and set their fitness to such a value that it ensured that the corresponding region of the genotype network  
893 would form a local peak. In particular, we used a value of 2.5, which is halfway between the fitness value of the  
894 global peak (WWLA, fitness 2.52) and the second-best binding sequence (FYAA, fitness 2.48). Even when changing  
895 the fitness value of the same number of protein sequences, the number of local peaks in the resulting landscapes  
896 varies slightly, due to three reasons: (1) the original landscape contains 115 local peaks, some of which might cease  
897 to be local peaks if a neighboring sequence is artificially elevated; on the contrary, if a local peak is chosen and its  
898 elevation increased, the number of local peaks in the landscape does not change; (2) protein sequences containing  
899 the amino acid serine, which is encoded by the split codon block, are encoded by two disconnected regions in the  
900 genotype network, and artificially increasing their fitness thus creates two local peaks instead of one; (3) if two  
901 chosen sequences are neighbors in the genotype space, the corresponding mRNA sequences form one large plateau,  
902 and thus only one local peak is created instead of two.

903 To artificially increase the prevalence of reciprocal-sign epistasis, we randomly sampled an mRNA sequence of  
904 length 12 (i.e., encoding 4 amino acids), making sure it did not translate to the global peak sequence (WWLA)  
905 and the translation did not contain any stop codons. We then sampled two mutations such that they happened  
906 in different positions of the sequence, they were non-synonymous, both alone and in combination, and none of  
907 the single mutants or the double mutant contained any stop codons. We further required that none of the single  
908 mutants translated to the global peak sequence. We then permuted the fitness values of the corresponding protein  
909 sequences so that the double mutant had the highest value, the wild type the second highest, and the two single  
910 mutants the two lowest values. Since permuting the fitness values of a quadruplet of protein sequences changes  
911 the shape of many squares, it again holds that even among landscapes in which the same number of squares was  
912 changed the proportion of different types of epistasis is variable. The number of squares that were artificially forced  
913 to show reciprocal-sign epistasis ranged between 1 and 100,000.

914 **Analysis of the physicochemical properties of amino acids** We downloaded the set of 566 different descrip-  
915 tors of amino acids from the AAindex database, version 9.2 (Kawashima et al., 1999; Kawashima and Kanehisa,  
916 2000). Of those, 13 contained at least one missing value; we discarded those, so the final set contained 553 different  
917 amino acid properties. These properties were previously divided into 4 categories: “alpha and turn propensity”,  
918 “beta propensity”, “hydrophobicity”, and “other” (Bartonek et al., 2020).

919 For each property  $p$  and each of our 100,000 amino acid permutation codes we computed the mean absolute  
920 change in the property under genetic code  $c$ ,  $\text{MAC}(p, c)$ , as

$$\text{MAC}(p, c) = \frac{1}{|\mathcal{V}|} \sum_{\{v, v'\} \in \mathcal{V}} |p[aa(v, c)] - p[aa(v', c)]|$$

921 where  $\mathcal{V}$  is the set of all codon pairs that are one substitution away from each other (excluding pairs that contain

922 at least one stop codon),  $aa(v, c)$  is the amino acid encoded by codon  $v$  in genetic code  $c$ , and  $p[a]$  is the value of  
923 property  $p$  for amino acid  $a$ .  $\text{MAC}(p, c)$  quantifies the sensitivity of code  $c$  with respect to amino acid property  
924  $p$ : if  $\text{MAC}(p, c)$  is large, it means that single-nucleotide substitutions tend to cause large changes in property  $p$ ; if  
925  $\text{MAC}(p, c)$  is low, single-nucleotide substitutions tend to preserve property  $p$ .

926 For each property  $p$  we then computed Pearson's correlation between the sensitivities of our amino acid permu-  
927 tation codes with respect to property  $p$  and the different measures of landscape ruggedness:

$$R(p, \mathbf{T}) = \text{corr}(\mathbf{MAC}(p, \mathbf{c}), \mathbf{T}(\mathbf{c})),$$

928 where  $\mathbf{MAC}(p, \mathbf{c})$  is the vector of the values of  $\text{MAC}(p, c)$  for the set of 100,000 amino acid permutation codes and  
929  $\mathbf{T}(\mathbf{c})$  is the vector of values of certain landscape ruggedness measure (e.g., number of peaks) for these codes. For  
930 the mutational accessibility of the global peak, we only considered codes that preserve the size of the global peak,  
931 relative to the standard genetic code, and under which the global peak consists of a single connected region in the  
932 genotype space.

933 We determined the significance of each  $R(p, \mathbf{T})$  by comparison with a null distribution calculated from 1,000,000  
934 randomly generated amino acid 'properties': We generated 1,000,000 null amino acid 'properties' by uniformly  
935 sampling 20 random numbers between 0 and 1. For each such null property  $p_{\text{null}}$ , we computed  $\mathbf{MAC}(p_{\text{null}}, \mathbf{c})$  and  
936  $R(p_{\text{null}}, \mathbf{T})$  as described above. The significance of the true correlation coefficient is then the proportion of these  
937 1,000,000 null correlation coefficients that are more extreme than the true value. We then corrected the significance  
938 values for each landscape ruggedness measure for multiple testing using Benjamini-Hochberg correction (Benjamini  
939 and Hochberg, 1995).

940 The enrichment of a certain category among the statistically significant properties (i.e., properties for which  
941 the p-value of the correlation coefficient is lower than 0.05 after correction for multiple testing) was tested using a  
942 one-tailed binomial test.

943 **Greedy adaptive walks** We simulated greedy adaptive walks on the landscape in which the most fit of the  
944 1-mutant neighbors is fixed in every step, until a global or local peak is reached. However, the degeneracy of the  
945 genetic code means that the fitness values in the landscape are not unique, as all mRNA sequences encoding the  
946 same protein share the same fitness. The 'most fit' neighbor thus does not have to be uniquely defined, e.g. because  
947 there are several possible mutations that lead to the same fitness increase, or because a neutral plateau must be  
948 crossed before new adaptive variants may be generated. If this happens, we retain all sequences with the highest  
949 fitness; we then explore all of their 1-mutant neighbors and choose the fittest one(s) of those, etc.

950 We initiated the walks in all possible sequences not containing any stop codons.

951 **Weak mutation adaptive walks** The random walks were initiated in a randomly chosen mRNA sequence. In  
952 each subsequent step a random single-nucleotide mutation was suggested and accepted with probability

$$P_{\text{accept}} = \begin{cases} \frac{1 - \exp(f_{\text{old}} - f_{\text{new}})}{1 - \exp(N(f_{\text{old}} - f_{\text{new}}))} & \text{if } f_{\text{old}} \neq f_{\text{new}} \\ \frac{1}{N} & \text{otherwise} \end{cases}$$

953 where by  $f_{\text{old}}$  we denote the fitness of the current genotype,  $f_{\text{new}}$  the fitness of the proposed genotype, and  $N$  is  
954 the population size. This corresponds to the exact fixation probability under the Moran process.

955 We always ran 100,000 adaptive walks of 500 steps for  $N \in \{10; 100; 10,000; 1,000,000\}$ .

956 **Entropy of the distribution of reached peaks** For the greedy adaptive walks, we compute the entropy of the  
957 walks' targets as

$$- \sum_{v \in \mathcal{V}} P(v) \log P(v)$$

958 where  $\mathcal{V}$  is the set of all endpoints of the greedy walks (i.e., the set of all adaptive peaks) and  $P(v)$  denotes the  
959 proportion of greedy walks that terminate on peak  $v$ .

960 **Visualization of the GB1 landscape under rewired genetic codes** We used the visualization method as  
961 previously described (McCandlish, 2011). Briefly, we construct a model of molecular evolution where a population  
962 evolves via single nucleotide substitutions and the rate at which each possible substitution becomes fixed in the  
963 population is related to its relative selective advantage or disadvantage. Specifically, the rate of evolution from  
964 sequence  $i$  to any mutationally adjacent sequence  $j$  is given by

$$Q_{ij} = \frac{S_{ij}}{1 - e^{-S_{ij}}}$$

965 where  $S_{ij}$  is the scaled selection coefficient (population size times the selection coefficient of  $j$  relative to  $i$ ) and the  
966 total leaving rate from each sequence  $i$  is given by

$$Q_{ii} = - \sum_j Q_{ij}.$$

967 In this context, we assume that the selection coefficient between sequences  $i$  and  $j$  is proportional to the difference  
968 in log-enrichment scores or fitness  $f_j - f_i$  and therefore  $S_{ij} = c(f_j - f_i)$ , where  $c$  controls the strength of selection.  
969 For all analyses presented here, we used the simple choice of  $c=1$ , which for the standard genetic code gives a  
970 mean fitness at stationarity equal to 0.055, similar to the wild-type sequence VDGV (which by definition has fitness  
971 0). Given the rate matrix  $Q$ , we then construct the visualization by using the subdominant right eigenvectors  
972  $r_k$  associated with the smallest magnitude non-zero eigenvalues  $\lambda_k$  of this rate matrix as coordinates for the low

973 dimensional representation of the landscape, where each such coordinate defines one of the “diffusion axes” used in  
974 the visualization. This visualization reflects the long-term barriers to diffusion in sequence space and clusters in  
975 the representation correspond to sets of initial states from which the evolutionary model approaches its stationary  
976 distribution in the same way. Thus, multi-peaked fitness landscapes appear as broadly separated clusters with one  
977 peak in each cluster. Moreover, by scaling the axes appropriately, as is done here,

$$u_k = \frac{r_k}{\sqrt{-\lambda_k}}$$

978 these axes  $u_k$  have units of square-root of time, where time is measured in the expected number of neutral substitu-  
979 tions for a completely neutral sequence. In particular, using these coordinates  $u_k$ , the squared Euclidean distance  
980 between arbitrary sequences  $i$  and  $j$  equals the sum of the expected time  $H_{ij}$  to evolve from  $i$  to  $j$  and the expected  
981 time  $H_{ji}$  to evolve from  $j$  to  $i$ , i.e.:

$$\sum_k (u_{k,i} - u_{k,j})^2 = H_{ij} + H_{ji},$$

982 Using the first several  $u_k$  (i.e.  $u_1$  and  $u_2$  for a 2-dimensional representation or  $u_1$ ,  $u_2$  and  $u_3$  for a three dimensional  
983 representation) optimally preserves the above relation in a principal components sense (see McCandlish (2011) for  
984 details).

## 985 Acknowledgements

986 This work was funded by Swiss National Science Foundation grants PP00P3\_202672 and 310030\_192541 (J.L.P.)  
987 and NIH grant R35GM133613, an Alfred P. Sloan Research Fellowship, and additional funding from the Simons  
988 Center for Quantitative Biology at Cold Spring Harbor Laboratory (D.M.M.). We thank Macarena Toll-Riera  
989 for discussions, Václav Rozhoň for help with algorithm design and implementation, and Thuy-Lan Lite for kindly  
990 providing the counts data needed for the construction of the ParD-ParE2 and ParD-ParE3 landscapes.

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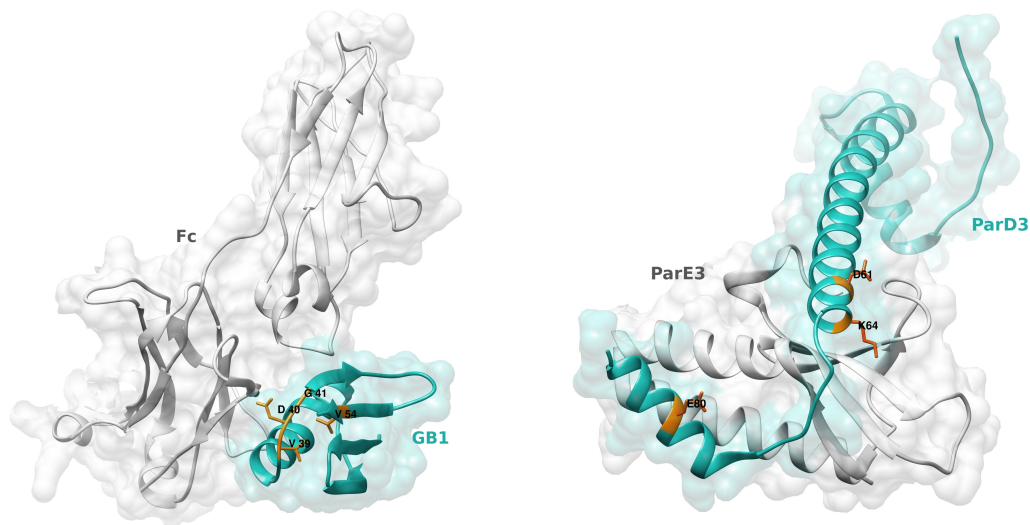


Figure S1: Structures of the (left) GB1 and (right) ParD3 proteins, in complex with their corresponding ligands (Fc domain of IgG for GB1; ParE3 for ParD3). The residues used to build the adaptive landscapes are highlighted in orange. PDB IDs: 1FCC for GB1, 5CEG for ParD3.

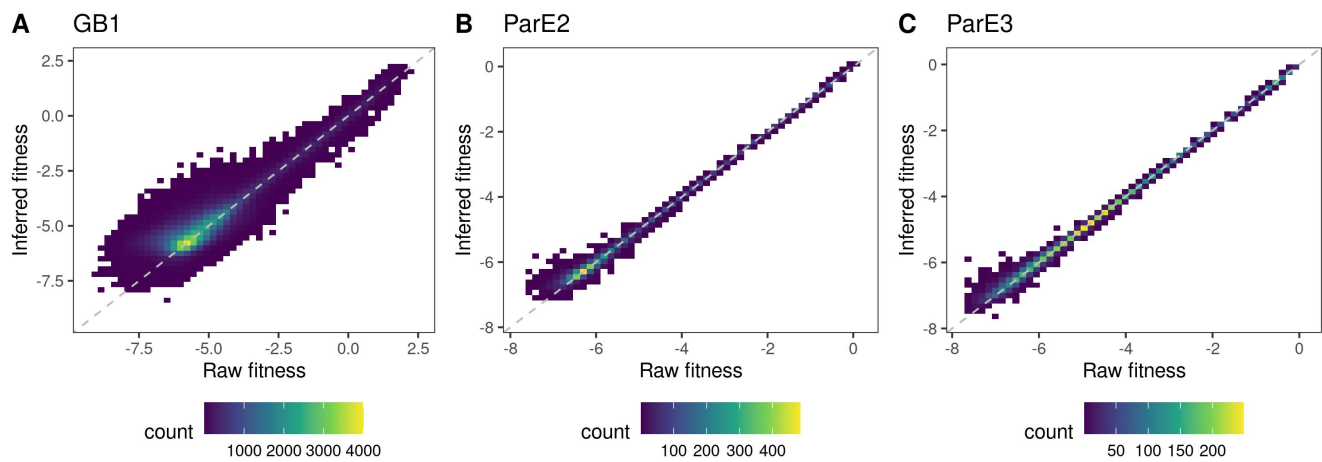


Figure S2: Density plot of the raw fitness values and the fitness values inferred using empirical variance component regression (Methods) (Zhou et al., 2022) for the (A) GB1, (B) ParD-ParE2, and (C) ParD-ParE3 data sets.



		Second position				
		U	C	A	G	
First position	U	F	S	Y	C	U
		L		P	Stop	Stop
	I		T		H	W
		M		A	Q	R
	V		A		N	S
		E		G	K	R
	D		G		G	G
		Stop		Stop		
	Stop		Stop		Stop	Stop
		Stop		Stop		
	Stop		Stop		Stop	Stop
		Stop		Stop		
Stop	Stop		Stop		Stop	U
		Stop		Stop		Stop
Stop	Stop		Stop		Stop	
		Stop		Stop		Stop

- Acidic
- Aliphatic
- Aromatic
- Basic
- Glycine
- Polar
- Proline
- Stop

Figure S3: Codon table for the standard genetic code, with codons colored based on the physicochemical property of the encoded amino acid. Classification into physicochemical properties taken from Pines et al. (2017).

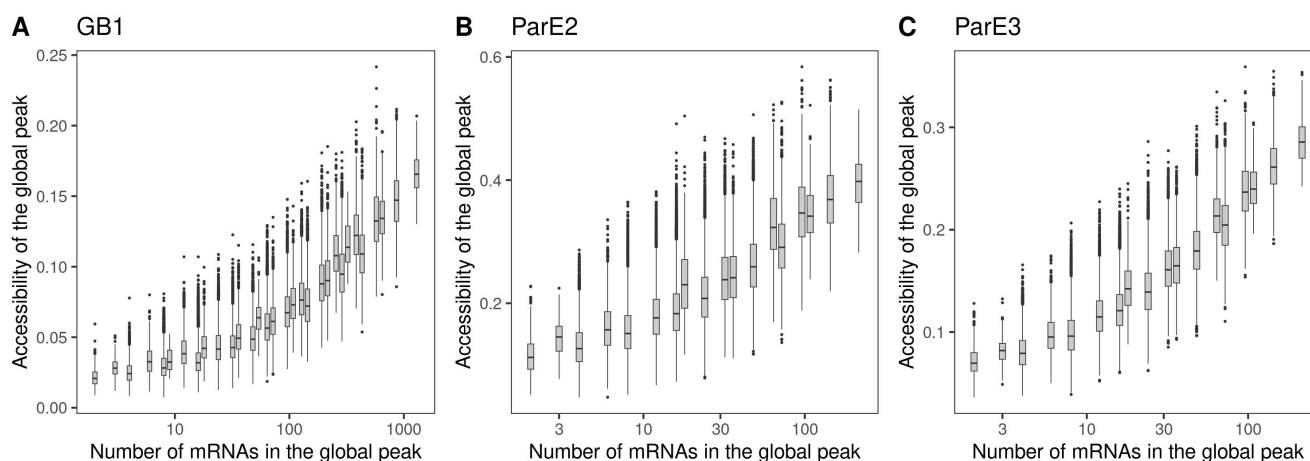


Figure S4: Accessibility of the global peak in relation to its size for the (A) GB1, (B) ParD-ParE2, and (C) ParD-ParE3 landscapes. Mutational accessibility is measured as the proportion of randomly chosen direct paths to the global peak that are accessible, meaning that fitness increases monotonically along the path. Peak size is measured as the number of mRNA sequences encoding the protein with the maximum fitness value. Data pertain to the 100,000 amino acid permutation codes. The box-and-whisker plots show the median, 25th and 75th percentile. The upper whisker extends from the top of the box to the largest value no further than 1.5-times the inter-quartile range, the lower whisker extends from the bottom of the box to the smallest value no further than 1.5-time the inter-quartile range. Data beyond the end of the whiskers are plotted individually.

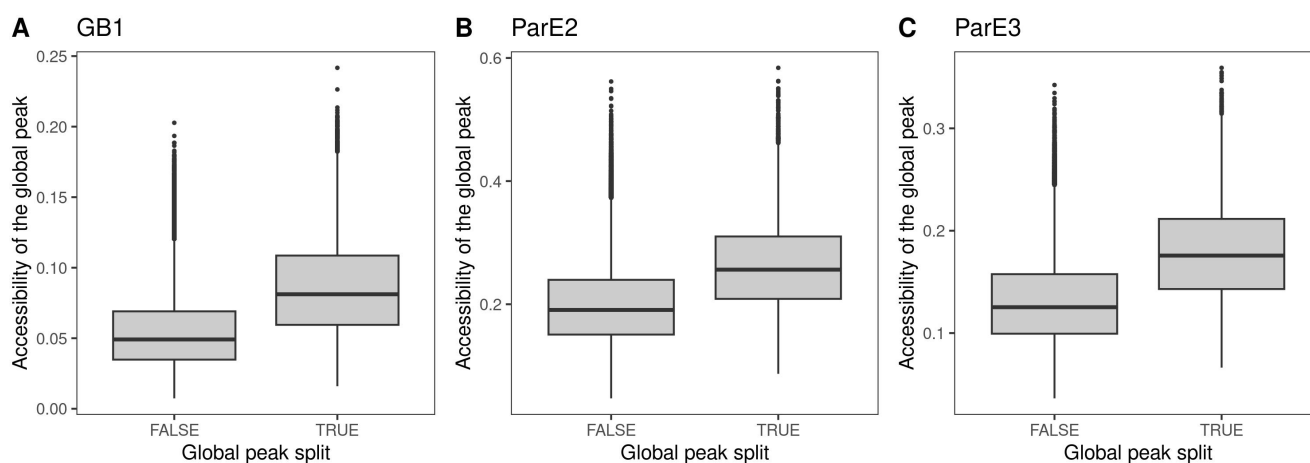


Figure S5: Accessibility of the global peak in relation to whether it forms a single connected region in genotype space for the (A) GB1, (B) ParD-ParE2, and (C) ParD-ParE3 landscapes. The global peak occupies disconnected regions of genotype space when an amino acid in the protein sequence with the highest fitness value is encoded by the split codon block. Data pertain to the 100,000 amino acid permutation codes. Meaning of box-and-whisker plots defined in Fig. S4.

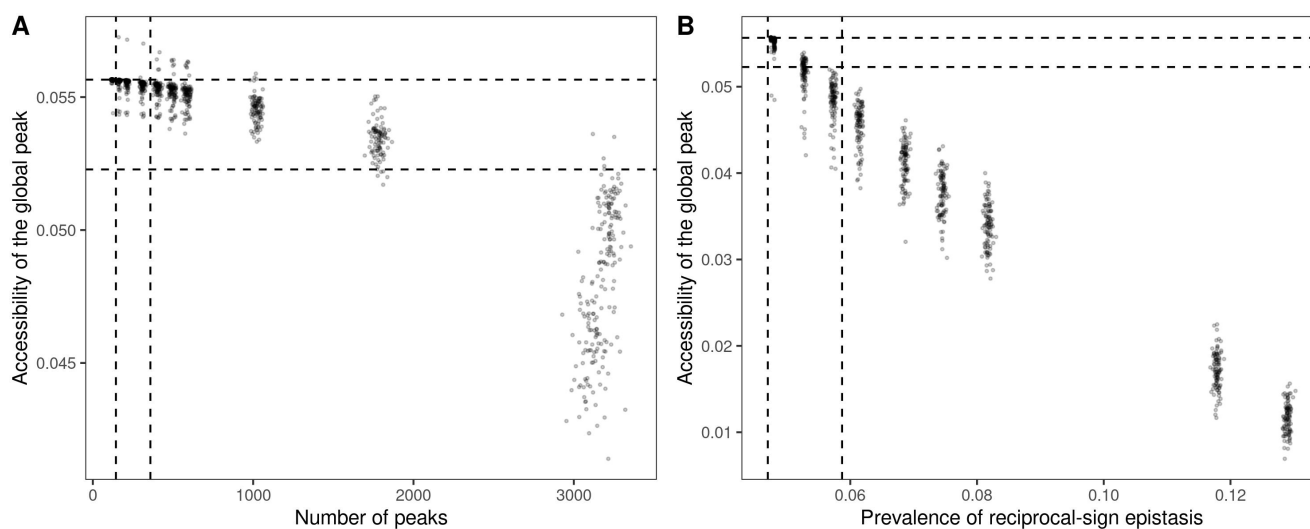


Figure S6: Accessibility of the global peak in relation to two artificially-inflated measures of landscape ruggedness, (A) the number of peaks and (B) the prevalence of reciprocal sign epistasis (Methods). The vertical lines show the 0.01 and 0.99 quantiles in the number of peaks and the prevalence of reciprocal sign epistasis, respectively, for the 100,000 amino acid permutation codes. The horizontal lines show the change in accessibility observed among the 100,000 amino acid permutation codes; the distance between them is the difference between the average accessibility of the global peak in landscapes generated using the 1% most and 1% least robust amino acid permutation codes. For visual clarity, the lines are positioned so that the top line coincides with the mutational accessibility of the global peak in the original landscape. Data pertain to the GB1 landscape under the standard genetic code.

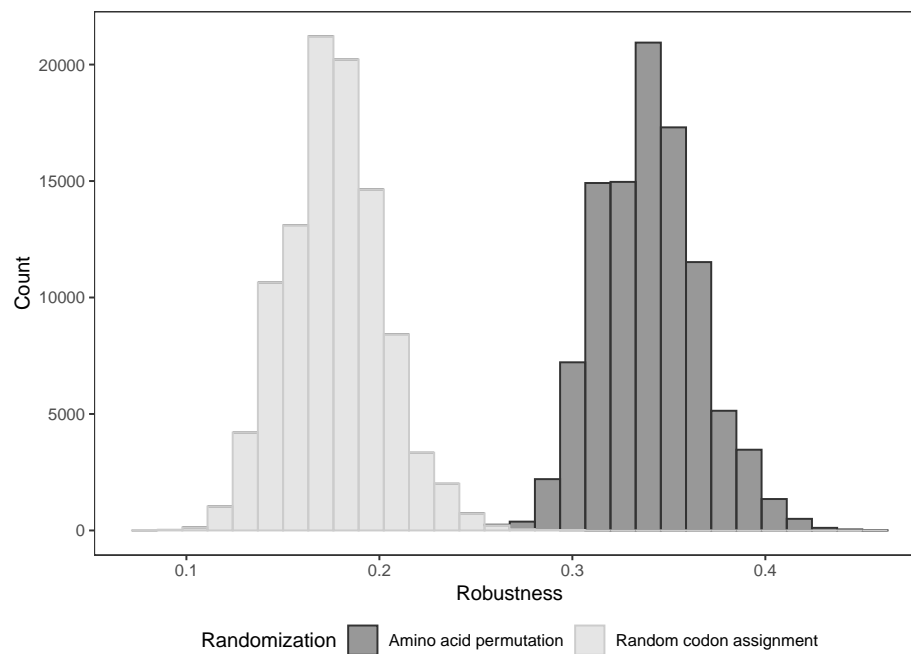


Figure S7: Robustness distributions for genetic codes rewired by amino acid permutation and random codon assignment. Data pertain to 100,000 codes per rewiring scheme.

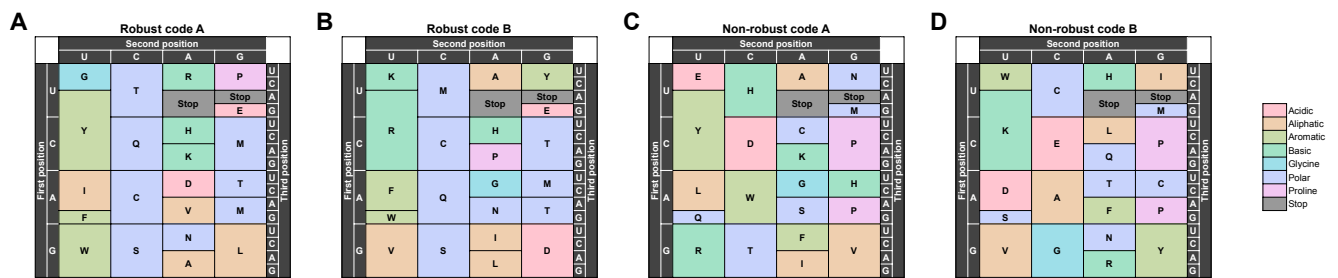


Figure S8: The amino acid permutation codes with the (A, B) highest and (C, D) lowest level of robustness. Codons are colored based on the physicochemical properties of the encoded amino acid, following Pines et al. (2017).

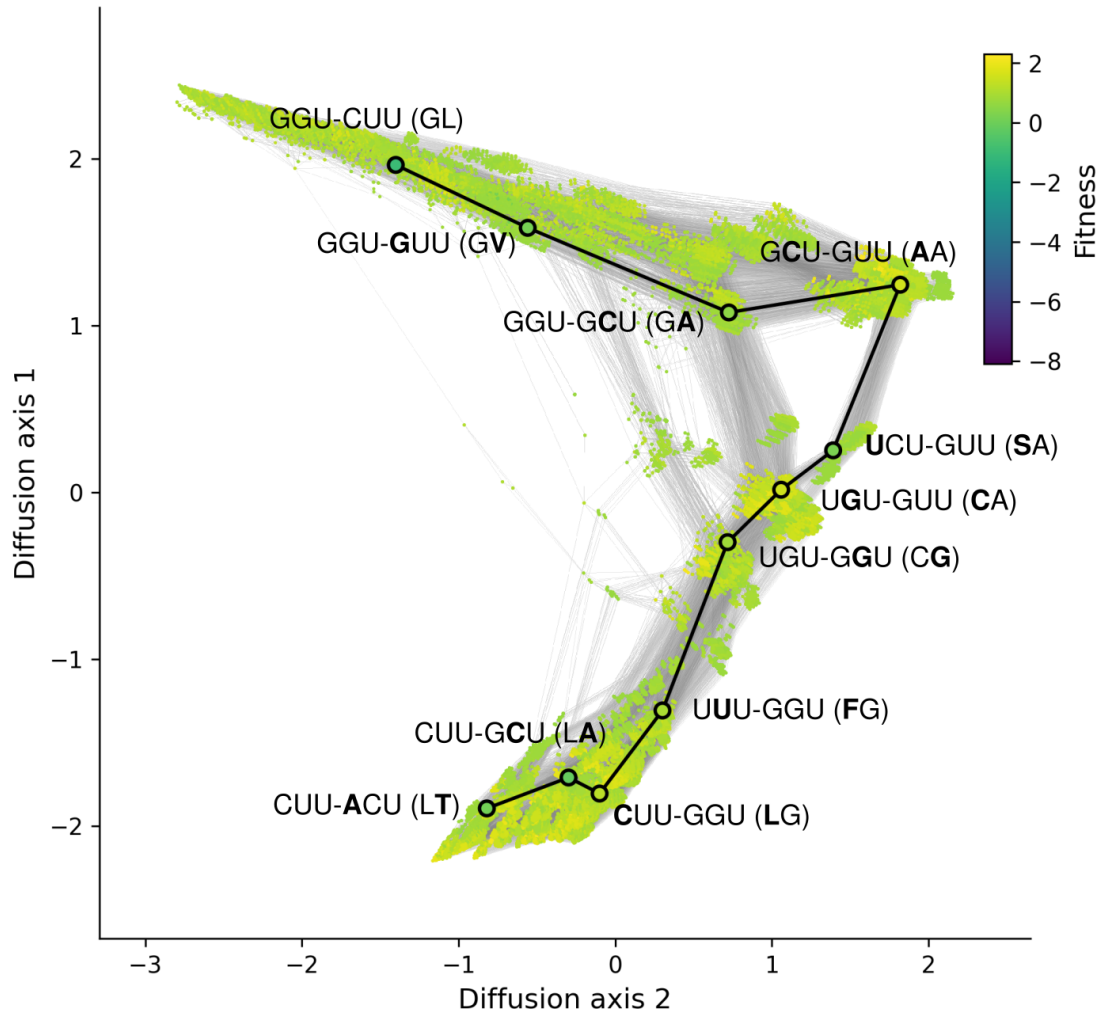


Figure S9: Visualization of the genotype network of high-fitness variants in the GB1 landscape. The highlighted mutational path connects an mRNA sequence for 41G-54L to an mRNA sequence for 41L-54T via a series of intermediate mRNA sequences that are also part of the genotype network (i.e. that are among the 1% most fit sequences). Each highlighted edge corresponds to a non-synonymous point mutation, see Fig. 4 for further information on the layout. The modified nucleotide and amino acid are shown in bold at each step in the path. Color bar indicates protein fitness

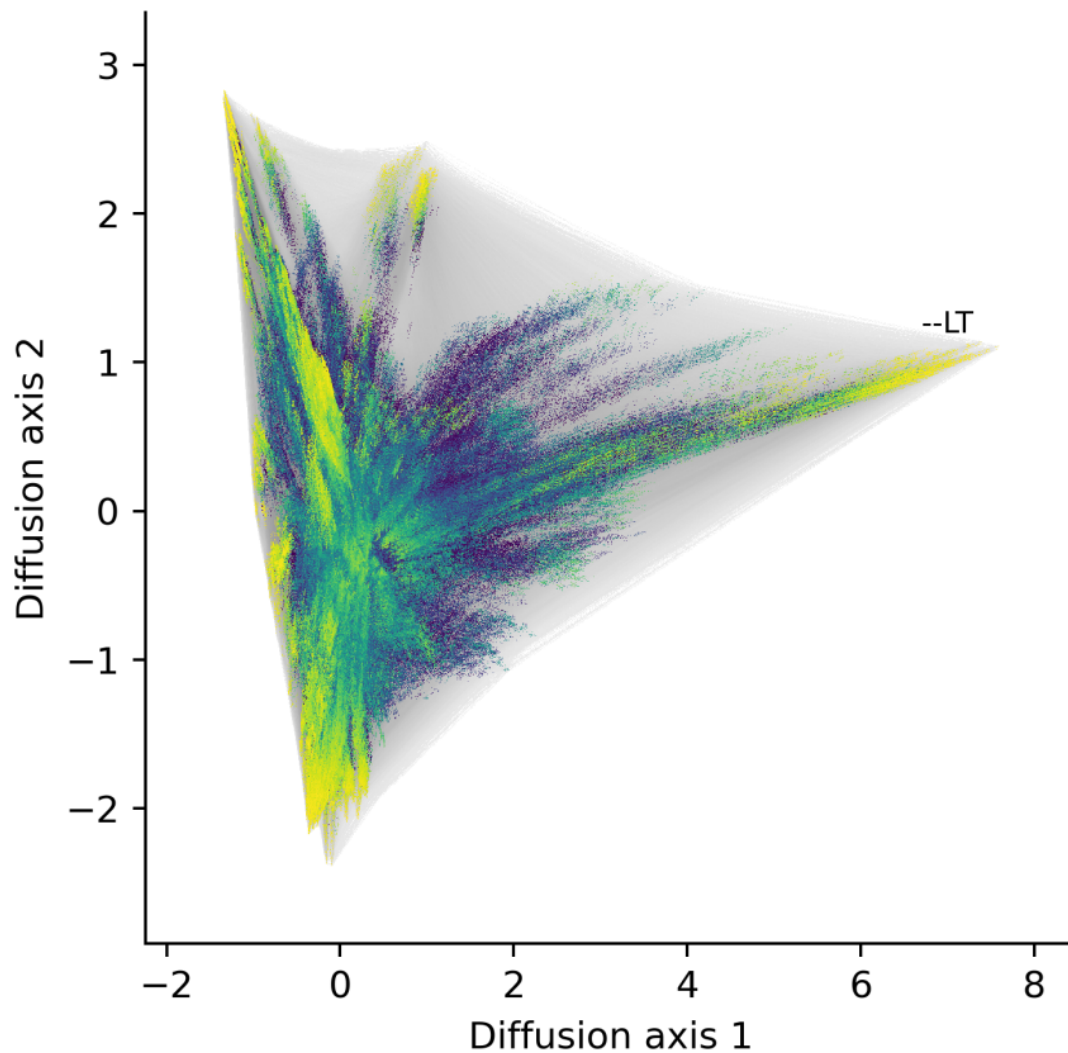


Figure S10: Visualization of the GB1 landscape under Robust Code B. The cluster of 41L-54T variants are indicated, which are separated from the rest of the landscape along Diffusion Axis 1. See Fig. 4 for further information on the layout, as well as the meaning of vertices and edges, and see Fig. 4B for an additional visualization of this landscape along Diffusion Axis 3.



		Second position					
		U	C	A	G		
First position	U	F	S	Y	C	U	
		Free		Stop	Stop	A	
	C	L	P	H	R	G	
				Q		C	
		A	I	T	N	Free	U
			M		K	Free	A
	G	V	A	D	G	G	
				E		C	
							A
							G

Figure S11: The codon table of the 57-codon *E. coli* genome (Ostrov et al., 2016), highlighting the four codon blocks that have been freed for reassignment.

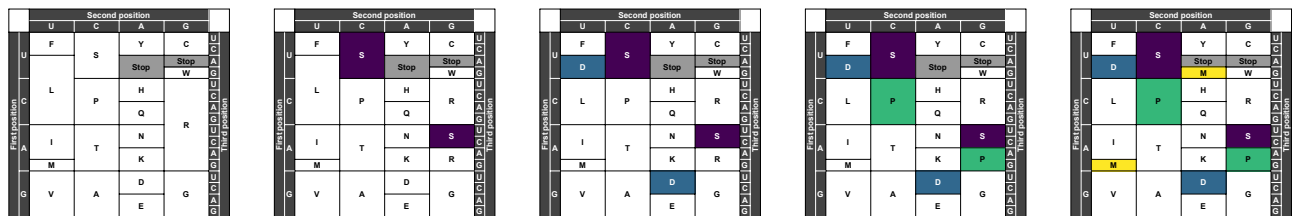


Figure S12: Examples of Ostrov codes with (left) 0 to (right) 4 split codon blocks, which are highlighted in colors.

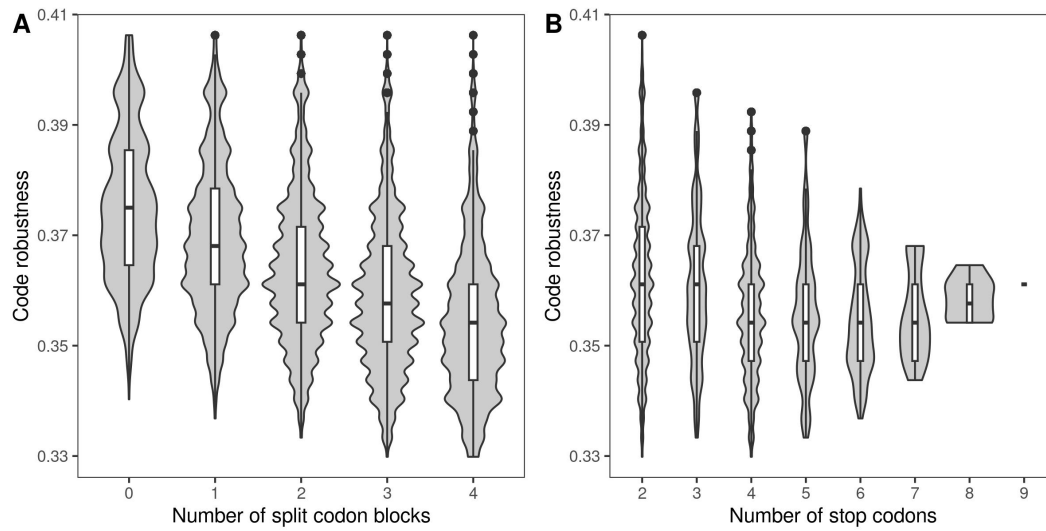


Figure S13: Violin plots of code robustness in relation to (A) the number of split codon blocks and (B) the number of stop codons in the 194,481 Ostrov codes. The violin plots show the distribution and the box-and-whisker plots the median, 25th and 75th percentile of code robustness (see Fig. S4 for details).

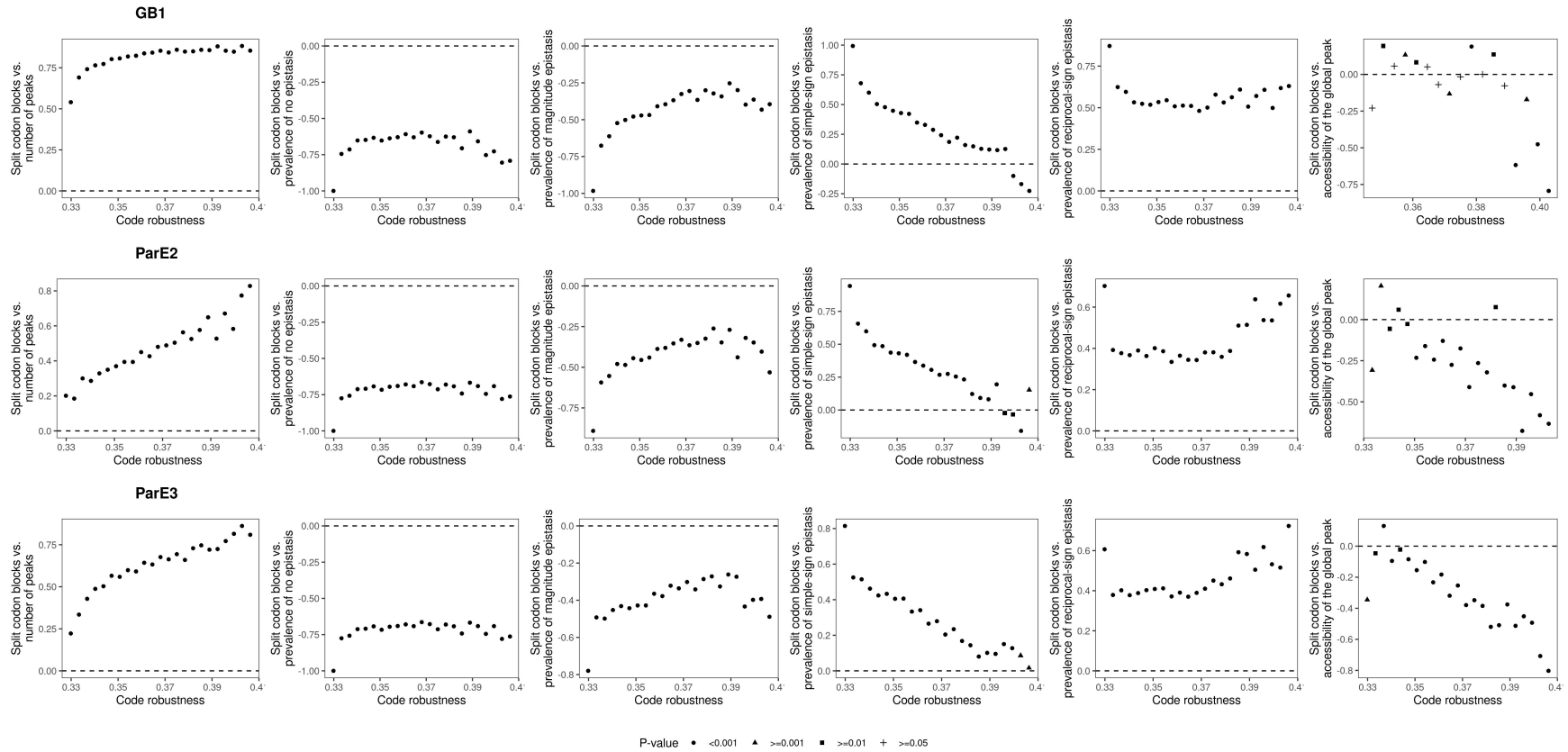


Figure S14: Pearson's correlation between various measures of landscape ruggedness and the number of split codon blocks, for Ostrov codes with a given value of robustness. The shape of the points denotes the p-value of the correlation coefficient, corrected for testing multiple hypotheses (legend). The magnitude, simple-sign, and reciprocal-sign epistasis results are based on prevalence of a given type of epistasis relative to all epistatic squares. Data for global peak accessibility are based on the subset of Ostrov codes that preserve the size of the global peak and the global peak occupies a single connected region in genotype space. Dashed horizontal lines indicates no correlation.

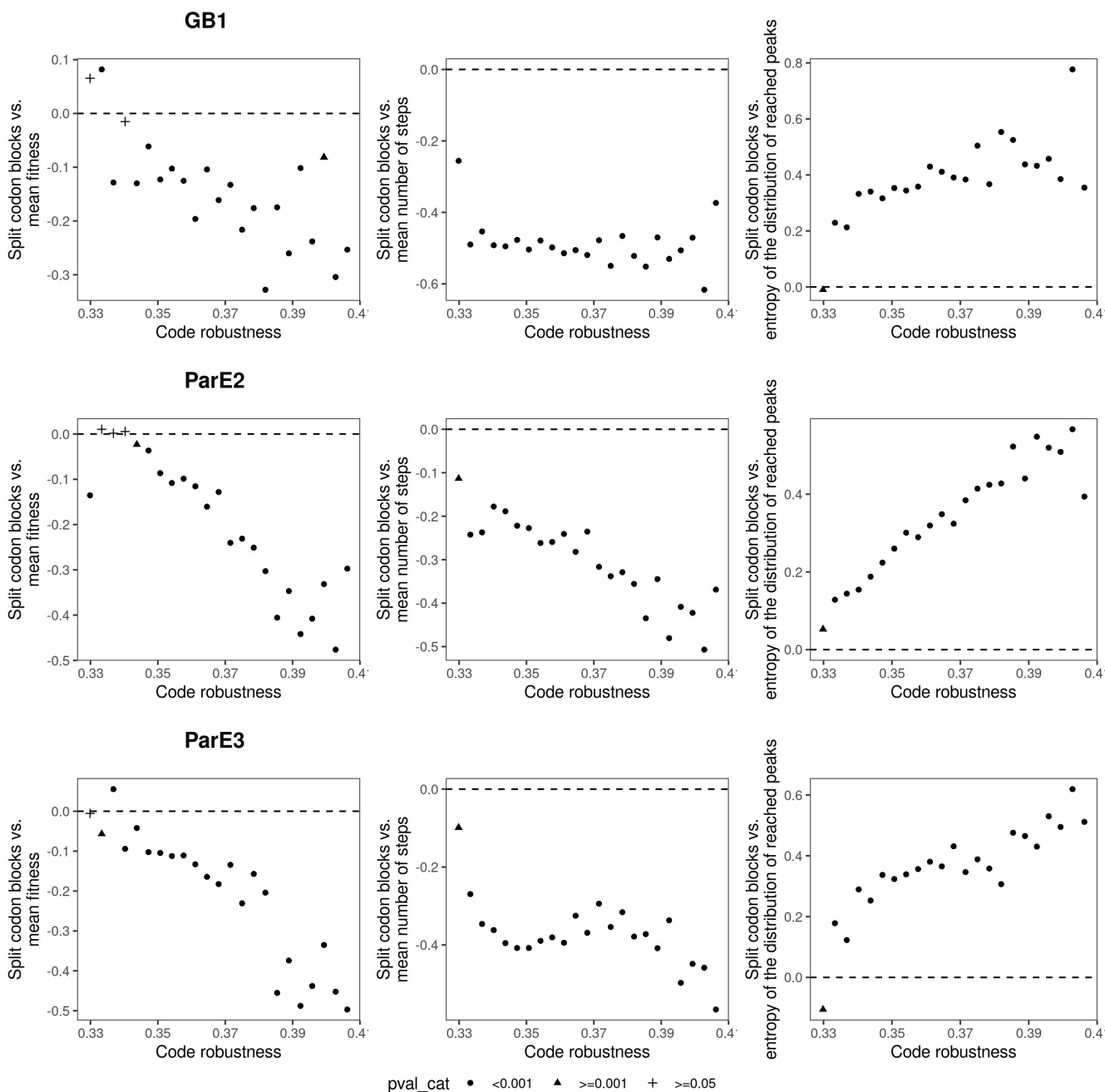


Figure S15: Correlation between various outcomes of the greedy adaptive walks and the number of split codon blocks, for Ostrov codes with a given value of robustness. The shape of the points denotes the p-value of the correlation coefficient, corrected for testing multiple hypotheses (legend). Dashed horizontal lines indicates no correlation.

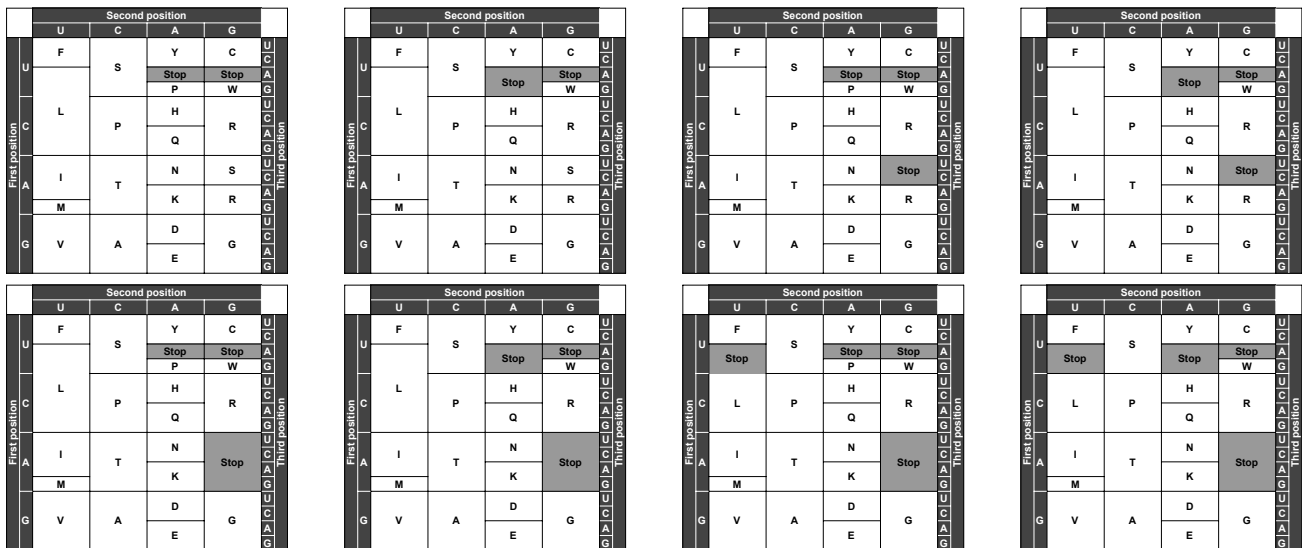


Figure S16: Examples of Ostrov codes with (top left) 2 to (bottom right) 9 stop codons, which are highlighted in grey.

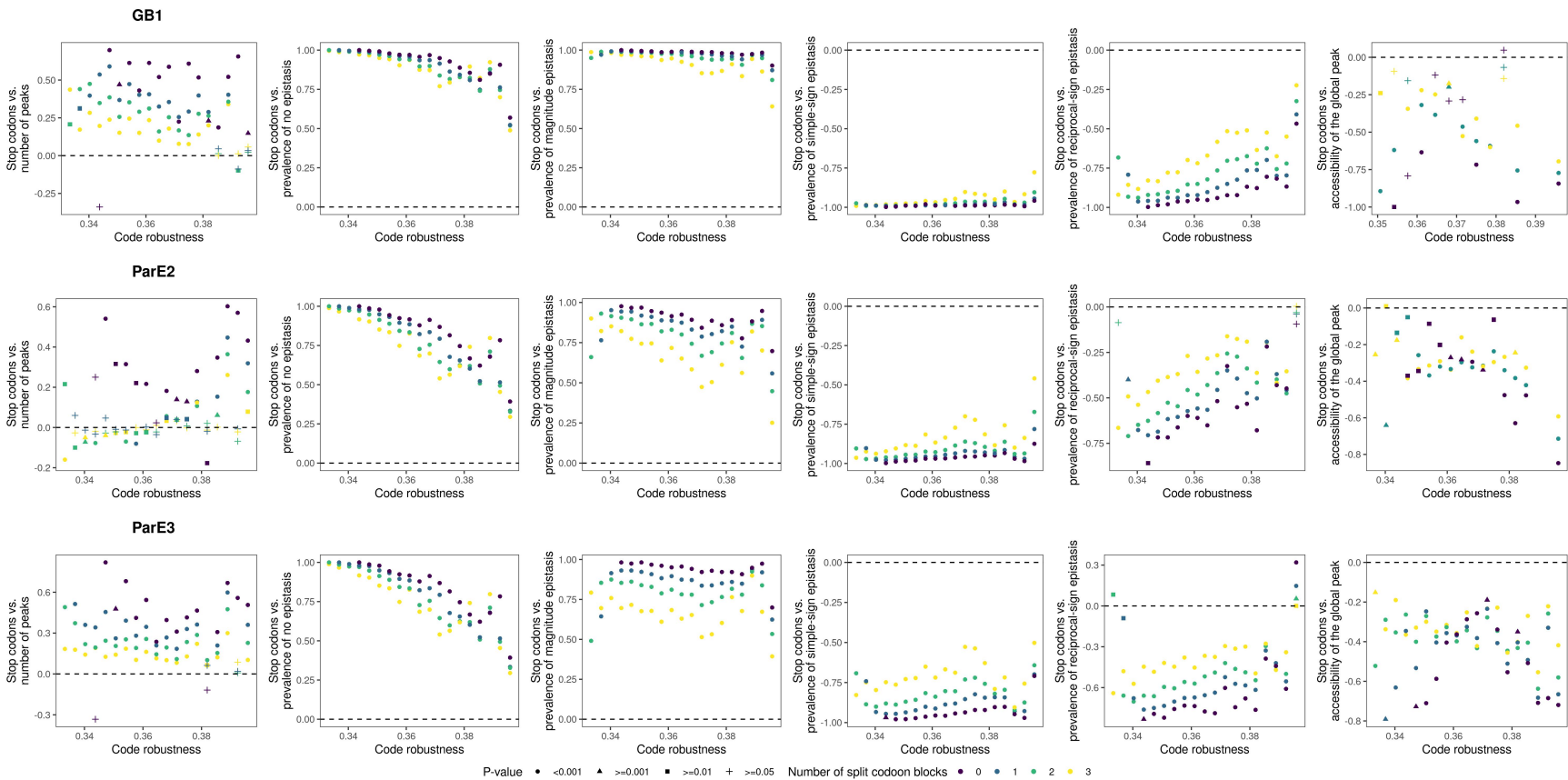


Figure S17: Correlation between various measures of landscape ruggedness and the number of stop codons, for Ostrov codes with a given value of robustness. The shape of the points denotes the p-value of the correlation coefficient, corrected for testing multiple hypotheses, and the color of the points denotes the number of split codon blocks (legend). The magnitude, simple-sign, and reciprocal-sign epistasis results are based on prevalence of a given type of epistasis relative to all epistatic squares. Data for global peak accessibility are based on the subset of Ostrov codes that preserve the size of the global peak and the global peak occupies a single connected region in genotype space. Dashed horizontal lines indicates no correlation. See Supp. Note S1 for further details regarding epistasis.

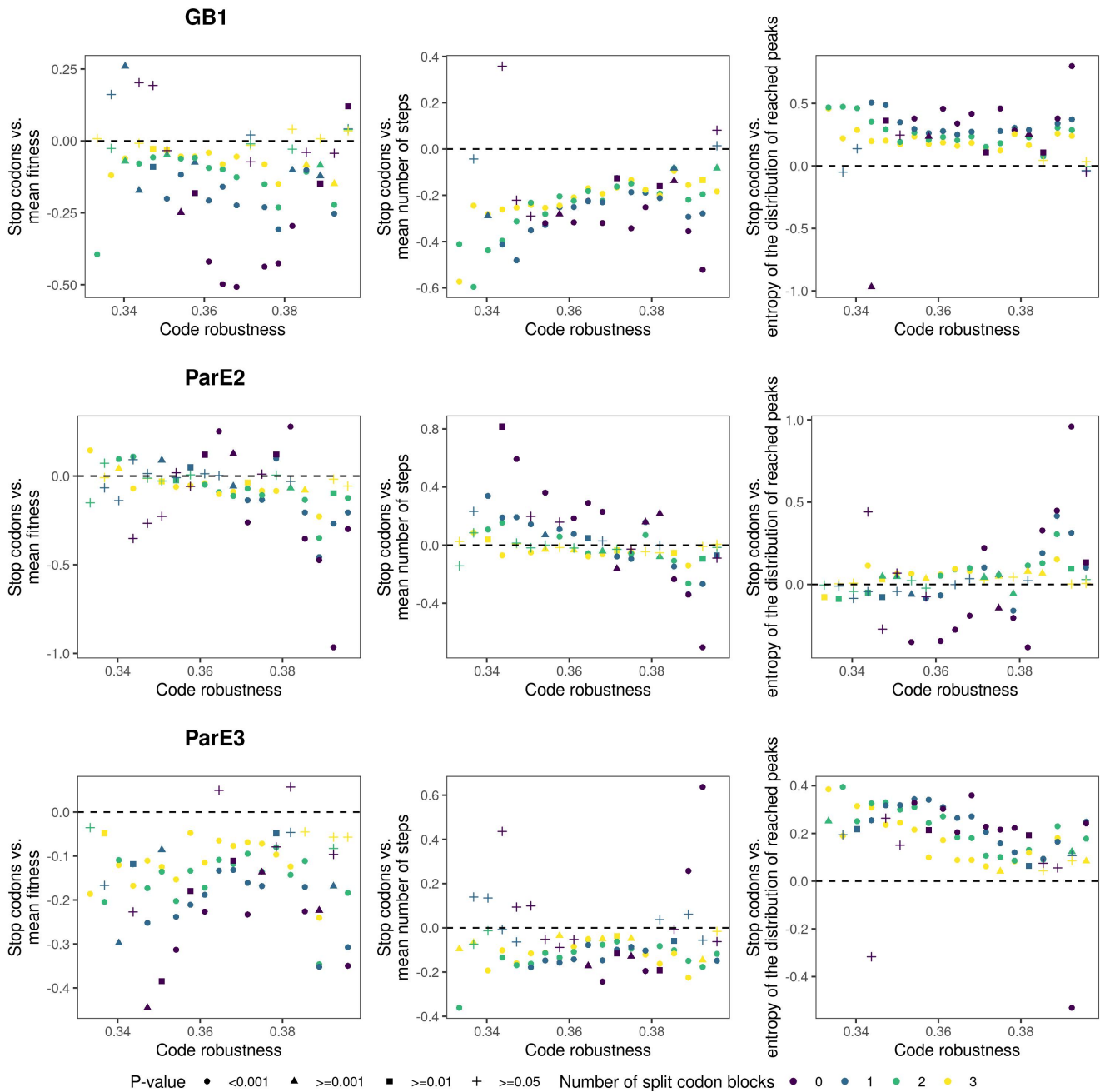


Figure S18: Correlation between various outcomes of the greedy adaptive walks and the number of stop codons, for Ostrov codes with a given value of robustness. The shape of the points denotes the p-value of the correlation coefficient, corrected for testing multiple hypotheses, and the color of the points denotes the number of split codon blocks (legend).



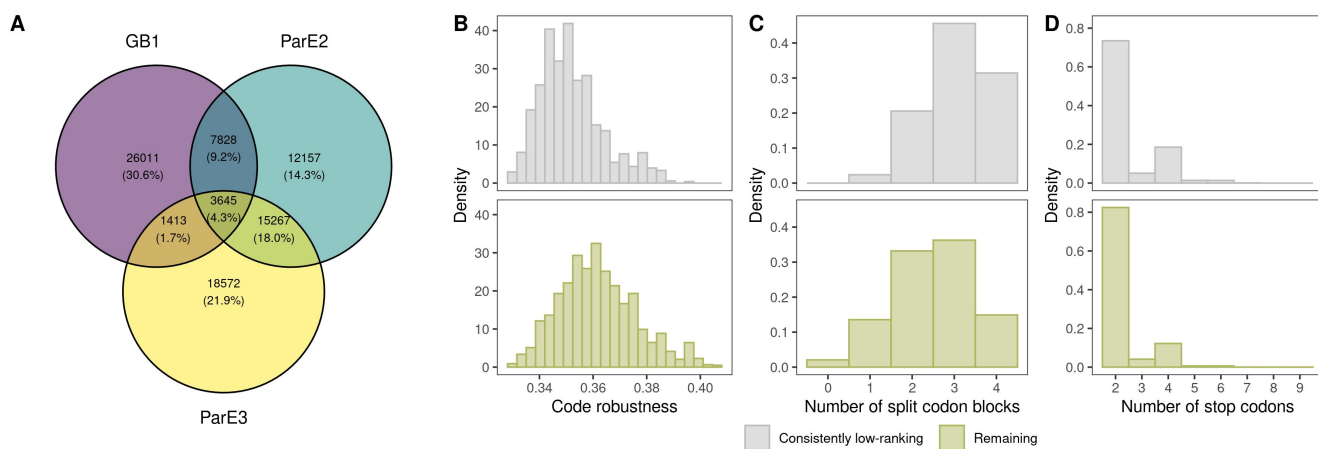


Figure S19: Design principles for diminishing evolvability. (A) Venn diagram of the bottom 20% of Ostrov codes, ranked according to mean fitness reached in the evolutionary simulations, for each of the three data sets. (B)-(D) Comparison of the properties of the 3645 consistently low-ranking codes (three-way intersection in (A)) with the remaining 190,836 codes, in terms of (B) code robustness, (C) number of split codon blocks, and (D) number of stop codons.

	GB1	ParE2	ParE3
Number of peaks	-0.144	-0.119	-0.0346
Prevalence of magnitude epistasis	0.247	0.219	0.118
Prevalence of simple-sign epistasis	-0.125	-0.125	-0.0444
Prevalence of reciprocal-sign epistasis	-0.277	-0.262	-0.191
Accessibility of the global peak	0.024	0.0052 $p = 0.099$	-0.151
Accessibility of the global peak (codes preserving the size of the global peak)	0.086	0.0920	-0.0846

Table S1: Correlation of various measures of landscape ruggedness with code robustness for amino acid permutation codes. All correlations are statistically significant, unless stated otherwise. Results for the prevalence of no epistasis are not shown, because all amino acid permutation codes have the same proportion of squares with no epistasis: As the fitness values are real numbers, only squares that involve at least two synonymous mutations exhibit no epistasis, and because all 100,000 amino acid permutation codes have the same block structure, the prevalence of such squares is the same for all of them.

		GB1	ParE2	ParE3
Ruggedness	Number of peaks	0.00037	0.326	0.570
	Prevalence of magnitude epistasis	0.975	0.664	0.341
	Prevalence of simple-sign epistasis	0.123	0.548	0.604
	Prevalence of reciprocal-sign epistasis	0.0169	0.189	0.676
	Accessibility of the global peak	0.538; 0.864	0.609; 0.610	0.117; 0.643
Greedy walks	Mean fitness	0.812; 0.857	0.961; 0.970	0.647; 0.864
	Mean number of steps	0.936; 0.903	0.993; 0.995	0.928; 0.844
	Entropy of the distribution of reached peaks	0.00304; 0.0024	0.00034; 0.00041	0.189; 0.084
Weak mutation walks	Mean fitness after 500 mutations, $N = 10$	0.781; 0.839	0.756; 0.749	0.447; 0.807
	Mean fitness after 500 mutations, $N = 100$	0.832; 0.884	0.795; 0.802	0.385; 0.748
	Mean fitness after 500 mutations, $N = 10,000$	0.842; 0.893	0.797; 0.806	0.404; 0.775
	Mean fitness after 500 mutations, $N = 1,000,000$	0.842; 0.894	0.796; 0.805	0.404; 0.775

Table S2: Proportion of the amino acid permutation codes with lower or equal value of a given characteristic, as compared to the standard genetic code. For accessibility of the global peak and the greedy and weak mutation adaptive walks, two proportions are shown: the first one is the proportion of such codes in the whole data set of 100,000 amino acid permutation codes, the second is based on the subset of codes that preserve the size of the global peak and under which the global peak forms a single connected region in the genotype space.

	GB1	ParE2	ParE3
Number of peaks	-0.387	-0.392	-0.329
Prevalence of no epistasis	0.371	0.371	0.371
Prevalence of magnitude epistasis	-0.160	0.133	-0.038
Prevalence of simple-sign epistasis	-0.417	-0.393	-0.249
Prevalence of reciprocal-sign epistasis	-0.476	-0.466	-0.401
Accessibility of the global peak	-0.002, $p = 0.535$	-0.053	-0.228
Accessibility of the global peak (codes preserving the size of the global peak)	0.149	0.134	0.024, $p = 0.190$

Table S3: Correlation of various measures of landscape ruggedness with code robustness for random codon assignment codes. All correlations are statistically significant, unless stated otherwise. Unlike for the amino acid permutation codes, the random codon assignment codes differ in the proportion of mutations that are synonymous, and hence also differ in the prevalence of squares showing no epistasis. However, the observed correlation with code robustness is exactly the same for all three data sets because prevalence of squares showing no epistasis is determined by the proportion of synonymous mutations in the genetic code.

	Total (+/- corr.)	Alpha and turn propensity		Beta propensity		Hydrophobicity		Other	
		Observed	Enrichment P-value	Observed	Enrichment P-value	Observed	Enrichment P-value	Observed	Enrichment P-value
<b>GB1</b>									
Number of peaks	171 (169/2)	14	1	23	<b>0.00937</b>	127	$< 2.2 \cdot 10^{-16}$	7	1
Magnitude epistasis	45 (5/40)	21	<b>0.00251</b>	9	<b>0.00815</b>	12	0.973	3	1.00
Simple-sign epistasis	0								
Reciprocal-sign epistasis	118 (111/7)	50	$1.03 \cdot 10^{-4}$	17	<b>0.0123</b>	43	0.762	8	1.00
Accessibility of the global peak	6 (5/1)	0	1	0	1	0	1	6	$3.53 \cdot 10^{-4}$
<b>ParE2</b>									
Number of peaks	10 (5/5)	3	0.511	0	1	2	0.949	5	0.0980
Magnitude epistasis	62 (11/51)	34	$1.66 \cdot 10^{-6}$	3	0.880	10	1	15	0.710
Simple-sign epistasis	3 (0/3)	0	1	0	1	1	0.776	2	0.174
Reciprocal-sign epistasis	89 (82/7)	56	$4.09 \cdot 10^{-13}$	6	0.720	10	1	17	0.961
Accessibility of the global peak	1 (0/1)	1	0.262	0	1	0	1	0	1
<b>ParE3</b>									
Number of peaks	7 (2/5)	0	1	0	1	5	0.0891	2	0.594
Magnitude epistasis	72 (2/70)	56	$< 2.2 \cdot 10^{-16}$	4	0.834	4	1	8	1
Simple-sign epistasis	48 (44/4)	36	$2.41 \cdot 10^{-12}$	4	0.537	3	1	5	0.998
Reciprocal-sign epistasis	95 (95/0)	74	$< 2.2 \cdot 10^{-16}$	5	0.882	4	1	12	1
Accessibility of the global peak	4 (4/0)	1	0.704	1	0.282	2	0.512	0	1

Table S4: Amino acid properties that are significantly correlated with landscape ruggedness. For each ruggedness measure, the total number of statistically significant properties is shown (number of positively/negatively correlated properties in parentheses). These properties are then broken down into four categories, for which the number of statistically significant properties is shown, along with the p-value of a one-tailed binomial test for over-abundance of the given category among the significantly correlated properties. Statistically significant p-values ( $< 0.05$ , **in bold**) mean that the category is over-represented among the significantly correlated properties, compared to the null expectation. The proportions of the categories in the database are 26.2% alpha and turn propensity, 8.0% beta propensity, 39.2% hydrophobicity, and 26.6% other.

		GB1	ParE2	ParE3
Mean fitness	all codes	0.107	0.121	-0.00422 ( $p = 0.182$ )
	codes preserving the size of the global peak	0.130	0.183	0.092
Mean number of steps	all codes	0.192	0.179	0.157
	codes preserving the size of the global peak	0.239	0.170	0.124
Entropy of the distribution of reached peaks	all codes	-0.147	-0.172	-0.0702
	codes preserving the size of the global peak	-0.203	-0.213	-0.123

Table S5: Correlation of code robustness with the outcomes of greedy adaptive walks for amino acid permutation codes. All correlations are statistically significant, unless specified otherwise (p-values in parentheses).

	GB1	ParE2	ParE3
$N = 10$	0.120	0.124	0.050
$N = 100$	0.096	0.155	0.029, $p = 0.018$
$N = 10,000$	0.091	0.148	0.018, $p = 0.128$
$N = 1,000,000$	0.091	0.148	0.018, $p = 0.131$

Table S6: Correlation of code robustness with the mean fitness reached after 500 steps of the weak mutation adaptive walks, for different values of population size  $N$ , in the set of amino acid permutation codes. Correlations are statistically significant unless specified otherwise. Data pertain to the subset of amino acid permutation codes that preserve the size of the global peak and under which the global peak forms a single connected region in the genotype space.

		GB1	ParE2	ParE3
Mean fitness	all codes	0.140	0.127	-0.0734
	codes preserving the size of the global peak	0.141	0.183	0.092
Mean number of steps	all codes	0.418	0.259	0.266
	codes preserving the size of the global peak	0.454	0.170	0.124
Entropy of the distribution of reached peaks	all codes	-0.071	-0.072	0.0635
	codes preserving the size of the global peak	-0.109	-0.213	-0.123

Table S7: Correlation of code robustness with the outcomes of greedy adaptive walks for the random codon assignment codes. All correlations are statistically significant. For these codes, the subset of codes that preserve the size of the global peak is not required to also fulfill the condition on the global peak forming a single connected region in the genotype space, because due to the nature of the random codon assignment codes this is almost never the case. The size of the subset is  $n = 4,584$  (GB1),  $n = 16,032$  (ParD-ParE2),  $n = 6,781$  (ParD-ParE3).



	GB1	ParE2	ParE3
$N = 10$	0.101	0.187	-0.010, $p = 0.579$
$N = 100$	0.058	0.197	-0.043, $p = 0.018$
$N = 10,000$	0.053	0.185	-0.054, $p = 0.0032$
$N = 1,000,000$	0.053	0.185	-0.054, $p = 0.0032$

Table S8: Correlation of code robustness with the mean fitness reached after 500 steps of weak mutation adaptive walks, for different values of population size  $N$ , in the set of random codon assignment codes. All correlations are statistically significant unless specified otherwise. All results pertain to the subset of codes that preserve the size of the global peak.

	GB1	ParE2	ParE3
Number of peaks	-0.412	-0.359	-0.300
Prevalence of no epistasis	0.072	0.165	0.165
Prevalence of magnitude epistasis	-0.117; 0.0066, $p = 0.0035$	0.005, $p = 0.029$ ; 0.152	-0.132; 0.056
Prevalence of simple-sign epistasis	0.010; 0.087	-0.080; -0.010	-0.065; 0.005, $p = 0.018$
Prevalence of reciprocal-sign epistasis	-0.180; -0.225	-0.309; -0.311	-0.198; -0.180
Accessibility of the global peak	0.142	-0.082	-0.230
Accessibility of the global peak (codes preserving the size of the global peak)	0.256	0.006, $p = 0.403$	0.039

Table S9: Correlation of various measures of landscape ruggedness with code robustness for the Ostrov codes. All correlations are statistically significant, unless stated otherwise. For magnitude, simple-sign, and reciprocal-sign epistasis, the first number is the correlation between the absolute prevalence of the corresponding type of epistasis and code robustness, while the second one is the correlation between code robustness and the prevalence of a given type of epistasis among epistatic squares only (i.e., in the second case, squares with no epistasis are discarded).

		GB1	ParE2	ParE3
Mean fitness	all codes	0.388	0.208	-0.076
	codes preserving the size of the global peak	0.357	0.331	0.277
Mean number of steps	all codes	0.359	0.266	0.261
	codes preserving the size of the global peak	0.289	0.180	0.170
Entropy of the distribution of reached peaks	all codes	-0.264	-0.151	0.040
	codes preserving the size of the global peak	-0.183	-0.220	-0.205

Table S10: Correlation of code robustness with the outcomes of greedy adaptive walks for the Ostrov codes. All correlations are statistically significant.

	GB1	ParE2	ParE3
$N = 10$	0.300	0.295	-0.141
$N = 100$	0.268	0.380	-0.050
$N = 10,000$	0.306	0.410	0.009, $p = 0.0056$
$N = 1,000,000$	0.307	0.410	0.010, $p = 0.0014$

Table S11: Correlation of code robustness with the mean fitness reached after 500 steps of weak mutation adaptive walks, for different values of population size  $N$ , in the set of Ostrov codes. All correlations are statistically significant unless stated otherwise. All results pertain to the subset of codes that preserve the size of the global peak and under which the global peak forms a single connected region in the genotype space.

	GB1	ParE2	ParE3
Number of peaks	0.847	0.487	0.657
Prevalence of no epistasis	-0.613	-0.699	-0.699
Prevalence of magnitude epistasis	0.681; -0.380	0.313; -0.414	0.444; -0.364
Prevalence of simple-sign epistasis	0.452; 0.278	0.507; 0.322	0.485; 0.297
Prevalence of reciprocal-sign epistasis	0.614; 0.558	0.568; 0.444	0.576; 0.434
Accessibility of the global peak	-0.094	-0.229	-0.256

Table S12: Correlation of various measures of landscape ruggedness with number of split codon blocks for the Ostrov codes. All correlations are statistically significant. The mutational accessibility results pertain to the codes that preserve the size of the global peak and under which the global peak forms a single connected region in the genotype space. For magnitude, simple-sign, and reciprocal-sign epistasis, the first number is the correlation between the absolute prevalence of the corresponding type of epistasis and number of split codon blocks, while the second one is the correlation between number of split codon blocks and the prevalence of a given type of epistasis among epistatic squares only (i.e., in the second case, squares with no epistasis are discarded).

	GB1	ParE2	ParE3
Mean fitness	-0.261	-0.214	-0.109
Mean number of steps	-0.564	-0.348	-0.431
Entropy of the distribution of reached peaks	0.453	0.360	0.316

Table S13: Correlation of number of split codon blocks with the outcomes of greedy adaptive walks for the Ostrov codes. All correlations are statistically significant.

	GB1	ParE2	ParE3
$N = 10$	-0.117	-0.200	-0.087
$N = 100$	-0.014, $p = 0.294$	-0.160	0.049
$N = 10,000$	0.104	-0.006, $p = 0.428$	0.185
$N = 1,000,000$	0.105	-0.003, $p = 0.703$	0.187

Table S14: Correlation of number of split codon blocks with the mean fitness reached after 500 steps of random adaptive walks, for different values of population size  $N$ , for the Ostrov codes. All correlations are statistically significant unless specified otherwise. All results pertain to the subset of codes that preserve the size of the global peak and under which the global peak forms a single connected region in the genotype space.

	Number of split codon blocks	GB1	ParE2	ParE3
Number of peaks	0	0.460	0.213	0.359
	1	0.390	0.103	0.304
	2	0.330	0.073	0.245
	3	0.249	0.049	0.173
Prevalence of no epistasis	0	0.915	0.773	0.773
	1	0.922	0.789	0.789
	2	0.930	0.804	0.804
	3	0.938	0.822	0.822
Prevalence of magnitude epistasis	0	-0.444; 0.986	0.102; 0.906	0.061; 0.951
	1	-0.429; 0.981	0.154; 0.865	0.071; 0.893
	2	-0.395; 0.970	0.190; 0.806	0.088; 0.812
	3	-0.325; 0.939	0.189; 0.689	0.090; 0.664
Prevalence of simple-sign epistasis	0	-0.983; -0.990	-0.959; -0.969	-0.953; -0.948
	1	-0.983; -0.987	-0.952; -0.953	-0.931; -0.905
	2	-0.982; -0.982	-0.940; -0.926	-0.893; -0.842
	3	-0.977; -0.966	-0.903; -0.860	-0.805; -0.713
Prevalence of reciprocal-sign epistasis	0	-0.928; -0.883	-0.680; -0.495	-0.794; -0.688
	1	-0.918; -0.852	-0.626; -0.446	-0.753; -0.617
	2	-0.898; -0.802	-0.555; -0.386	-0.688; -0.533
	3	-0.843; -0.698	-0.438; -0.296	-0.568; -0.409
Accessibility of the global peak	0	-0.488	-0.291	-0.457
	1	-0.427	-0.262	-0.407
	2	-0.330	-0.205	-0.341
	3	-	-	-0.250

Table S15: Correlation of various measures of landscape ruggedness with number of stop codons, conditioned on the number of split codon blocks, for the Ostrov codes. Results for 4 split codon blocks not shown because all codes with 4 split codon blocks have 2 stop codons. All correlations are statistically significant. The accessibility of the global peak results pertain to the codes that preserve the size of the global peak and under which the global peak forms a single connected region in the genotype space. For magnitude, simple-sign, and reciprocal-sign epistasis, the first number is the correlation between the absolute prevalence of the corresponding type of epistasis and number of stop codons, while the second one is the correlation between number of stop codons and the prevalence of a given type of epistasis among epistatic squares only (i.e., in the second case, squares with no epistasis are discarded). See Supp. Note S1 for the explanation of the epistasis results.



	Number of split codon blocks	GB1	ParE2	ParE3
Mean fitness	0	-0.364	-0.147	-0.183
	1	-0.264	-0.128	-0.139
	2	-0.196	-0.107	-0.104
	3	-0.133	-0.078	-0.069
Mean number of steps	0	-0.274	-0.079	-0.119
	1	-0.281	-0.074	-0.131
	2	-0.277	-0.075	-0.135
	3	-0.259	-0.074	-0.127
Entropy of the distribution of reached peaks	0	0.310	0.064	0.182
	1	0.295	0.068	0.181
	2	0.269	0.071	0.165
	3	0.222	0.064	0.132

Table S16: Correlation of the greedy adaptive walks outcomes with number of stop codons, conditioned on the number of split codon blocks, for the Ostrov codes. Results for 4 split codon blocks not shown because all codes with 4 split codon blocks have 2 stop codons. All correlations are statistically significant.

	Number of split codon blocks	GB1	ParE2	ParE3
$N = 10$	0	-0.255	-0.088, $p = 0.00268$	-0.044, $p = 0.037$
	1	-0.145	-0.072	-0.008, $p = 0.337$
	2	-0.084	-0.050	0.011, $p = 0.040$
	3	-	-	0.016, $p = 0.0017$
$N = 100$	0	-0.376	-0.229	-0.077, $p = 2.42 \cdot 10^{-4}$
	1	-0.246	-0.145	-0.033
	2	-0.149	-0.077	0.0011, $p = 0.828$
	3	-	-	0.021
$N = 10,000$	0	-0.769	-0.765	-0.565
	1	-0.631	-0.626	-0.495
	2	-0.458	-0.432	-0.402
	3	-	-	-0.275
$N = 1,000,000$	0	-0.773	-0.634	-0.573
	1	-0.635	-0.771	-0.504
	2	-0.463	-0.440	-0.411
	3	-	-	-0.282

Table S17: Correlation of the mean fitness reached after 500 steps of a random walk with number of stop codons, conditioned on the number of split codon blocks, for the Ostrov codes. Results for 4 split codon blocks not shown because all codes with 4 split codon blocks have 2 stop codons. All correlations are statistically significant. All results pertain to the subset of codes that preserve the size of the global peak and under which the global peak forms a single connected region in the genotype space.

	ParE2	ParE3
GB1	0.094	0.073
ParE2		-0.045

Table S18: Correlation of the mean fitness reached in the greedy walks by individual Ostrov codes across the three data sets.

	GB1		ParD-ParE2		ParD-ParE3	
	Mean fitness	P-value	Mean fitness	P-value	Mean fitness	P-value
Pines et al. (2017)						
OPT	1.413	0.613	-0.063	0.498	-0.020	0.011
OPT-NR	1.207	0.949	-0.032	0.219	-0.045	0.056
CMC	1.372	0.722	0.0232	0.108	-0.0397	0.041
CMC <sup>2</sup>	1.356	0.756	0.0495	0.059	-0.00585	0.004
REC	1.449	0.503	-0.0143	0.153	-0.102	0.252
Ostrov	1.363	0.742	-0.0570	0.428	-0.0145	0.008
Calles et al. (2019)						
FS20	-1.778	1.0	-2.864	1.0	-2.231	1.0
RED20	-0.871	1.0	-2.125	1.0	-0.939	1.0
This study						
standard	1.497	0.341	0.061	0.031	-0.125	0.350
Code A	1.568	0.138	-0.027	0.196	-0.080	0.174
Code B	1.550	0.185	0.082	0.003	-0.078	0.168
Code C	1.570	0.134	0.063	0.025	-0.065	0.122
Code D	1.032	0.996	-0.193	0.995	-0.256	0.984

Table S19: Mean fitness reached in the greedy adaptive walks using the evolvability-promoting codes of Pines et al. (2017), evolvability-diminishing codes of Calles et al. (2019), and the codes identified in this study (codes A-C promote evolvability, code D diminishes). The p-value equals the proportion of the Ostrov codes that have reached the same or higher fitness in the greedy walks.

## 1262 S1 Epistasis under the Ostrov codes

1263 The Ostrov codes can vary in the number of split codon blocks and the number of stop codons they contain. The  
1264 effect of increasing the number of split codon blocks on the prevalence of the different forms of epistasis follows  
1265 intuition: As the number of split codon blocks increases, the number of synonymous mutations decreases, thus  
1266 decreasing the prevalence of squares with no epistasis. And among the epistatic squares, increasing the number  
1267 of split codon blocks increases the prevalence of simple and reciprocal sign epistasis (Supp. Tab. S12 and Supp.  
1268 Fig. S14). However, the effect of increasing the number of stop codons on the different forms of epistasis is more  
1269 complicated (Supp. Tab. S15 and Supp. Fig. S17). First, we observe a strong positive correlation between  
1270 the number of stop codons and the prevalence of no epistasis. This is because the more stop codons a genetic  
1271 code has, the more mRNAs contain at least one stop codon, and hence the more squares that consist entirely of  
1272 sequences containing stop codons. As we have assigned the same fitness value to all sequences containing stop  
1273 codons (Methods), these squares will be classified as exhibiting no epistasis. Second, contrary to expectation, we  
1274 observe a strong positive correlation between the number of stop codons and the prevalence of magnitude epistasis,  
1275 and a strong negative correlation between the number of stop codons and simple, as well as reciprocal, sign epistasis  
1276 (Supp. Tab. S15).

1277 To understand these results, we must think of the types of squares that mRNA sequences containing stop codons  
1278 can be part of. Not considering the trivial squares consisting only of sequences containing at least one stop codon,  
1279 there are 6 possible configurations, which we depict in Fig. S20. In the following, we will mostly focus on the  
1280 configurations in Fig. S20A and S20B, and discuss the remaining 4 configurations at the end. Configuration A  
1281 involves squares where the “wild type” sequence contains one stop codon and one of the mutations changes the  
1282 stop codon to a sense codon, while the second mutation happens in any of the remaining codons (Fig. S20A).  
1283 Configuration B involves squares where the wild type sequence contains one stop codon and both mutations change  
1284 the stop codon to a sense codon (Fig. S20B). In both cases we assume that the double mutant does not contain  
1285 any stop codons. To understand the influence these squares have on the prevalence of epistasis, we need to know  
1286 what types of epistasis squares A and B can exhibit and how many of these squares there are.

1287 All the type A squares show magnitude epistasis, regardless of the fitness values of the two sequences without  
1288 stop codons. How many squares of this type are there? While the exact number will depend on the particular  
1289 location of the stop codons in the genetic code, we can estimate the number to be roughly

$$N_A = L \cdot n_{\text{STOP}} \cdot n_{\text{sense}}^{L-1} \cdot n_{\text{STOP} \rightarrow \text{sense}} \cdot (L-1)n_{\text{sense} \rightarrow \text{sense}},$$

1290 where  $L$  is the total number of codons in the sequence,  $n_{\text{STOP}}$  is the number of stop codons in the code,  $n_{\text{sense}}$  is  
1291 the number of sense codons in the code,  $n_{\text{STOP} \rightarrow \text{sense}}$  is the expected number of mutations from a stop codon to a  
1292 sense codon, and  $n_{\text{sense} \rightarrow \text{sense}}$  is the expected number of mutations from a sense codon to another sense codon. The

1293 first three terms quantify the number of sequences containing exactly one stop codon, while the fourth and fifth  
1294 terms quantify the number of possible mutations that would give rise a type A square.

1295 For the type B squares, the type of epistasis depends on the exact fitness values of the three sequences that do  
1296 not contain stop codons, which can cause the square to exhibit magnitude, simple sign, or reciprocal sign epistasis.  
1297 Using reasoning similar to that above, we estimate the number of these squares as roughly

$$N_B = L \cdot n_{\text{STOP}} \cdot n_{\text{sense}}^{L-1} \cdot n_{\text{STOP} \rightarrow \text{sense}} \cdot n_{\text{STOP} \rightarrow \text{sense}}.$$

1298 Even without taking into account the fact that the two mutations must happen in two different nucleotide positions,  
1299 and hence the last two terms are at most  $9 \cdot 6$ ,  $N_A$  is clearly at least  $(L - 1)$ -times bigger than  $N_B$ . In other words,  
1300 it is much more likely that the second mutation happens in a different codon, than that both mutations happen  
1301 in the stop codon. As all type A squares exhibit magnitude epistasis, we would thus expect that the prevalence of  
1302 magnitude epistasis, relative to simple sign and reciprocal sign epistasis, increases as the number of stop codons  
1303 increases.

1304 Do the remaining possible configurations (Fig. S20C and D) change the result? All squares in Fig. S20C exhibit  
1305 magnitude epistasis and will thus further increase the prevalence of magnitude epistasis. On the other hand, squares  
1306 in Fig. S20D, consisting of a wild type and a double mutant that do contain a stop codon and two single mutants  
1307 that do not, always exhibit reciprocal-sign epistasis. However, in the Ostrov codes the number of such squares is  
1308 extremely low, due to the fact that the stop codons can be placed in only a small handful of positions; in fact, the  
1309 maximum number of type D squares in the whole landscape is 2 (see Fig. S20D), so their effect on reciprocal sign  
1310 epistasis is negligible.

1311 To conclude, contrary to expectation, increasing the number of stop codons increases the prevalence of magnitude  
1312 epistasis, relative to simple sign and reciprocal sign epistasis, because the number of squares with two neighboring  
1313 sequences containing stop codons (as in Fig. S20A and C) is much larger than the number of squares where a  
1314 low-fitness sequence containing a stop codon separates two higher-fitness variants without stop codons (Fig. S11B  
1315 and D).

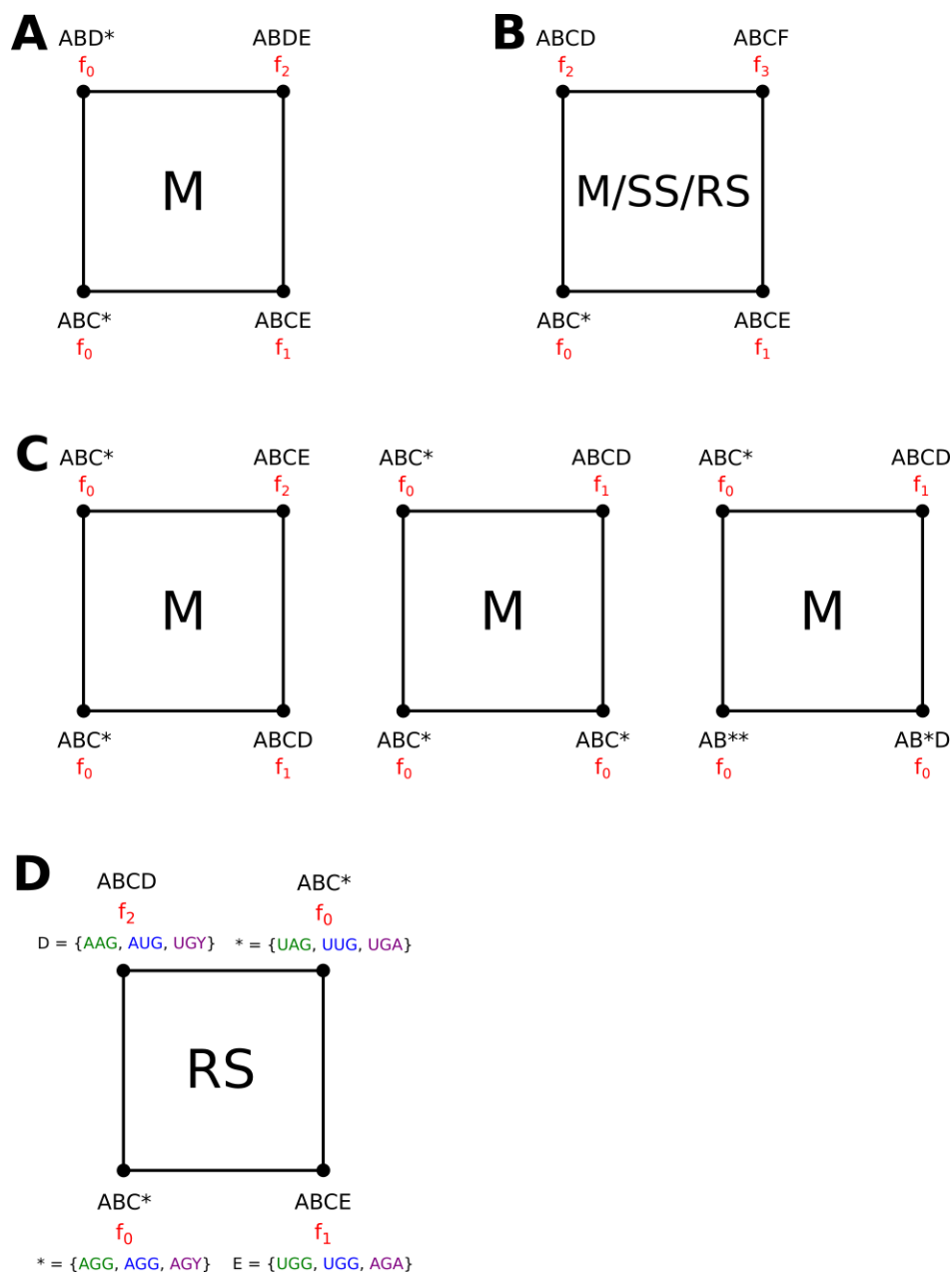


Figure S20: Possible configurations of squares involving at least 1 and at most 3 sequences containing stop codons, for sequences of length  $L = 4$ , with the stop codon occupying the last position. A, B, C, D, and E denote arbitrary amino acids, not necessarily different from each other. Fitness values are denoted by  $f_0, \dots, f_3$ , with  $f_0 < f_i$  for  $i = 1, 2, 3$ , while we assume no particular ordering of  $f_1, f_2$ , and  $f_3$ . The letters in the middle of the squares denote the possible types of epistasis a given configuration can exhibit; M = magnitude epistasis, SS = simple-sign epistasis, RS = reciprocal-sign epistasis. In D, possible assignments of the last codon, based on the Ostrov codes, are listed in green, blue, and violet; notice that the green and blue assignments are not compatible with the violet one, as AGG and AGA codons need to be assigned the same amino acid (or stop signal), and cannot thus at the same time encode a stop signal (green, blue) and an amino acid (violet). Thus, the maximum number of squares of type D in a landscape caused by an Ostrov code is 2.